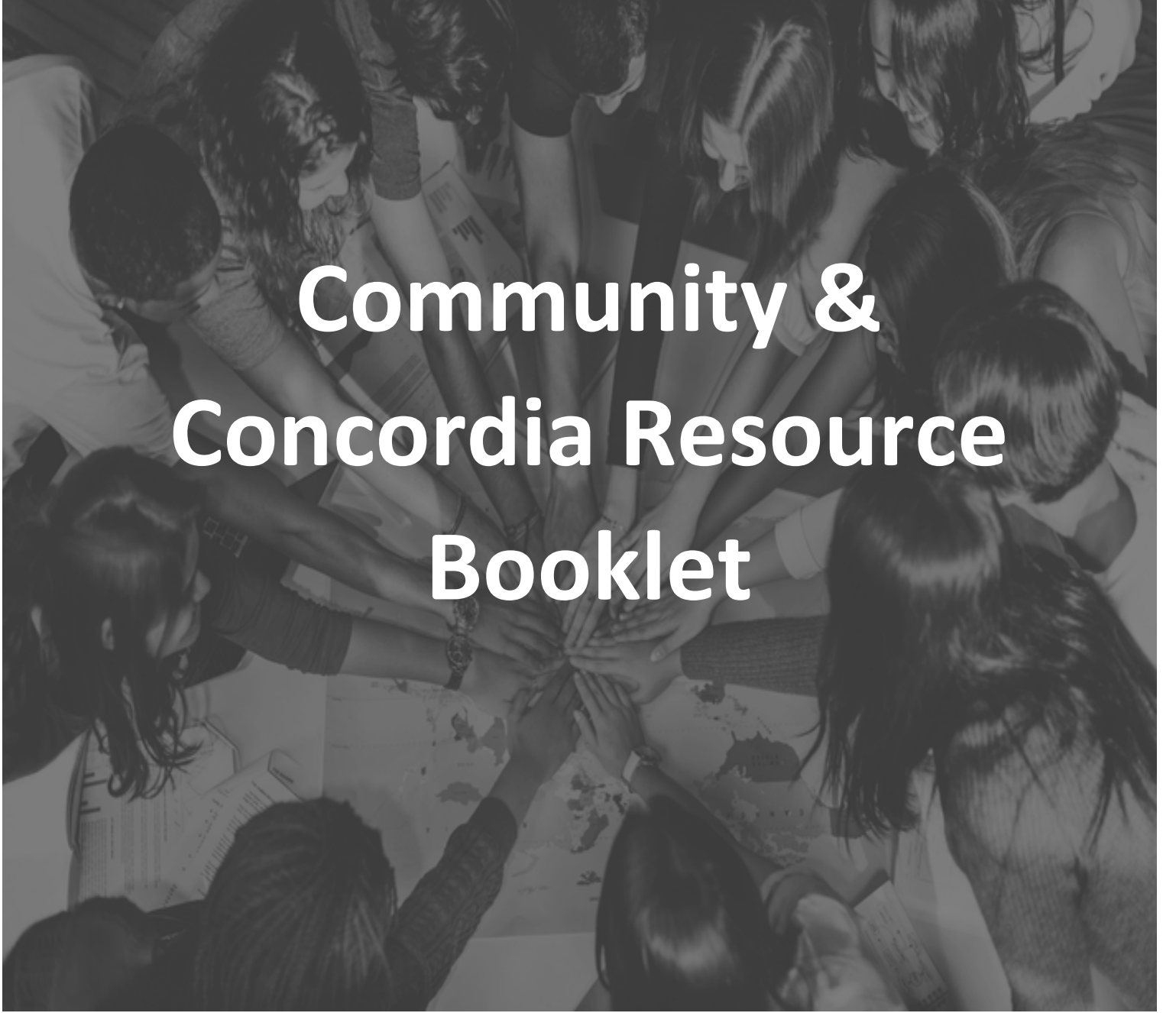




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CONCORDIA
UNIVERSITY
OF **EDMONTON**

Resources

Resources in the Student Success Centre:

- Student Accessibility Services (SAS)
 - sas@concordia.ab.ca
- Student Life & Learning Counselling
 - studentlife@concordia.ab.ca
- Learning Service Advisor
 - learningservices@concordia.ab.ca
- Career Services
 - careerservices@concordia.ab.ca
- CUE Wellness
 - wellness@concordia.ab.ca
 - The CUE Wellness team offers a variety of events, campaigns, and information sessions about mental health, physical health and wellness, substance use, addictions, mental health training, etc. throughout the school year!
- Housing/Residence Services
 - residence.services@concordia.ab.ca

Additional CUE Resources

CUE Peer Support: wellness@concordia.ab.ca

- Trained confidential and supportive listening peer-to-peer support

CUE Cupboard: cuecupboard@concordia.ab.ca

- CUE Cupboard allows students to get a free hamper of food 3 times per semester. This resource may be needed due to food insecurity

CUE Psychology Clinic: cuepc@concordia.ab.ca

- Doctoral Student Therapists are available to assist those who are looking for counselling support.
- To add your name to the wait list click the link: <https://forms.gle/3VyzipT4XSbRyTYcA>

kihêwak kâpimihâcik - Indigenous Student Centre

- indigenous@concordia.ab.ca

Sexual and Gender-Based Violence Reporting/Disclosing: vpcl@concordia.ab.ca

- An allegation of sexual violence can be made by any person, regardless if they are the survivor of sexual violence or not.
- <https://concordia.ab.ca/student-services/student-life-learning/support-services/reporting-sexual-violence/>

International Student Office

- international@concordia.ab.ca

Student & Enrollment Service

- This is where you can find information from a variety of people such as student accounts, financial aid, and admissions and registrars.
- finaid@concordia.ab.ca for Financial Aid Services
- registrar@concordia.ab.ca for the Office of the Registrar
- studentaccounts@concordia.ab.ca for Student Accounts Office
- admits@concordia.ab.ca for Admissions Advisors

CUE C.A.R.E.S

- cuecares@concordia.ab.ca

Parking Inquiries

- <https://concordia.ab.ca/campus-services/parking/>

Off Campus/Community Resources



Crisis Resources



Help Lines

Alberta's One Line for Sexual Violence (Association of Alberta Sexual Assault Services)

- 1-866-403-8000

Islamic Family Helpline (Islamic Family & Social Services Association)

- 780-900-2777

24 Hour Support Line (Capella Centre)

- 1-800-263-3045 OR text 780-277-6272

Brite Line (2SLGBTQIA+)(Canadian Mental Health Association)

- 1-844-702-7483

Bullying Helpline (Gov. of Alberta)

- 310-1818 OR text *310-1818

National Hotline, Live Chat, Text (Boys Town)

- 1-800-448-3000 (hotline) Text: 20121 (VOICE)

Sexual Misconduct Response Centre (SMRC)(National Defence Canada)

- 1-844-750-1648

Sexual Assault Healthcare Provider Consult Line (AHS)

- 1-800-282-9911 (North of Red Deer)
- 1-800-661-1700 (South of Red Deer)

Access Line: Sexual Health Information & Pregnancy Referral Options (Action Canada for Sexual Health and Rights)

- 1-888-642-2725 OR Text: 613-800-6757

24 Hour Crisis & Information Line (Domestic Violence - WIN House Shelter)

- 780-479-0058

Suicide Crisis Helpline (Canadian Mental Health Association)

- Call OR Text 988

Access 24/7 Adult Intake Services (AHS)

- 780-424-2424

Family Violence Helpline Line

- Call OR text 310-1818

Kids Help Phone

- 1-800-668-6868 OR Text CONNECT to 686868

Mental Health Helpline

- 1-877-303-2642

First Nations & Inuit Hope for Wellness Helpline

- 1-855-242-3310

Psychiatric Emergency/Intervention

Police & Crisis Team (EPS)

Location: 9620 103A Ave NW

Phone Number: 780-424-2424

Emergency Services (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4111

Emergency Services (AHS)

Location: 14007 50 St. NW

Phone Number: 780-342-4056

Emergency Services (AHS)

Location: 16940 87 Ave NW

Phone Number: 780-435-2000

Emergency Department – Pediatric (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-3737

Suicide Prevention

Suicide Caregiver Support Services (Canadian Mental Health Association)

Phone Number: 780-732-6654

Community Helpers Program (AHS)

Location: 114 St and 89 Ave

Phone Number: 780-492-3342 (to reach a coordinator)

Professional & Educational Services (Unlimited Potential Community Services Society)

Location: Unit 145, 10403 172 St.

Phone Number: 780-440-0708

Emergency Shelter

Women's Emergency Accommodation Centre (e4c)

Location: 9611 101A Ave NW

Phone Number: 780-423-5302

WIN House

24/7 Crisis Intervention Line: 780-479-0058

Jesse's House (Morniville, AB)

24/7 Crisis Intervention Line: 1-866-939-2850

A Safe Place (Sherwood Park, AB)

24/7 Crisis Intervention Line: 780-464-7233

Lurana Shelter

24/7 Emergency Line: 780-424-5875

Enoch Cree Nation Maskokamik

587-525-8222

Hope Mission

780-422-2018

Mustard Seed

780-919-1735

Mental Health Supports



Alternative Therapies

Creative Programs (iHuman Youth Society)

Location: 9635 102A Ave NW

Phone Number: 780-421-8811

Art Recruits (Prospect Human Services Society)

Location: 109 St & Princess Elizabeth Ave.

Phone Number: 780-705-9677

Social Nights (Alberta AdaptAbilities Association)

Location: 10130 82 Ave NW

Phone Number: 780-431-8446

Child Life Services, Pet Therapy & Music Therapy (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-6818

Counselling & Therapy Services (Cornerstone Counselling)

Sliding scale for payment**also offering groups

Location: 10230 142 St. NW

Phone Number: 780-482-6215

Drop in YEG, Jewish Family Services (CMHA)

6 locations in Edmonton. One time free counselling sessions.

Phone Number: 780-454-1194

Therapeutic Riding (Little Bits Therapeutic Riding Association for Persons with Disabilities)

Location: 12510 Keillor Rd NW

Phone Number: 780-476-1233

Recreation & Social Programs (Edmonton Down Syndrome Society)

Location: 9139 39 Ave NW

Phone Number: 780-944-4224

Bereavement/Grief/Loss

Suicide Bereavement Support Services (Canadian Mental Health Association – Edmonton Region)

Location: 10010 105 St. NW

Phone Number: 780-732-6654

Grieving Through Art Therapy Group (Family Centre (of Northern Alberta))

Location: 20, 9912 106 St. NW

Phone Number: 780-809-4572

Reproductive Mental Health & Bereavement Program (AHS)

Location: 10240 Kingsway Ave. NW

Phone Number: 780-735-6785

Perinatal Bereavement Program (AHS)

Location: 10240 Kingsway Ave. NW

Phone Number: 780-735-4506

Canadian Benefit for Parents of Young Victims of Crime (Gov. of Canada)

Phone Number: 1-800-O-CANADA (622-6232)

Suicide Survivors Support Group (Living with Loss to Suicide)

Phone Number: 780-342-1354

Finding Meaning, Finding Me (Jewish Family Services Edmonton)

Phone Number: 780-454-1194

Youth Suicide Greif Support Groups (Canadian Mental Health Association)

Phone Number: 780-732-6654

Counselling & Therapy Sessions (Cornerstone Counselling)

Family, children, grief/loss, religious, LGBTQ2+, etc. Counselling options.

Location: 10230 142 St. NW

Phone Number: 780-482-6215

Children, Teens, & Family Grief Support (Pilgrims Hospice Society)

Location: 9808 148 St. NW

Phone Number: 780-413-9801 Ext. 102

Find a Mental Health Professional

Settlement & Integration Services (ASSIST Community Services Centre)

Location: 9649 105A Ave

Phone Number: 780-429-3111

Psychology Today

<https://www.psychologytoday.com/ca/therapists/ab/edmonton>

Mental Health Information & Education

In-Person Peer-Facilitated Mental Wellness Drop In (e4c)

Location: 7 Sir Winston Churchill Square NW

Phone Number: 780-699-3253 OR text 780-699-3253

Applied Suicide Intervention Skills Training (Canadian Mental Health Association)

Location: 10010 105 St. NW

Phone Number: 780-414-6300

Mental Health First Aid (Canadian Mental Health Association)

Location: 10010 105 St. NW

Phone Number: 780-414-6300

Welcoming, Caring, Respectful & Safe Learning Environments (Gov. Of Alberta)

Location: 10044 108 St. NW

Phone Number: 780-422-6538 (school & community supports branch)

Physician & Family Support Program (Alberta Medical Association)

Phone Number: 780-482-2626

Online Information & Support for Obsessive Compulsive Disorder Foundation

Phone Number: 780-989-9932

Alberta Supports for Eating Disorders (National Eating Disorder Information Centre)

Phone Number: 1-866-633-4220

Recovery College Edmonton (Canadian Mental Health Association)

Phone Number: 780-414-6300 (registration)

Phone Number: 780-414-6333

Mental Health Supports (C5 North East Hub)

Location: 14017 Victoria Trail NW

Phone Number: 780-456-1484

For a more detailed list please check ab.211.ca

2SLGBTQIA+



Centre & Social Activities

Drop-In Community Centre (Pride Centre of Edmonton)

Location: 10618 105 Ave NW

Phone Number: 780-488-3234

Children's & Family Services (Pride Centre of Edmonton)

Location: 10618 105 Ave NW

Phone Number: 780-488-3234

Youth Supports (Pride Centre of Edmonton)

Location: 10618 105 Ave NW

Phone Number: 780-488-3234

Individual/Community Supports

Education, Resources, & Library (Pride Centre of Edmonton)

Location: 10618 105 Ave NW

Phone Number: 780-488-3234

Peer N Peer Substance Use Program (Queer & Trans Health Collective)

Location: 10526 Jasper Ave NW

Phone Number: 587-599-7290 OR Text 587-599-7290

Diversity, Inclusion & Community Initiatives (Sexual Assault Centre of Edmonton)

Location: 10339 124 St. NW

Phone Number: 780-423-4102

Gender Program (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-6693

Community, Health, Empowerment, Wellness Project (Fyrefly Institute for Gender & Sexual Diversity)

Location: 7103 105 St. NW

Website: <https://chewprojectveg.org>

Transgender Supports

Trans Affirming Health Care, Community Coaching & Legal Support, and Peer Mentoring & System Navigation (Skipping Stone Foundation)

Phone Number: 578-333-4342

International Students



Cultural Resources & Activities

Community Events & Workshops

Location: 10534 109 St. NW

Phone Number: 780-424-8934

Employment/Business Supports

Health Career Centre & Centre for Skilled & Internationally Trained Professionals (Bredin Centre for Career Advancement)

Location: 10004 104 Ave NW

Phone Number: 780-425-3730

Immigrant Loan Program (Windmill Microlending)

Location: 10060 Jasper Ave

Phone Number: 780-756-3023

Settlement & Integration Services (ASSIST Community Services Centre)

Location: 9649 105A Ave NW

Phone Number: 780-429-3111

Career Mentorship Program (Edmonton Region Immigrant Employment Council)

Location: 10209 97 St. NW

Phone Number: 780-497-8866

Volunteer Work Experience Program (Changing Together – A Centre for Immigrant Women)

Location: 9538 107 Ave NW

Phone Number: 780-421-0175

Entrepreneurial Supports Program (Action for Healthy Communities)

Location: 10578 113 St. NW

Phone Number: 587-337-8441

Job Search Assistance (Dickinsfield Amity House)

Location: 9213 146 Ave NW

Phone Number: 780-478-5022

English Language Learning

Cultural Connections Institute (Cultural Connections Institute – The Learning Exchange)

Location: 10055 106 St. NW

Phone Number: 780-944-0792

English as a Second Language (Changing Together – A Centre for Immigrant Women)

Location: 9538 107 Ave NW

Phone Number: 780-421-0175

Literacy for English Language Learners (Project Adult Literacy Society)

Location: 9912 106 St NW

Phone Number: 780-424-5514 Ext. 2

Adult Literacy & Skills Development (Action for Healthy Communities)

Location: 10578 113 St NW

Phone Number: 780-944-4687 Ext. 223

English as Another Language (Edmonton Immigrant Services Association)

Location: 10720 113 St. NW

Phone Number: 780-474-8445

Summer Programs (Candora Society of Edmonton)

Location: 3006 119 Ave

Phone Number: 780-474-5011

Refugee Supports

1-Step Newcomer Settlement Program (Bredin Centre for Career Advancement)

Location: 10004 104 Ave NW

Phone Number: 780-425-3730

Refugee Sponsorship & Settlement (Islamic Family & Social Services Association)

Phone Number: 780-430-9220

Immigration & Settlement – Reception House (Catholic Social Services)

Location: 8212 118 Ave NW

Phone Number: 780-424-3545

Rainbow Refuge (Edmonton Mennonite Centre for Newcomers)

Location: 10618 105 Ave NW

Phone Number: 780-399-0501 OR 587-938-6869

For a more detailed list please check ab.211.ca

Indigenous Peoples



Educational Supports

Post Secondary Schooling Support (Rupertsland Institute – Metis Centre of Excellence)

Location: 12308 111 Ave NW

Phone Number: 780-423-2237

Indigenous Learning Services (Edmonton Catholic Schools)

Location: 11833 64 St. NW

Phone Number: 780-471-2360

**find more locations
at 211.ab.ca**

First Nations, Metis & Inuit Education (Edmonton Public Schools)

Location: 12325 127 St. NW

Phone Number: 780-455-5533

**find more locations
at 211.ab.ca**

Aboriginal Head Start (Amiskwaciy Cultural Society)

Location: 6770 129 Ave NW

Phone Number: 780-476-7634

**find more locations
at 211.ab.ca**

White Cloud Aboriginal Head Start Program (Bent Arrow Traditional Healing Society)

Location: 9550 152 St. NW

Phone Number: 780-486-2543

Employment/Business Supports

Mobile Metis Employment Services (Rupertsland Institute – Metis Centre Of Excellence)

Phone Number: 780-423-2237 OR 1-888-48-METIS (63847)

Working Warriors (Bent Arrow Traditional Healing Society)

Location: 11648 85 St. NW

Phone Number: 780-481-3451

Transitions to Success (Bent Arrow Traditional Healing Society Of Excellence)

Location: 11648 85 St. NW

Phone Number: 780-481-3451

Advocacy & Referral Services (Institute for the Advancement of Aboriginal Women)

Location: 18104 102 Ave

Phone Number: 780-479-8195

Indigenous Skills & Employment Training Program (Institute for the Advancement of Aboriginal Women)

Location: 18104 102 Ave

Phone Number: 780-479-8195

Health

Indigenous Women's Program (Elizabeth Fry Society)

Location: 10242 105 St. NW

Phone Number: 780-905-3864

Indigenous Wellness Clinic (AHS)

Location: 10959 102 St. NW

Phone Number: 780-735-4512

Strengthening Homefires Cultural Program (Creating Hope Society of Alberta)

Location: 10865 96 St. NW

Phone Number: 780-477-7961

Family Violence (Metis Child & Family Services Society Edmonton)

Location: 10437 123 St. NW

Phone Number: 780-452-6100

Awasisak Indigenous Health Program (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-2313

Community Wellness Advocate (Metis Urban Housing Corporation)

Location: 11923 121A St. NW

Phone Number: 587-415-4544

Family Reconciliation, Circle of Safety – Family Violence Teaching Circles for Women, and Circle of Safety – Family Violence Teaching Circles for Men (Native Counselling Services of Alberta)

Location: 12851 56 St. NW

Phone Number: 780-451-4002

Healthy Relationships and Firekeepers Program (Institute for the Advancement of Aboriginal Women)

Location: 18104 102 Ave NW

Phone Number: 780-479-8195 OR 1-877-471-2171

Housing

Renaissance Tower (Metis Urban Housing Corporation)

Location: 9505 105 Ave NW

Phone Number: 587-521-2630

Cunningham Place (Native Counselling Services of Alberta)

Location: 9330 104 Ave NW

Phone Number: 780-990-1120 OR 780-423-2142

Connect the Dots (Creating Hope Society of Alberta)

Location: 10865 96 St. NW

Phone Number: 780-477-7961

Orenda House & Nihik Housing First (Bent Arrow Traditional Healing Society)

Location: 11648 85 St. NW

Phone Number: 780-481-3451

Affordable Market Housing Program and Urban Aboriginal Housing Program (Metis Urban Housing Corporation)

Location: 11923 121A St. NW

Phone Number: 780-452-6440 OR 1-877-458-8684

Parenting/Family Support

Authenticity Programs (iHuman Youth Society)

Location: 9635 102A Ave NW

Phone Number: 780-421-8811

Family Resource Network (Family & Community Support Services of Leduc County)

Location: 9538 107 Ave NW

Phone Number: 780-477-7961 Ext. 203

Sacred Circle Family Intervention Program (Bent Arrow Traditional Healing Society)

Location: Kikosewin Family Resource Centre; 11666 95 St. NW

Phone Number: 780-474-2400

Aboriginal Family Services (Metis Child & Family Services Society of Edmonton)

Location: 10437 123 St. NW

Phone Number: 780-452-6100

Ketotayminawok – All My Relations, Family Resource Network Program, Traditional Indigenous Wellness Parenting Program, and Youth & Family Support Services (Ben Calf Robe Society)

Location: 12046 77 St.

Phone Number: 780-477-6648

**Located close to CUE*

Status Card

Online Resources (Gov. of Canada – Crown-Indigenous Relations & Northern Affairs Canada)

Phone Number: 1-800-567-9604

Indian Status (Gov. of Canada – Indigenous Services Canada)

Phone Number: 1-800-567-9604

Metis Nation of Alberta

Location: #100 Delia Gray Building 11738 Kingsway Ave.

Phone Number: 780-455-2200 OR 1-877-454-0684

For a more detailed list please check ab.211.ca

Legal Supports



Legal Aid Alberta

Location: Revillon Building, 300 - 10320 - 102 Ave

Hours: 8:30am - noon and 1:00pm - 4:00pm Mon - Fri (Wednesdays closed at 2:30pm)

Phone Number: 1-866-845-3425

EPO Program (Edmonton)

Phone: 780-422-9222

Indigenous Family Courtwork Program – Criminal Justice (Native Counselling Services of Alberta)

Location: 1A Sir Winston Churchill Square

Phone Number: 780-423-2141

First Nations & Metis Relations (Gov. of Alberta – Ministry of Indigenous Relations)

Location: 10155 102 St. NW

Phone Number: 780-427-8407

Indigenous Family Courtwork Program – Childrens Services (Native Counselling Services of Alberta)

Location: 9330 104 Ave NW

Phone Number: 780-423-2141

Youth Courtwork (Native Counselling Services of Alberta)

Location: 9330 104 Ave NW

Phone Number: 780-423-2141

Family Services Program (Metis Child & Family Services Society of Edmonton)

Location: 10437 123 St. NW

Phone Number: 780-452-6100

BearPaw Media & Education (Native Counselling Services of Alberta)

Location: 14940 121A Ave NW

Phone Number: 780-451-4002

Edmonton Community Legal Centre

Phone Number: 780-702-1725

Student Legal Services of Edmonton (Corona Location)

Phone Number: 780-425-3356

Addiction Supports



Harm Reduction Programs

Streetworks Needle Exchange (AHS)

Location: George Spady Centre; 10015 - 105A Ave NW

Phone Number: 780-424-8335

Streetworks Needle Exchange (AHS)

Location: Downtown Prescription Center; 10419 - 102 Ave NW

Phone Number: 780-429-2988

Supervised Consumption Service (AHS)

Location: George Spady Centre; 10015 - 105A Ave NW

Phone Number: 780-424-8335 Ext. 227

Supervised Consumption Site (AHS)

Location: 10240 Kingsway NW

Phone Number: 780-613-5022

Managed Alcohol Program (Boyle Street)

Location: Stovel Block; 10333 97 St. NW

Phone Number: 780-990-5912

Opioid Dependency Program (AHS)

Location: 156 St. 87 Ave NW

Phone Number: 780-342-7810

Opioid Dependency Program (AHS)

Location: 3110 Calgary Trail

Phone Number: 780-342-7818

Opioid Dependency Program (AHS)

Location: 10225 106 St. NW

Phone Number: 780-342-7810

Virtual Opioid Dependency Program (AHS)

Phone Number: 1-844-383-7688

**find more locations
at ab.211.ca**

Addiction Intervention

Referrals to Drug Treatment Centres (Clean Scene)

Location: 9425 109A Ave NW

Phone Number: 780-488-0036

Digital Overdose Response System App (Gov. of Alberta) Addiction Help Line (AHS)

Phone Number: 1-866-332-2322

Alberta Health Services (AHS)

Access 24/7, Adult Intake Services - 780-424-2424

Addiction Helpline - 1-866-332-2322

Opioid Dependency Program - 780-342-7810

Addiction Support Groups

Sorting Through Hoarding Education & Support Group Hoarding Disorder Foundation of Alberta

Location: 10010 105 St. NW

Phone Number: 780-717-1745

ACCESS Open Minds (AHS)

Location: 9942 108 St. NW

Phone Number: 780-887-9781

Adult Support Groups (Eating Disorder Support Network of Alberta)

Phone Number: 780-729-3376

Problem Gambling Support Groups (Problem Gambling Resource Network)

Location: 3312 Parsons Road

Phone Number: 780-461-1259

12-Step Meetings (Alano Club)

Location: 10728 124 St. NW

Phone Number: 780-423-1807

Family Recovery Groups (Parents Empowering Parents (PEP) Society)

Phone Number: 780-293-0737

Anonymous Meetings

- | | |
|------------------------|----------------------------|
| - Cocaine | - Sex Addicts |
| - Marijuana | - Nicotine |
| - Anorexics & Bulimics | - Co-Dependents |
| - Alcoholics | - Food Addicts in Recovery |
| - Narcotics | - Alberta Gamblers |

Addiction Treatments

Medically Supported Detox (George Spady Society)

Location: George Spady Centre; 10015 105A Ave NW

Phone Number: 780-424-8335

Stabilization Housing Program (Salvation Army)

Location: 9611 102 Ave NW

Phone Number: 780-429-4274

Fetal Alcohol Spectrum of Services – Parent-Child Assistance Advocate (Bissell Centre)

Location: 10527 96 St. NW

Phone Number: 780-423-2285 Ext. 157

Addiction Recovery & Community Health (ARCH) (AHS)

Location: 10240 Kingsway NW

Phone Number: 780-613-5022

Wellspring Recovery Community (Hope Mission)

Location: 10336 114 St. NW

Phone Number: 780-453-3412 OR 780-422-2018 Ext. 203

Second Stage Residential Treatment Program for Women (McDougall House Association)

Location: 11050 108 St. NW

Phone Number: 780-426-1409

Boyle Street Community Services

Phone Number: 780-424-4106

Poundmaker's Lodge Treatment Centres

Phone Number: 780-458-1884

Hope Mission Edmonton (also Emergency Shelter)

Phone Number: 780-422-2018

Oxford House Foundation of Canada

Phone Number: 587-598-6977

For a more detailed list please check ab.211.ca

Children/Families



24 hour Child Abuse Hotline 1-800-387-5437

Baby Items

Family Support Services (Bissell Centre)

Location: 9331 105 Ave NW
Phone Number: 780-423-2285 Ext. 133

Layette Program (Basically Babies)

Location: 14839 118 Ave NW
Phone Number: 780-989-0180

Infant Formula Program (St. Albert Food Bank & Community Village)

Location: 50 Bellerose Dr.
Phone Number: 780-459-0599

Counselling, Support Groups, Prevention & Intervention

Child Support Services Program ()

Phone Number: 780-421-2385 (Office)

Provincial Family Violence Treatment Program (AHS)

Location: 10225 106 St. NW
Phone Number: 780-342-6400 OR 780-242-4357

Child Intervention Intake & Response Team (Gov. of Alberta)

Location: 10109 106 St. NW
Phone Number: 780-415-9619 OR 1-800-638-0715

find more locations
at ab.211.ca

Child & Adolescent Counselling (Sexual Assault Centre of Edm)

Location: 10339 124 St. NW
Phone Number: 780-423-4121

Trauma Program (CASA Mental Health)

Location: 14940 121A Ave NW and 10645 63 Ave NW
Phone Number: 780-400-2274 OR 780-342-2701

Be Brave Ranch (Little Warriors)

Location: Sherwood Park
Phone Number: 780-922-9010 OR 1-855-922-9010

Responding to Family Violence Program (ASSIST Community Services Centre)

Location: 9649 105A Ave
Phone Number: 780-919-8527

Child Protection Section (EPS)

find locations at ab.211.ca

Phone Number: 780-422-2001 (24 hour Children's Services Crisis Unit)

Phone Number: 780-423-4567 (24 hour non-emergency line)

Crisis Line (Kids Kottage Foundation)

Location: 10107 134 Ave NW

Phone Number: 780-944-2888

Family Support Centres

Multicultural Family Connection (Multicultural Health Brokers Co-Op)

Location: 9538 107 Ave

Phone Number: 780-423-1973 Ext. 216

Family Support Services (Bissell Centre)

Location: 9331 105 Ave NW

Phone Number: 780-423-2285

Strengthening Homefires Cultural Program (Creating Hope Society of Alberta)

Location: 10865 96 St. NW

Phone Number: 780-477-7961

Family Education (Norwood Child & Family Resource Centre)

Location: 9516 114 Ave

Phone Number: 780-471-3737

Family & Early Childhood Services (Canadian Arab Friendship Association of Edm)

Location: 9228 144 Ave

Phone Number: 780-473-7214

Outreach Services & Educational Workshops (Dickinsfield Amity House)

Location: 9213 146 Ave

Phone Number: 780-478-5022

Family Connect (YMCA of Northern Alberta)

Location: 15510 153 Ave

Phone Number: 587-726-7400

Candora Community Resource Centre (Candora Society of Edmonton)

Location: 3210 118 Ave NW

Phone Number: 780-474-5011

Manager of Family Services (Edm Down Syndrome Society)

Location: 9139 39 Ave NW

Phone Number: 780-944-4224

North Central Edmonton Family Resource Network (YMCA)

Location: 11510 153 Ave NW

Phone Number: 780-377-3730

Employment



Job Placement & Training

Bredin Centre for Career Advancement

Location: 10004 104 Ave

Phone Number: 780-425-3730

The Hallway Café & Takeaway (e4c)

Location: 1 Sir Winston Churchill Square

Phone Number: 780-413-8060

Work for Women Employment Program (Elizabeth Fry Society)

Location: 10242 105 St. NW

Phone Number: 780-982-3730

Work Ready Programs (Women Building Futures Society)

Location: 10326 107 St. NW

Phone Number: 780-452-1200

Student Placement (Radius Community Health & Healing)

Location: 10628 96 St. NW

Phone Number: 780-422-7333 Ext. 272

Employment Program (The Mustard Seed Society)

Location: 11355 105 Ave. NW

Phone Number: 825-222-4816

Working Warriors (Bent Arrow Traditional Healing Society)

Location: 11648 85 St. NW

Phone Number: 780-481-3451

Career Connections (Goodwill Industries of Alberta)

Location: 10110 82 Ave NW

Phone Number: 780-944-2768

Job Search Assistance

Bredin Centre for Career Advancement

Location: 10004 104 Ave

Phone Number: 780-425-3730

Journey To Success (Bent Arrow Traditional Healing Society)

Location: 11648 85 St. NW

Phone Number: 780-481-3451

Employment Program (The Mustard Seed Society)

Location: 11355 105 Ave. NW

Phone Number: 825-222-4816

Transitional Services (NAIT)

Location: 11762 106 St. NW

Phone Number: 780-471-6248

Career & Employment Services (Gov. of Alberta)

Location: 9499 137 Ave

Phone Number: 780-644-9992

Job Search Assistance (Dickinsfield Amity House)

Location: 9213 146 Ave

Phone Number: 780-478-5022

Employment Resource Centre (Wecan Cooperative for Community & Economic Development)

Location: 3210 118 Ave NW

Phone Number: 780-479-5443

Employment Hub (C5 North East Hub)

Location: 14017 Victoria Trail NW

Phone Number: 780-456-1484

For a more detailed list please check ab.211.ca

Financial Supports



Emergency/Temporary Assistance

Immigrant Loan Program (Windmill Microlending)

Location: 10060 Jasper Ave

Phone Number: 780-756-3023

Emergency Financial Assistance (Gov. of Alberta)

Location: 10242 105 St. NW

Phone Number: 780-644-9992

Emergency Income Support (Gov. of Alberta)

Phone Number: 780-644-5135

Community Bridge (Bissell Centre)

Location: 10527 96 St. NW

Phone Number: 780-423-2285 Ext. 122

Rent Assistance Benefit (Civida)

Location: 10232 112 St. NW

Phone Number: 780-420-6161

Income Support

Phone Number: 1-877-644-9992 (Main Office)

Phone Number: 1-866-644-5135 (Emergency Supports)

Health Expense Assistance

Government Sponsored Coverage (Alberta Blue Cross)

Location: 10009 108 St. NW

Phone Number: 780-498-8000

Physician & Family Support Program (Alberta Medical Association)

Phone Number: 780-482-2626

Money Management

Programs for Adults (Edmonton Public Library)

Location: 7 Sir Winston Churchill Square NW

Phone Number: 780-496-7000

find more locations

at ab.211.ca

Financial Management Hub (e4c)

Location: 10215 97 St. NW

Phone Number: 780-426-5018

Me and Money – Women’s Financial Literacy (Elizabeth Fry Society)

Location: 10242 105 St. NW

Phone Number: 780-784-2203

Four Directions Financial (Boyle Street Community Services)

Location: 10010 107A Ave NW

Phone Number: 780-426-3848

Financial Literacy Workshops (Bissell Centre)

Location: 10530 96 St. NW

Phone Number: 780-423-2285

Debt Management Programs (Money Mentors)

Location: 17010 103 Ave NW

Phone Number: 1-888-492-0076

Transportation Expense Assistance

Ride Transit Program (ETS)

Location: 10111 104 Ave NW

Phone Number: 3-1-1

Universal Transit Pass

Phone Number: 3-1-1

Food & Basic Needs



Clothing

Community Space (Boyle Street Community Services)

Location: 10363 104 St. NW

Phone Number: 780-424-4106

Clothing Closet (Elizabeth Fry Society)

Location: 10242 105 St. NW

Phone Number: 780-421-1175

Women's Interview Clothing (Suit Yourself – Wardrobe for Women Association)

Location: 9003 111 Ave NW

Phone Number: 780-488-9930

Bissell Centre Thrift Shop

Location: 8818 118 Ave

Phone Number: 780-471-6644

The Mustard Seed Thrift Store

Location: 6527 118 Ave

Phone Number: 780-479-5629

**Store located blocks from Concordia University!*

**Located on bus route*

Salvation Army Thrift Store

Location: 14530 111 Ave

Phone Number: 780-451-8168

Clothing Bank (Building Hope Compassionate Ministry Centre)

Location: 3831 116 Ave NW

Phone Number: 780-479-4504

Clothing Exchange (Jasper Place Family Resource Centre)

Location 16811 88 Ave

Phone Number: 780-443-0045

Mill Woods Care Closet (Calvary Community Church of Edmonton)

Location: 8704 Mill Woods Rd. NW

Phone Number: 780-462-8444

Clothing Bank (Mill Woods United Church)

Location: 15 Grand Meadow Crescent NW

Phone Number: 780-463-202

Clothing (Walk In Love Foundation)

Location: 14021 Victoria Trail

Phone Number: 780-200-6716

Food Hampers

Family Support Services (Bissell Centre)

Location: 9331 105 Ave NW

Phone Number: 780-423-2285 Ext. 133

Edmonton Food Bank

Phone Number: 780-425-4190

Food Security Program (Garneau United Church)

Location: 7909 82 Ave NW

Phone Number: 780-439-2501

Emergency Food (Building Hope Compassionate Ministry Centre)

Location: 3831 116 Ave NW

Phone Number: 780-479-4504

Food Security Resources & Support (Candora Society of Edmonton)

Location: 3006 119 Ave NW

Phone Number: 780-474-5011

Community Market (C5 North East Hub)

Location: 14017 Victoria Trail NW

Phone Number: 780-456-1484

Food Pantry (Walk In Love Foundation)

Location: 14021 Victoria Trail NW

Phone Number: 780-200-6716

Household Goods & Furniture

Bissell Centre Thrift Shop

Location: 8818 118 Ave

Phone Number: 780-471-6644

The Mustard Seed Thrift Store

Location: 6527 118 Ave

Phone Number: 780-479-5629

***Store located blocks from Concordia University!**

***Located on bus route**

Salvation Army Thrift Store

Location: 14530 111 Ave

Phone Number: 780-451-8168

Support & Assistance (Saint Vincent de Paul)

Phone Number: 780-471-5577

Find Furnishing Hope (Homeward Trust Edmonton)

Location: 5120 122 St. NW

Phone Number: 780-988-1717

For a more detailed list please check ab.211.ca

Physical Health



Health Link (AHS): 811

Emergency/Urgent Care

Urgent Care Services (AHS)

Location: 7910 112 Ave NW

Phone Number: 780-342-4740

Emergency Department – Pediatric (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-3737 (Unit Desk)

Emergency Services (AHS)

Location: 8440 112 St. NW

Phone Number: 780-407-8822

**find more locations
at ab.211.ca**

Find A Health Professional

Settlement & Integration Services (ASSIST Community Services Centre)

Location: 9649 105A Ave

Phone Number: 780-429-3111

New Patient Referral at Cross Cancer Institute (AHS)

Location: 11560 University Ave

Phone Number: 780-432-8732

Nutrition Counselling - Adults (Covenant Health)

Location: 16940 87 Ave

Phone Number: 780-735-2768

PrimaryCare Networks

<https://albertafindadoctor.ca/>

Health Helplines

Resource Bank & Frequently Asked Questions (College of Physicians & Surgeons of Alberta)

Phone Number: 1-800-561-3899

Confidential Bilingual Inquiry Line (CATIE)

Phone Number: 1-800-263-1638

Diabetes Information Line (Diabetes Canada)

Phone Number: 1-800-226-8464

Information & Publications (Help for Headaches)

Phone Number: 519-434-0008

Weight Management Adult Community Program (AHS)

Phone Number: 825-404-7460 press 2

Poison & Drug Information Service (AHS)

Phone Number: 1-800-332-1414

Sexual Health



Sexually Transmitted Infections Clinic (AHS)

Location: 11111 Jasper Ave

Phone Number: 1-855-945-6700 Ext. 2

Support & Outreach (HIV Edmonton)

Location: 9702 111 Ave NW

Phone Number (main): 780-488-5742

Phone Number (nurse): 780-984-2241

Sexual Assault Centre of Edmonton

Phone Number: 780-423-4102

Sexual Assault Response Team

Locations:

- Grey Nuns Community Hospital
- Misericordia Community Hospital
- Northeast Community Health Centre
- Royal Alexandra Hospital
- University of Alberta Hospital
- Drop-In Community Centre (Pride Centre of Edmonton)

Association of Alberta's Sexual Assault Centre

Phone Number: 1866-403-8000

Indigenous Wellness Clinic

Location: 10959 102 Street

Phone Number: 780-735-4512

Birth Control Centre (AHS)

Location: 10030 107 St. NW

Phone Number: 780-735-0010

Pregnancy



Pregnancy/Postnatal Supports

Fetal Alcohol Spectrum of Services – Parent-Child Assistance Advocate (Bissell Centre)

Location: 10527 96 St. NW

Phone Number: 780-423-2285 Ext. 157

Perinatal Health Education & Outreach Program (Multicultural Health Brokers Co-Op)

Location: 9538 107 Ave

Phone Number: 780-423-1973 Ext. 216

Maternal Fetal Medicine Clinic (AHS) (Referral by Doctor is required)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4813

Postpartum (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4838

Prenatal Education Program (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4204

Labour & Delivery (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4848

more detailed list please check ab.211.ca

Transitional Supported Independent Living for Parents and Pregnant Youth Chimo Youth Retreat Centre

Location: 10585 111 St.

Phone Number: 780-420-0324

Women's Health Clinic (AHS)

Location: 14007 50 St. NW

Phone Number: 780-342-4050

more detailed list please check ab.211.ca

Maternal Fetal Medicine Clinic (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-4813

Pregnancy Options Counselling & Abortion Services

Adoption & Pregnancy Options Counselling (A Small Miracle Adoption)

Location: 10060 Jasper Ave NW

Phone Number: 780-421-1177

Adoption Services (Gov. of Alberta)

Location: 10109 106 St. NW

Phone Number: 780-427-2578

**find more locations
at ab.211.ca**

Pregnancy Options (Pregnancy Care Centre)

Location: 10434 122 St. NW

Phone Number: 780-424-2624

Text: 587-402-5860

Abortion Recovery Centre (Pregnancy Care Centre)

Location: 10434 122 St. NW

Phone Number: 780-454-5911

Text: 587-402-5537

Counselling, Pregnancy Termination, and Abortion Health Services (Women's Health Options)

Location: 12409 109A Ave

Phone Number: 780-484-1124

Phone Number: 780-940-1271 (24hr medical assistance)

Domestic Adoption Program (Adoption Options AB Ltd)

Location: #6, 9363 50 St. NW

Phone Number: 780-433-5656

Adoptive & Waiting Parents Support Group and Private Direct Adoption including Relative & Step-parents (Adoption Options AB Ltd)

Location: #6, 9363 50 St. NW

Phone Number: 780-433-5656

For a more detailed list please check ab.211.ca

Housing



Housing Payment Assistance

Community Bridge (Bissell Centre)

Location: 10527 96 St. NW

Phone Number: 780-423-2285 Ext. 122

Rent Assistance Benefit (Civida)

Location: 10232 122 St. NW

Phone Number: 780-420-6161

Affordable Housing Programs (Gov. of Alberta)

Phone Number: 1-877-644-9992 (Alberta supports contact centre)

Toll Free: 310-0000

Housing Search Assistance

Housing First Services (YMCA)

Location: 9538 103A Ave NW

Phone Number: 780-868-5523

Connect the Dots (Creating Hope Society of Alberta)

Location: 10865 96 St. NW

Phone Number: 780-477-7961

Co-ordinated Access Team (Homeward Trust Edmonton)

Phone Number: 780-496-2630

Landlord/Tenant Supports

Mediation Services and Tenant Advice & Information (Tenant Supports)

Location: 10111 104 Ave NW

Phone Number: 780-496-5959

Low Income Housing

Housing Program (Canadian Mental Health Association)

Location: 10010 105 St. NW

Phone Number: 780-414-6300

Supportive Residence (Salvation Army)

Location: 9304 103A Ave

Phone Number: 780-428-4405

Community Housing Program (Civida)

Location: 10232 112 St. NW

Phone Number: 780-420-6161

Affordable Homeownership and Affordable Housing (Habitat for Humanity)

Location: 8210 Yellowhead trail

Phone Number: 780-479-3566

Tenant Living (City of Edmonton Non-Profit Housing Corporation; HomeEd)

Location: 11604 145 St. NW

Phone Number: 780-474-5706 (rental inquiries)

For a more detailed list please check ab.211.ca

Violence/Abuse Supports



Safer Spaces

Survivors fleeing domestic violence can break a lease at no cost to them.

Visit: alberta.ca/saferspaces

Abuse Reporting

Child Protection Service (EPS)

Location: 9620 103A Ave NW

Phone Number: 780-422-2001 (24 hr children's services crisis unit)

Phone Number: 780-423-4567 (24 hr non-emergency line)

Protection for Persons in Care (Gov. of Alberta)

Phone Number: 1-888-357-9339 (in Alberta)

Phone Number: 780-422-1812 (Mental health Patient Advocate)

Provincial Abuse Helpline (Gov. of Alberta)

Phone Number: 1-855-4HELPAB (443-5722)

Victim Services Unit in Alberta

Phone Number: 780-427-3460

For more locations & information please refer to ab.211.ca

Counselling for Abuse Recovery

Responding to Family Violence Program (ASSIST Community Services Centre)

Location: 9649 105A Ave

Phone Number: 780-919-8527

Provincial Family Violence Treatment Program (AHS)

Location: 10225 106 St. NW

Phone Number: 780-342-6400

Sexual Assault Response Team (AHS)

Location: 10240 Kingsway Ave NW

Phone Number: 780-735-3440

Sexual Assault Group Counselling (Sexual Assault Centre of Edmonton)

Groups include Survivors Healing from Abuse, Survivors Support Group, and Men's Support Group for Survivors

Location: 10339 124 St. NW

Phone Number: 780-423-4121 (Support & Information)

Trauma Program (CASA Mental Health)

Location: 14940 121A Ave NW

Phone Number: 780-400-2274

Outreach/Prevention

Domestic Offender Crime Section (EPS)

Location: 9620 103A Ave NW

Phone Number: 780-423-4567 (24 hr non-emergency line)

Family Violence Prevention Centre (Edmonton John Howard Society)

Location: 10010 105 St. NW

Phone Number: 780-423-1635

Alberta Red Cross Offices (Canadian Red Cross Society)

Location: 9931 106 St. NW

Phone Number: 780-423-2680

Public Education (Sexual Assault Centre of Edmonton)

Location: 10339 124 St. NW

Phone Number: 780-423-4102

Inclusive Family Violence Supports & Intake (TODAY Family Violence Help Centre)

Location: 17724 102 Ave NW

Phone Number: 780-455-6880

Changing Pathways (Edmonton Violence Prevention Centre)

Location: 9303 34 Ave NW

Phone Number: 780-439-4635

Helping Victims of Domestic Violence & Prevention (Shaama Centre for Seniors & Women)

Location: 329 Woodvale Rd. West NW.

Phone Number: 780-465-2992

Victims of Crime Supports

Family Violence Prevention Centre – Domestic Violence Complainant Program (John Howard Society)

Location: 1A Sir Winston Churchill Square

Phone Number: 780-422-0721

Victims Services (Gov. of Alberta)

Location: 10365 97 St. NW

Phone Number: 780-427-3460

Responding to Family Violence Program (ASSIST Community Services Centre)

Location: 9649 105A Ave

Phone Number: 780-919-8527

Police & Court Support (Sexual Assault Centre of Edmonton)

Location: 10339 124 St. NW

Phone Number: 780-423-4102 OR 780-423-4121

Elizabeth Fry Society of Edmonton (18+)

Independent Legal Advice for individuals who have experienced Sexual Assault

Phone Number: 780-784-2213

Saffron Centre (16+)

Police and Court Support (free)

Counselling Services (Sliding Scale)

Phone Number: 780-449-0900

For a more detailed list please check ab.211.ca