



INSIDE THIS EDITION:

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- Sun's Shadow Club
- Bookstore located in S206
- Volunteers Needed
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- Let's Talk Sex & Drugs Workshop
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- Indigenous Career Awards
- CRA Tax Info
- Metis Scholarship Award
- Financial Aid & Awards
- Self-Esteem & Body Image Workshop
- Machine Learning
- Financial Fridays

A poster for the Annual General Meeting of the Concordia Students' Association (CSA). The background is yellow with blue brushstrokes at the top and bottom. The text "Annual General Meeting" is in white, with "Annual" in a script font and "General Meeting" in a bold sans-serif font. Below it, "TUESDAY, OCTOBER 11TH, 5PM" is in white on a blue dashed border. To the right is the CSA logo, a circular emblem with "Concordia Students' Association" around the perimeter and "Our CSA" on a blue banner across the center. Below the logo is the name "TEGLER" in blue. At the bottom, a blue banner contains the text "Learn more about what the CSA has been working on this year and what's to come! Ask questions to your General Council and Executive Council." and the website "ourcsa.ca" with dots on either side.

Alex Decoteau Award of Honour \$5000

The Alex Decoteau Award of Honour recognizes the sacrifice of Canada's brave veterans and their families and supports them in their post-secondary pursuits in Alberta.

Valued at \$5,000, this award helps meet the Alberta Government's commitment to make it easier for Canadian veterans and their families to transition from service to the next steps in their careers. An individual may receive a lifetime maximum of two awards.

Canadian Armed Forces members must be returning soldiers who:

- ⇒ actively served in designated military operations in the Canadian Armed Forces (Regular or Reserves), or
- ⇒ were permanently disabled as a result of participation in Canadian Armed Forces training.

Applicants who are family members of a Canadian Armed Forces Member must be spouses/common-law partners, or children of a Canadian Armed Forces soldier who:

- ⇒ actively served in designated military operations in the Canadian Armed Forces (Regular or Reserves), or
- ⇒ is deceased or permanently disabled while serving, or as a result of a designated military operation, or participation in Canadian Armed Forces training.

How to Apply

Submit the completed application form and all supporting documentation to Alberta Student Aid by October 31, 2022.

For more information on eligibility and how to apply for the Alex Decoteau Award of Honour, visit: [Alex Decoteau Award of Honour](#)



THE PRIDE ASSOCIATION



IS LOOKING FOR A:
VICE PRESIDENT,
SECRETARY,
AND TREASURER!

If interested, please contact:
Alyse Sands at
asands@student.concordia.ab.ca

DEFINE POTENTIAL!



- It is You.
Passionate You.

Questions?
Compliments?
Comments?

wellness@concordia.ab.ca

Join Us for a Dose of Motivation!

17th of October:
Passion Impact

1 - 1:50 PM
Room: HA010

31st of October:
Self Impact

FIT BUDDY PROGRAM



NEW TO THE GYM?

LOOKING FOR AN ACCOUNTABILITY PARTNER?

DON'T KNOW WHERE TO START?

SCAN TO SIGN UP!

PARTICIPANTS

Register as a participant to be paired with a volunteer to learn how to properly use equipment, and help keep each other motivated and accountable.



SCAN TO SIGN UP!

VOLUNTEERS

Register as a volunteer if you are someone who is knowledgeable in fitness and wants to get involved.



ACTIVE LIVING

THINKING ABOUT BEING A CUE TUTOR?

Tutoring is a great way to strengthen your content knowledge, build communication, interpersonal, and leadership skills, and develop connections to the CUE community.

REQUIREMENTS

- Current CUE student in good academic standing
- Minimum B+/2.7 in tutored courses
- Permitted to work on campus

BENEFITS

- Training and ongoing support
- Flexible schedule
- \$20/hour pay

HOW TO APPLY

Submit an application form



Ask two instructors (ideally in subject areas you want to tutor) to submit a reference form



Request a transcript, have it mailed to CUE, and add "Learning Services - Student Life and Learning" to one of the address lines



INTERESTED?

TO APPLY - EMAIL:

diaskele@student.concordia.ab.ca



IS LOOKING FOR:

TRUSTED MASTERMIND

- HELPS TO COORDINATE
- HELPS TO PLAN
- HELPS TO MAKE IT REAL.

VICE PRESIDENT OF FINANCE

- HELPS TO MANAGE NUMBERS
- HELPS TO BE ON TOP FINANCIALLY.

ARTISTIC KEEPER

- HELPS TO MANAGE ART
- HELPS TO APPRECIATE ART
- HELPS TO REALIZE ART.

DIGITAL CONTRIBUTOR

- RULES OVER SOCIAL MEDIA
- HELPS TO DISTRIBUTE ART
- HELPS TO COMMUNICATE.

ART, CREATION, PEACE,
COMMUNITY

CREATE, DISCUSS, HAVE FUN.

**CUE Bookstore
UNDER
CONSTRUCTION**



Find us in room **S206**



**DURING RENOVATIONS WE
ENCOURAGE ONLINE ORDERS**



AT OUR NEW WEBSITE:

SHOPBOOKISH.CA

IN-STORE PICKUP AT ROOM S206 AVAILABLE

CUE OPEN HOUSE

VOLUNTEERS NEEDED

GET A FREE T-SHIRT!

**Volunteer for any amount
of time between 10am-2pm
on October 22**



Have questions? Contact
StudentAmbassador@concordia.ab.ca

Mental Health Therapy Group



Learn and practice antidotes to anxiety and depression and plant the seeds toward optimal mental health in a group of peers facilitated by counsellors with a group of peers that have similar experiences

1st Group Schedule:

- Wednesday, Oct 12 at 11 am in HA-238
- Wednesday, Oct 19 at 11 am in HA-238
- Wednesday, Oct 26 at 11 am in HA-238
- Wednesday, Nov 2 at 11 am in HA-238

2nd Group Schedule (Condensed over Reading Week):

- Monday, Nov 7 10-3:00 pm in HA-238
- Tuesday, Nov 8 –10 am-3:00 pm in HA-238

Space is limited, please use the QR code to register



SELF-ESTEEM & BODY IMAGE

A FREE EDUCATIONAL WORKSHOP
FOR CUE STUDENTS



Where: AW #223

When: Oct 12th @ 4:15-5:45
OR
Oct 13th @ 11-12:30

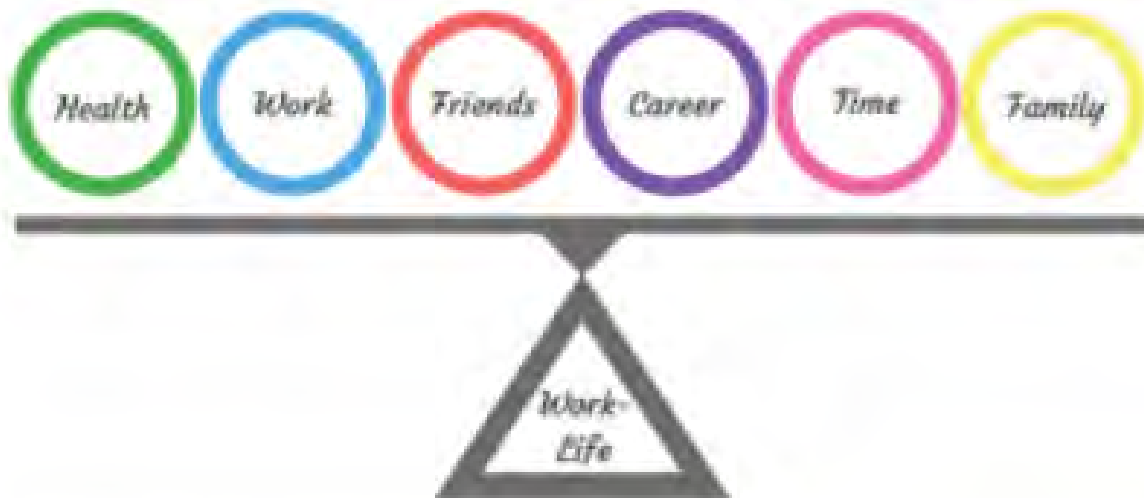
Topics discussed include: Impact of social media, challenging negative self-talk, ways to keep our body and mind healthy, and more!

Sign up online using:





Balancing School-Work-Life Workshop



Tips and Tricks with balancing personal and professional life.

Join us!

**In-person at CUE
(AW21B)**



October 19 4:30PM - 5:15PM

or

October 20 11:00AM - 12:30PM

Cost: FREE

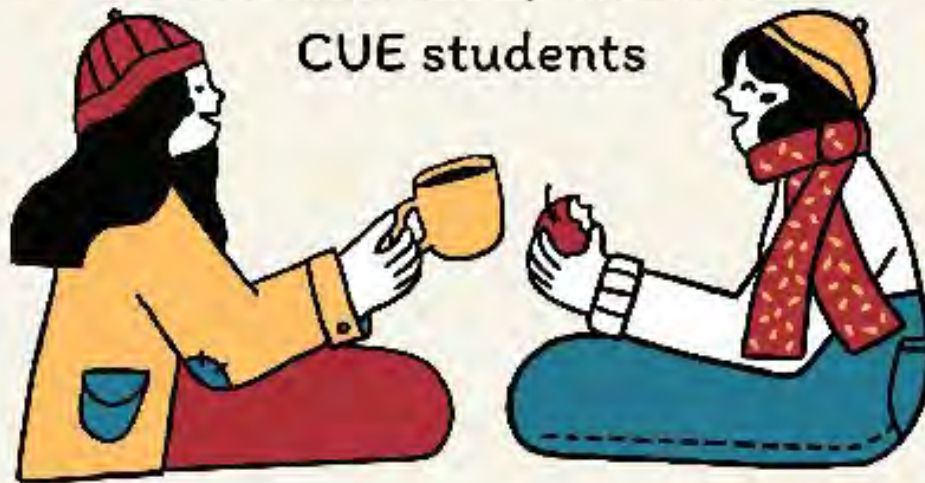
Maximum Capacity: 15

Register @

LET'S TALK: SEX & DRUGS



Cost-free + in-person for
CUE students



An open conversation on
things that stimulate the brain

October 26, 2022: 4:15 - 5:45 pm

OR

October 27, 2022: 11:00 - 12:30 pm

2nd Floor in Allan Wachowich



CONCORDIA
UNIVERSITY
OF EDMONTON | Wellness

PEER
SUPPORT
PROGRAM

NEW PEER SUPPORT HOURS FOR FALL SEMESTER

Monday	Tuesday	Wednesday
12-1	10-12	10-11
2-3	2-3	1-2
		3-4
Thursday	Friday	
11-12	12-1	
12-1	2-3	

*Located in the Student Success Centre

The *Period Poverty* Project needs your feedback!

The *Period Poverty* Project is being re-named to the *Menstruation Equity* Project!

Please go to
tinyurl.com/CUEperiodpoverty
to fill in our **SURVEY**

Alberta

INDIGENOUS CAREERS AWARD



Award Value:

\$2000 per term/maximum of \$4000 in an academic year.

Supporting Indigenous peoples living in Alberta in their pursuit of post-secondary studies.

Eligible Programs:

Available for high school graduates.

The application will be available on:

SEPTEMBER 12, 2022

Application Deadline:

OCTOBER 15, 2022

How to Apply:

Talk to your school for details on how to apply.

Submit an Indigenous Careers Award application form along with supporting documentation to the Student and Enrolment Services HA120 by the deadline. Application forms are available at concordia.ab.ca/finaid. Questions? Email finaid@concordia.ab.ca



Canada Revenue
Agency

Agence du revenu
du Canada

Did you know?

The Government is proposing to double the GST Credit for six months.

Canadian residents 19 years or older who file their taxes may be considered for The Goods and Services Tax (GST) Credit. This tax credit helps offset the financial impact of the GST for low- and modest-income people and families. The credit is paid quarterly in January, April, July, and October, with benefit years beginning in July.

If you turn 19 years of age before April 2023 and haven't yet filed a tax return, file your 2021 tax return ASAP in order to be able to receive both the current GSTC and the additional payment!

For more information visit

<https://www.canada.ca/en/revenue-agency/services/child-family-benefits/goods-services-tax-harmonized-sales-tax-gst-hst-credit.html>

<https://www.canada.ca/en/department-finance/news/2022/09/making-life-more-affordable-doubling-the-goods-and-services-tax-credit-for-sixmonths.html>

\$2500 Métis Scholar Award

Donor: Métis Education Foundation and Concordia University of Edmonton



A bursary to help alleviate the cost of tuition and learning resources and to encourage the post-secondary achievement of full-time Métis undergraduate students while attending Concordia University of Edmonton. Applicants must be enrolled full-time in any year of an undergraduate degree program at CUE and display academic merit.

- Application Deadline: **October 15th**
- How to Apply: **Submit an online application through Online Services / Requests**
- Questions? Email finaid@concordia.ab.ca



Have questions about student loans, scholarships or bursaries? Ask us!

Visit concordia.ab.ca/finaid to book an advising appointment with a Concordia financial aid advisor.

Financial Aid & Awards Office, HA120

Email: finaid@concordia.ab.ca

Phone: 780.479.9219

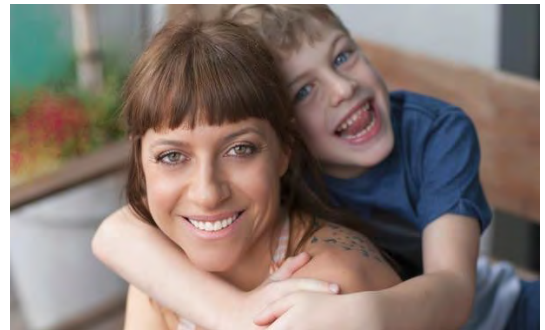
FINANCIAL FRIDAYS! Join us **Friday, October 14th** at noon in Tegler for our in first **Financial Fridays** event: "Plant a Seed for Tomorrow". Games, prizes and more...

The [Concordia Bursary Program](#) includes multiple donor-funded bursaries, some of which are specifically for students age 25 or older. The Concordia Bursary and other Donor-funded bursaries within this program are meant to supplement, not replace, other financial assistance already in place. Full-time students who are experiencing unexpected financial difficulties may apply.

1. **Mature Student Bursary** (\$1,000) Awarded to an undergraduate student that is at least 25 years of age (as of September 1st), presents a minimum GPA of 3.0, and demonstrates financial need.
2. Are you a single mother over the age of 25 studying full-time in a degree program? Apply for the Concordia Bursary Program and be considered for the **Yvonne Pitts Women's Bursary**.

Apply go to: Online Services / Requests / Awards Application

Deadline to submit online application: OCTOBER 15, 2022



UPCOMING DEADLINES and EVENTS for Financial Aid and Awards

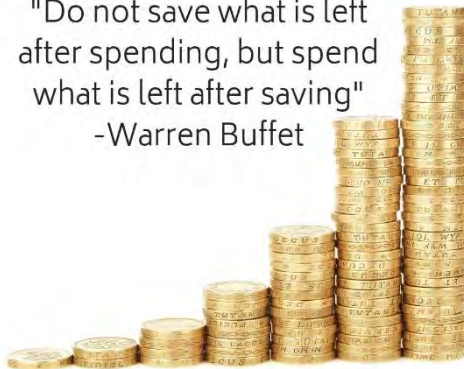
Canada Graduate Scholarship – Doctoral (CGS D) – internal CUE deadline October 15, 2022 – [apply online](#). Canada Graduate Scholarship – Master's (CGS M) – deadline December 1, 2022 – [apply online](#).

[Concordia Bursary Program](#) – deadline October 15, 2022

[Métis Scholar Award](#) – deadline October 15, 2022

[Indigenous Careers Award](#) – deadline October 15, 2022

"Do not save what is left after spending, but spend what is left after saving"
-Warren Buffet





CONCORDIA
UNIVERSITY
OF EDMONTON

Office of
Extension and Culture

Machine Learning (ML)

Business Strategy - ML Canvas

Oct 19 - Nov 23 2022

Wednesdays

6:00 P.M. - 8:00 P.M.

CUE full time staff, faculty, students, and alumni please contact extension@concordia.ab.ca for information on how to register for this course for **FREE**

Business Mapping, ML Canvas, and ML Data Strategy are microcredential courses, made possible by funding from the Government of Alberta.

For more information and to register, visit
<https://tinyurl.com/27rrj6az>





FINANCIAL AID AND AWARDS

FINANCIAL FRIDAYS

TEGLER STUDENT CENTRE

FINANCIAL
FRIDAYS IN
TEGLER
12:00 - 1:00 PM

JOIN US FOR
FUN, GAMES & PRIZES

Empowering
Financial Wellness

OCTOBER 14
PLANT A SEED FOR TOMORROW

NOVEMBER 25
GET YOUR MONEYS WORTH

JANUARY 20
GOOD CREDIT/BAD CREDIT

FEBRUARY 17
EMERGENCY FUND 101

MARCH 24
HAVE DEBT? NO SWAT

APRIL 14
SMART FINANCIAL GOAL SETTING