



We want students to have access to nutritious and delicious food, as well as essential items that support a healthy lifestyle.



University can be challenging without having to worry about where your next meal is coming from. If you find yourself short of resources to purchase food or other essentials, let CUE Cupboard be a resource to provide temporary assistance.

www.cuecupboard.com



INSIDE THIS EDITION:

- Counselling Services Info Sessions
- Peer Support Program
- Autism Edmonton Employment Program
- Canada Graduate Scholarship
- Indigenous Career Awards
- Supper Club
- Noise Cancelling Headphones
- Volunteers Wanted-Psych Assessment
- Discover Tutoring
- Evaluation for Professionals
- Tuesday Walks
- English Conversation Club
- Volunteer Tutor Opportunity
- Tuesday Walks
- Lois Hole Scholarship
- Métis Scholar Award
- Career Transitions
- Facing Difficult Circumstances
- Library Social Media
- Govt. Student Aid (Loan & Grants)

Understanding Government Grants

WHEN: OCT 4 @ 3PM

WHERE: VIRTUAL - GOOGLE MEET

RSVP: VISIT <https://forms.gle/45KrV8tcdt2lrETJ8> TO REGISTER.

You will be sent the google meet link once you have registered

Join Financial Aid & Awards to learn more about Government Grants.

This session is for AB residents only

QUESTIONS? EMAIL FINAID@CONCORDIA.AB.CA

JOIN OUR TEAM

Muslim-Pakistani Society

- VP Finance
- VP Marketing
- VP External

Apply Now

Email the csavpfinance@student.concordia.ab.ca with a statement of why you are interested in under 150 words

[@ourcsa.clubsunions](https://www.instagram.com/ourcsa.clubsunions)



MENTAL HEALTH & COUNSELLING SERVICES INFO SESSION



Have you wondered if counselling is right for you? Not feeling ready?

That's okay, CUE Counselling Services has more to offer than one-on-one counselling. Come to the info session to learn more about how you can take care of your mental health and what counselling services has to offer.

If you would to attend this free event, please [RSVP HERE](#).

Info Session Dates

- ⇒ Wed. September 21, 12-1 pm
- ⇒ Wed. September 28, 11-12 pm
- ⇒ Mon. October 24, 11-12 pm
- ⇒ Mon. October 31, 11-12 pm

All sessions will be held in HA238

CUE Counselling





CONCORDIA
UNIVERSITY
OF EDMONTON

Wellness PROGRAM

PEER

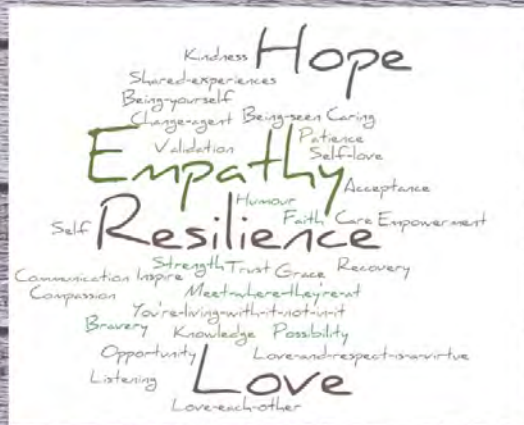
SUPPORT

What is Peer Support?

- free confidential service
- highly trained student volunteers helping other students
- listening without judgement
- providing students with a confidential and safe space to talk about academic and life challenges with another peer
- offering referrals to campus and community services

What Peer Support IS NOT

- counselling
- giving advice



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
12-1 2-3	10-12 2-3	10-11 1-2 3-4	11-12 12-1	12-1 2-3



Located in the Student Success Centre!



tinyurl.com/peersupportcue



peersupport@concordia.ab.ca



Autism Edmonton Employment Program




DO YOU:


- Identify as neurodiverse or as an individual with a disability?
- Have the skills but struggle to move beyond the first interview?
- Want support to achieve your career goals?
- Want to access to employment, volunteer, and/or mentorship opportunities?

If you think you are a fit for this new program please reach out!

CONTACT US:

 780-453-3971 Ext. 231

 employment@autismedmonton.org

 www.autismedmonton.org



STEPS:

- Interview
- Assessment
- Acceptance into Program
- Training
- Company Search - Match with Employer

INTAKES NOW OPEN


MAS
METICLON
ASSESSMENT
SERVICE


AUTISM
EDMONTON
AUREM SOCIETY OF EDMONTON AREA



Thinking about pursuing a master's degree?

CANADA GRADUATE SCHOLARSHIP

– INFO SESSION –

This session will provide information on how to apply for the Canada Graduate Scholarship-Master's program through the Tri-Council Agency (SSHRC, NSERC, CIHR). For more information visit https://www.nserc-crsng.gc.ca/students-etudiants/pg-cs/cgsm-bescm_eng.asp.

September 29, 2022

3:00 p.m. Google Meet
meet.google.com/owf-nzgv-drx

**LEARN How to Apply for a CGS-M Scholarship
for Your Master's Degree**
(must be a Canadian Citizen or Permanent Resident)



Sciences, Innovation and Innovation
Research Council of Canada

Conseil de recherches en
sciences humaines de Canada

Canada

Alberta

INDIGENOUS CAREERS AWARD



Award Value:

\$2000 per term/maximum of \$4000 in an academic year.

Supporting Indigenous peoples living in Alberta in their pursuit of post-secondary studies.

Eligible Programs:

Available for high school graduates.

The application will be available on:

SEPTEMBER 12, 2022

Application Deadline:

OCTOBER 15, 2022

How to Apply:

Talk to your school for details on how to apply.

Submit an Indigenous Careers Award application form along with supporting documentation to the Student and Enrolment Services HA120 by the deadline. Application forms are available at concordia.ab.ca/finaid. Questions? Email finaid@concordia.ab.ca



CONCORDIA
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Supper Club

Socialize
Taste
Enjoy

Yang Ming Buffet

Sep 22 at 6:00pm



Registration

tinyurl.com/CUESupperclub

tinyurl.com/CUESupperclub

Noise-Cancelling Headphones

CUE Wellness & CUE Library have partnered together to provide more resources for campus mental health.



Borrow a pair of noise-cancelling headphones from the Library Service Desk.

Headphones can be borrowed for 4 hours at a time.

This mental health initiative is brought to you by CUE Wellness & CUE Library.

Volunteers Wanted for a Free Psych Assessment

This fall, Jamie Dyce - Associate Professor, Department of Psychology, R. Psych, is looking for volunteers from the Concordia Community to participate in a free psychological assessment. Participants can be students or staff.

The assessments will be conducted by graduate students enrolled in PSY 637. I am their supervisor for these assessments. Participation will involve an interview and completing some psychological inventories. You would also be provided feedback on your results.

To take part in free psychological assessment, please email jamie.dyce@concordia.ab.ca.





DISCOVER

DISCOVER THE SKILLS FOR SUCCESS!

HELP DELIVER
FREE AND ACCESSIBLE TUTORING
& POST-SECONDARY PREPARATION
FOR STUDENTS GRADES 4 TO 12

CHOOSE YOUR AVAILABILITY ANYTIME BETWEEN
MONDAY TO FRIDAY
4PM - 8PM

COMPLETELY ONLINE

VOLUNTEER TODAY!



Visit

[mydiscoverprep.com/take-action](https://www.mydiscoverprep.com/take-action)

or scan the QR code
to apply!



Partnered with



St. Albert
Public Library



<https://www.mydiscoverprep.com/>



CONCORDIA
UNIVERSITY
OF EDMONTON

Office of
Extension and Culture

Info Session

Program Evaluation for Professionals

**THURSDAY SEPTEMBER 22,
6:00 P.M.**

*Join us to learn about the course and
see if it's right for you*

Scan to RSVP



Register Here : bit.ly/3S6cc0M

<https://concordia.ab.ca/external-affairs/office-of-extension-and-culture/extension-programs/program-evaluation-for-professionals/>

QUESTIONS?
wellness@concordia.ab.ca



CONCORDIA
UNIVERSITY
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JOIN US

WHEN: **TUESDAYS**
WHERE: **FRONT LAWN**

TIME: **12:00**
-
TILL 12:30+

\$5000 Lois Hole Humanities and Social Sciences Scholarship

An award offered annually to a 2nd, 3rd or 4th year full-time undergraduate student in the Faculty of Arts who demonstrates academic excellence, leadership skills and active community service.

- Visit: concordia.ab.ca/finaid to apply
- Application deadline: **October 1st**
- Donor: Government of Alberta



\$2500 Métis Scholar Award

Donor: Métis Education Foundation and Concordia University of Edmonton



A bursary to help alleviate the cost of tuition and learning resources and to encourage the post-secondary achievement of full-time Métis undergraduate students while attending Concordia University of Edmonton. Applicants must be enrolled full-time in any year of an undergraduate degree program at CUE and display academic merit.

- Application Deadline: **October 15th**
- How to Apply: **Submit an online application through Online Services / Requests**
- Questions? Email finaid@concordia.ab.ca



CONCORDIA
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OF EDMONTON

Office of
Extension and Culture

Career Transitions

X-SKL 01

**Career Management
& Action Planning
Section**

X-SKL 02

**Professional
Communication
& Branding**

X-SKL 03

**Networking &
Building Professional
Relationships**

These courses are
delivered online
asynchronous

Section B:

October 1 - 31, 2022

Section C:

November 1 - 30, 2022

Questions? Contact us at extension@concordia.ab.ca

For more information and to register visit [here](#).





FACING DIFFICULT CIRCUMSTANCES?

CONCORDIA'S BURSARY PROGRAM

Fall Term Deadline: October 15th
Winter Term Deadline: February 1st

Apply Online:
[TINYURL.COM/CUE-BURSARY](https://tinyurl.com/cue-bursary)



Read for Free - Use EPL's Freeding Database



Join CUE Library's Book Club!

join at - concordia.ab.ca/book-club/



September's Read

The Hate U Give by Angie Thomas
Meeting - Sept 26, 2-3 pm
Virtual Meeting - Google Meet

Meet & Discuss Online!



FIND US ON TIKTOK & IG

[@CUE_LIBRARY](https://www.instagram.com/cue_library)

