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- Alex Decoteau Award
- Peer Support



RESULTS

Our fire drills this week went well, but there are a couple of areas that could be improved.

1. A few people went to their vehicles and left campus while the drill was happening. In a fire alarm this becomes a safety concern, also inbound Fire Rescue trucks may be delayed in reaching campus. *Please remain on campus until the "All Clear" has been given.*

2. Many people attended Muster Point1(main parking lot). To make it safer for a large group, security will unlock the gate that leads to the soccer field. This will provide room for people to safely stand off the road.

GETTING OUR S*%& TOGETHER WORKSHOP SERIES

PERFECTIONISM

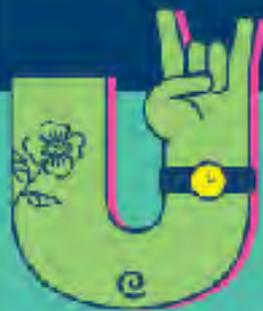
October 19, 2:00 pm



Register at cuedmonton.com/stressedout

Design Thinking Space, located on the 2nd floor of the Allan Wachowich building





AN OPEN HOUSE FOR ALL OF YOU.

**OCTOBER 22,
10AM - 2PM**

JOIN US IN PERSON OR VIRTUALLY

Interested in finding out more about other CUE programs? Are you thinking about applying to Education, Public Health, Extension or Graduate programs?

Current CUE students are welcome to attend Open House!

APPLICATION FEE IS WAIVED.
ATTENDEES HAVE A CHANCE TO WIN ONE OF TWO TUITION CREDITS (\$1,000 AND \$2,500).



PLAN YOUR VISIT AT
CONCORDIA.AB.CA/OPENHOUSE



CUE OPEN HOUSE

VOLUNTEERS NEEDED

GET A FREE T-SHIRT!

**Volunteer for any amount
of time between 10am-2pm
on October 22**



Have questions? Contact
StudentAmbassador@concordia.ab.ca



Chartered Professional Accountants Canada is proud to offer the CPA Canada Financial Literacy series: "Owning Your Financial Identity"

This on-demand, 6-part webinar series is all about empowering women to become masters of their finances. The courses:

- ✓ **What I would tell my younger self:** Establish strong goals and habits asap
- ✓ **The self-worth in net worth:** get facts and confidence you need for financial empowerment
- ✓ **Money for new moms:** get on top of your finances before your new baby arrives
- ✓ **Purposefully uncoupling:** financial preparation can help ease the process
- ✓ **The strong woman investor:** learn the ropes of investing
- ✓ **Just widowed:** learn everything you need to know now to help you move forward when you are ready

[Click here](https://www.cpacanada.ca/en) to learn more and register <https://www.cpacanada.ca/en>





CONCORDIA
UNIVERSITY
OF EDMONTON | Wellness

Supper Club

Socialize
Taste
Enjoy

Taste of Shangri-la

Oct 26 at 6:00pm



Registration

tinyurl.com/CUESupperclub

QUESTIONS?
wellness@concordia.ab.ca



CONCORDIA
UNIVERSITY
OF EDMONTON | Wellness

W O N D E R
A D V E N T U R E
L A U G H T E R
K I N D N E S S
S O C I A L

JOIN US

WHEN: **TUESDAYS**
WHERE: **FRONT LAWN**

TIME: **12:00**
TILL 12:30+

Machine Learning (ML) for Business Strategy – ML Canvas

Rapidly Discover the Viability of a ML Strategy for your Sector

Machine learning is making a significant impact on the productivity and competitive edge of organizations. Driving market forces now and in the future are products and processes that are faster, smarter, and more personalized. If your business isn't harnessing the power of artificial intelligence (AI) and machine learning (ML) to make strategic data-driven decisions, now is the time to consider implementing a ML business strategy.

Building business plans, however, takes time and resources. That's where Concordia University of Edmonton's (CUE) newest microcredential course - ML Canvas - comes in. Over the course of 21 hours, you will develop a one-page business model canvas that will help you ideate, describe, evaluate, and discuss the need for ML and AI in your business or sector before launching a comprehensive business plan.

Pair ML Canvas with Business Mapping, also offered this Fall, and feel confident applying insightful, cutting-edge and dynamic learnings into your careers and making big impacts in your organizations.



Instructor: Rhys Chouinard

Director of Data Science at ATB Financial

Course Schedule:

Wednesdays 6:00 p.m. - 8:00 p.m.
October 19 - November 23, 2022

Delivery:

Online - Hybrid 1.5 hours Synchronous
+ 1.5 hours Asynchronous Modules per week

This Project was made possible by funding from the Government of Alberta. For external continuing education students, the course fee for the Fall 2022 semester is \$300+gst. The first course offering is available at no cost to the CUE community - full time employees, faculty, students, and alums, please contact extension@concordia.ab.ca for information on how to enrol for free.

Sectors that will Benefit from this Course



Agriculture



Energy



Healthcare



Manufacturing



Government



Private



REGISTER AT
cuedmonton.com/ML

QUESTIONS? CONTACT US AT
extension@concordia.ab.ca



Hey September students! Your Student Plan is Active!

Mobile and Online claims for
GroupNet by Canada Life



- ✓ Visit my.canadalife.com to register
Plan number: 1661754 Member ID: Student ID
- ✓ To create your Benefits Plan Card or for more plan details
visit mystudentplan.ca
- ✓ To contact your Benefits Plan Coordinator email
concoridiaplan@mystudentplan.ca



canada  lifeTM

mystudentplan.ca



You can **take care** of **your classes** and
we can take care of your **healthcare!**

...

Visit **mystudentplan.ca** to access
your **myBenefits** Card.



mystudentplan.ca



CUE SELF DEFENCE, KAMIKAZE GYM,
AND CUE PEER WELLNESS & SUPPORT

WOMEN'S SELF DEFENCE SEMINAR

At Kamikaze Punishment Foundation Gym

"BE AN OPPONENT,
NOT A VICTIM"

NOVEMBER 6,
2022, 6PM

6740 121 AVE NW, EDMONTON, AB T5B 0Y6

LIMITED SPOTS FOR 25 PARTICIPANTS

TO BOOK YOUR SPOT, CONTACT CONCORDIA SELF DEFENCE
CLUB ON INSTAGRAM, FACEBOOK, OR EMAIL AT
MA CLUB@STUDENT.CONCORDIA.AB.CA



WWW.KPFIT.CLUB

social wellness
mental wellness
courage PEER
grow
support
alcohol awareness
sexual violence prevention
peer support

friendship
drug awareness
food & nutrition
brave
WELLNESS
& SUPPORT
active living
personal care
balance
learn
strength
take talk



Self Defense Tactics Workshop

COUNSELLING SERVICES DROP-IN HOURS

TUESDAYS AND THURSDAYS 11:30 A.M. TO NOON

JUST STOP BY THE RECEPTION DESK
IN THE STUDENT SUCCESS CENTRE TO CHECK IN!



Canada Revenue
Agency

Agence du revenu
du Canada

Did you know?

The Government is proposing to double the GST Credit for six months.

Canadian residents 19 years or older who file their taxes may be considered for The Goods and Services Tax (GST) Credit. This tax credit helps offset the financial impact of the GST for low- and modest-income people and families. The credit is paid quarterly in January, April, July, and October, with benefit years beginning in July.

If you turn 19 years of age before April 2023 and haven't yet filed a tax return, file your 2021 tax return ASAP in order to be able to receive both the current GSTC and the additional payment!

For more information visit

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/goods-services-tax-harmonized-sales-tax-gst-hst-credit.html>

<https://www.canada.ca/en/department-finance/news/2022/09/making-life-more-affordable-doubling-the-goods-and-services-tax-credit-for-sixmonths.html>

FREE FOR CUE STUDENTS, FACULTY, &
STAFF (EQUIPMENT PROVIDED)



Kickboxing - Boxing - Muay Thai - Krav Maga -
Taekwando - Catch Wrestling

Every Wednesday

4:30pm-6:00pm in HA 009

Email: maclub@student.concordia.ab.ca / follow us!

@Concordiaselfdefence



Mental Health Therapy Group



Learn and practice antidotes to anxiety and depression and plant the seeds toward optimal mental health in a group of peers facilitated by counsellors with a group of peers that have similar experiences

1st Group Schedule:

- Wednesday, Oct 12 at 11 am in HA-238
- Wednesday, Oct 19 at 11 am in HA-238
- Wednesday, Oct 26 at 11 am in HA-238
- Wednesday, Nov 2 at 11 am in HA-238

2nd Group Schedule (Condensed over Reading Week):

- Monday, Nov 7 10-3:00 pm in HA-238
- Tuesday, Nov 8 –10 am-3:00 pm in HA-238

Space is limited, please use the QR code to register





JOIN THE SELF-DEFENCE CLUB

IN WATCHING

UFC 280

CHARLES OLIVEIRA

ALJAMAIN STERLING
KATLYN CHOOKAGAIN

VS

ISLAM MAKHACHEV

T.J. DILLASHAW
MANON FIOROT

OCT 22, 2022

12 PM THE PINT WHYTE

8032 104 ST NW, EDMONTON, AB T6E 4E2

PLEASE RSVP AT
MACLUB@STUDENT.CONCORDIA.AB.CA
OR VIA OUR INSTAGRAM OR FACEBOOK

Alex Decoteau Award of Honour \$5000

The Alex Decoteau Award of Honour recognizes the sacrifice of Canada's brave veterans and their families and supports them in their post-secondary pursuits in Alberta.

Valued at \$5,000, this award helps meet the Alberta Government's commitment to make it easier for Canadian veterans and their families to transition from service to the next steps in their careers. An individual may receive a lifetime maximum of two awards.

Canadian Armed Forces members must be returning soldiers who:

- ⇒ actively served in designated military operations in the Canadian Armed Forces (Regular or Reserves), or
- ⇒ were permanently disabled as a result of participation in Canadian Armed Forces training.

Applicants who are family members of a Canadian Armed Forces Member must be spouses/common-law partners, or children of a Canadian Armed Forces soldier who:

- ⇒ actively served in designated military operations in the Canadian Armed Forces (Regular or Reserves), or
- ⇒ is deceased or permanently disabled while serving, or as a result of a designated military operation, or participation in Canadian Armed Forces training.

How to Apply

Submit the completed application form and all supporting documentation to Alberta Student Aid by October 31, 2022.

For more information on eligibility and how to apply for the Alex Decoteau Award of Honour, visit: [Alex Decoteau Award of Honour](#)

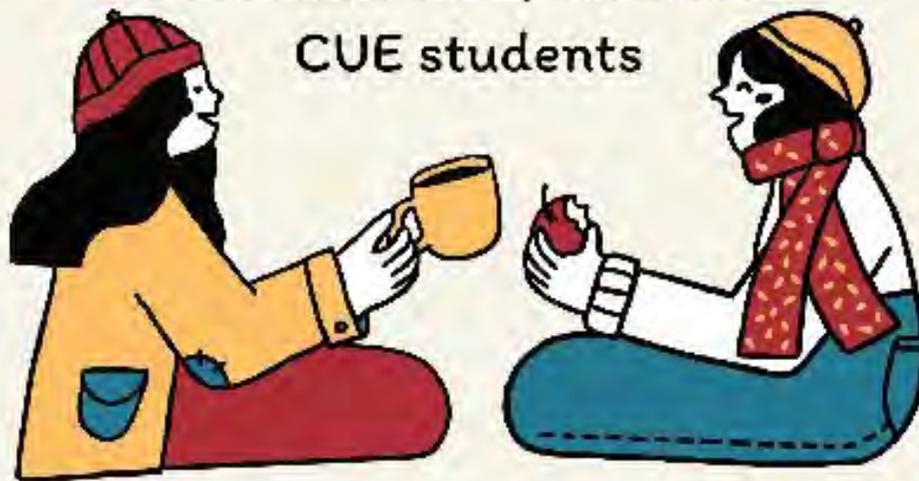


Register @

LET'S TALK: SEX & DRUGS



Cost-free + in-person for
CUE students



An open conversation on
things that stimulate the brain

October 26, 2022: 4:15 - 5:45 pm

OR

October 27, 2022: 11:00 - 12:30 pm

2nd Floor in Allan Wachowich

PEER SUPPORT PROGRAM

What is Peer Support?

- Free confidential service
- Highly trained student volunteers helping other students
- Listening without judgment
- Offering referrals to campus and community services
- Providing students with a confidential and safe space to talk about academic and life challenges with other peers

What Peer Support is NOT

- Counselling
- Giving advice

Fall Semester Hours

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12pm -1pm 2pm-3pm	10am -12pm 2pm-3pm	10am-11am 1pm -2pm 3pm-4pm	11am-12pm 12 pm - 1pm	12pm -1pm 2pm-3pm

LOCATED in the Student Success Centre

Questions? Peersupport@concordia.ab.ca

tinyurl.com/peersupportcue

