# CUE WEEKLY NEWSLETTER



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- Métis Scholar Award
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# **Active Shooter Response Education Session**

To help people prepare for the unlikely occurrence of an Active Shooter event there will be two identical training sessions for the CUE Community; Students, Faculty, Staff. This is a classroom session learning how to prepare for such an event.

- Wednesday, September 21·13:00 13:45 HA010
- Thursday, September 22.08:15 09:15 HA019

# **Volunteers Wanted for a Free Psych Assessment**

This fall, Jamie Dyce - Associate Professor, Department of Psychology, R. Psych, is looking for volunteers from the Concordia Community to participate in a free psychological assessment. Participants can be students or staff.

The assessments will be conducted by graduate students enrolled in PSY 637. I am their supervisor for these assessments. Participation will involve an interview and completing some psychological inventories. You would also be provided feedback on your results. To take part in free psychological assessment, please email jamie.dyce@concordia.ab.ca.



# SWIMMING TEAM BROWNE UDENT VOLUNTEERS WOMANS SILVER DED TO ASSIST WITH

CONCORDIA UNIVERSITY OF EDMONTON'S FORTH ANNUAL

RALPH KING ATHLETIC CENTER

OCTOBER, 1ST 2022 | 5 - 11PM VOLUNTEERS NEEDED BEFORE, DURING AND AFTER THE EVENT

RSVP AT: HTTPS://FORMS.GLE/LVND6LZIVFVZYDCB8



# MENTAL HEALTH & Counselling services Info session



Have you wondered if counselling is right for you? Not feeling ready?

That's okay, CUE Counselling Services has more to offer than one-on-one counselling. Come to the info session to learn more about how you can take care of your mental health and what counselling services has to offer.

If you would to attend this free event, please **<u>RSVP HERE</u>**.

# **Info Session Dates**

- $\Rightarrow$  Wed. September 21, 12-1 pm
- $\Rightarrow$  Wed. September 28, 11-12 pm
- $\Rightarrow$  Mon. October 24, 11-12 pm
- $\Rightarrow$  Mon. October 31, 11-12 pm

# All sessions will be held in HA238

## **CUE Counselling**





Welcome back!

Get to know the drama folks

Join faculty and fellow students for a mixer to find out what is new in Theatre @ CUE this year. There will be improv games, mixing, mingling and a movie!

# Drama Mixer

Friday, September 16 5:00 to 8:00 Al and Trish Huehn Theatre & Tegler

Sponsored by Theatre @ CUE and GTC Drama Club

# **IMPORTANT DATES**

2022

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# **\* STUDENT \***

★ ★ ★ ★ SEPT.12-23 ★ ELECTION INFO SESSION

September 12 & 13, 12-1 pm | Location: Tegler

 PICKUP NOMINATION PACKAGES

 September 14 to Friday, September 16th

 Location: CSA Office

CANDIDATE SPEECHES September 19, 12-1 pm | Location: Tegler

## **CAMPAIGN PERIOD BEGINS**

September 19, 1 pm | Location: via social media and/or in-person on campus

DEBATES

BY-

September 22, 12-1 pm | Location: Tegler

CAMPAIGN PERIOD ENDS September 22, 4 pm

**VOTING**September 23, 8am - 4 pm Location: via the link sent to CUE email

ELECTION RESULTS September 23, 5 pm | Location: Tegler

## CONCORDIA UNIVERSITY • EDMONTON | Office of Extension and Culture

# INFO SESSION Systems Leadership

# Wednesday, September 14th 12 - 12:30 p.m.

Join us to learn more about this course! Guests will have the oppurtunity to ask the intructor questions at the end of the session.

Join us virtually on: meet.google.com/fwb-syjp-wfd

**Register Today!** 



# DEADLINE: September 20, 2022

# Enroll, opt out, or add-on family to your student health & dental plan for this year.



# All forms are found online.

mystudentplan.ca



# Supper Club

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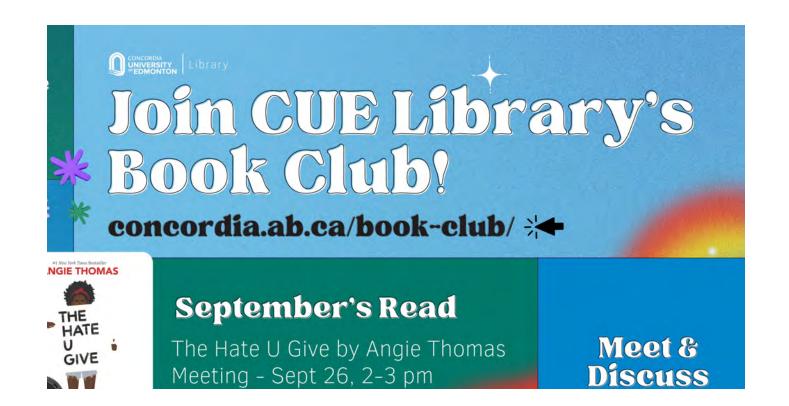
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Socialize Taste Enjoy

# Sep 22 at 6:00pm

Registration tinyurl.com/CUEsupperclub

tinyurl.com/CUEsupperclub





# DISCOVER THE SKILLS FOR SUCCESS!

# HELP DELIVER FREE AND ACCESSIBLE TUTORING & POST-SECONDARY PREPARATION

FOR STUDENTS GRADES 4 TO 12

CHOOSE YOUR AVAILABILITY ANYTIME BETWEEN MONDAY TO FRIDAY

4PM - 8PM COMPLETELY ONLINE

**VOLUNTEER TODAY!** 

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Visit mydiscoverprep.com/take-action

or scan the QR code to apply!

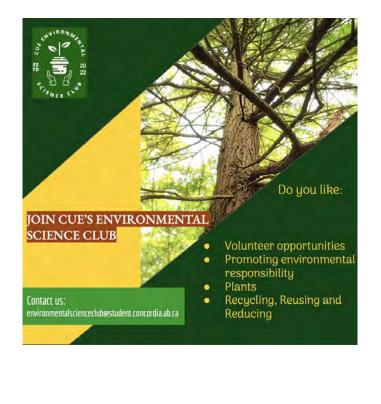
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https://www.mydiscoverprep.com/



**Wednesday, September 14** 13:00 – 13:50 HA010

**Thursday, September 15** 08:15 – 09:15 HA019



# CONCORDIA SCIENCE UNION

JOIN OUR TEAM

• President

- VP Finance
- VP Marketing
- VP External

Submit a statement on why you are interested in joining and a little bit about yourself!

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The Northern Alberta Society of Animal Protection (NASAP) is a Sherwood Park-based animal rescue looking to grow with the help of volunteers like you. If you are interested in contributing to a non-profit organization **and** developing leadership, writing and/or project management skills, please review the opportunities below and contact NASAP at <u>board@nasap.ca</u>.

### **Newsletter Writer**

Duties: Creation of a new communication tool for NASAP. Our rescue is looking to launch a monthly newsletter and needs a volunteer to write, edit and design it. Content examples include adoption success stories, information for pet owners, a "vet's corner" article, an events calendar and classified ads.

Estimated Monthly time commitment: 12 hours (these hours will likely be reduced once the format is created).

#### Fundraiser & Grant Writer

Duties: The fundraiser develops and coordinates monthly fundraising events and works with the volunteer coordinator to staff them if needed. Fundraising examples include online auctions, and raffles. Grant writing includes researching grant opportunities and completing grant applications for submission.

Estimated Monthly time commitment: 8 hours

#### **Volunteer Coordinator**

Duties: Recruiting volunteers, maintaining inventory of active volunteers and coordinating their efforts for volunteer-based events.

Estimated Monthly time commitment: 5 hours

#### **Office Clerk**

Duties: Cleaning, sorting and inventory of donations. Maintaining an office presence every second Saturday for 4 hours.

Estimated Monthly time commitment: 8 hours

# **ALEXANDER RUTHERFORD SCHOLARSHIP**

This scholarship recognizes and rewards academic achievement of Alberta senior high school graduates who are attending post- secondary. For more information and to apply online go to:

#### www.studentaid.alberta.ca



## Need help applying?

Book an advising appointment with a financial aid & awards advisor at concordia.ab.ca/finaid

# **GENDER NEUTRAL RESTROOMS**

All restrooms at Concordia are considered gender neutral. Please use the

restroom that best fits your need. You should see this sign in or near

restroom areas.

There are two single occupancy restrooms available for use.

1.located in the cafeteria

2.located in lower Tegler

CONCORDIA UNIVERSITY OF EDMONTON IS A COMMUNITY OF PEOPLE FROM DIVERSE BACKGROUNDS, EXPERIENCES, AND GENDER IDENTITIES. ACCESS TO SAFE AND ACCESSIBLE WASHROOMS IS A HUMAN RIGHT. ALL ARE WELCOME TO USE THE RESTROOM THAT BEST FITS THEIR GENDER IDENTITY. QUESTIONS? wellness@concordia.ab.ca





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12:00-

TIME: TILL 12:30+

# \$5000 Lois Hole Humanities and Social Sciences Scholarship

An award offered annually to a 2nd, 3rd or 4th year full-time undergraduate student in the Faculty of Arts who demonstrates academic excellence, leadership skills and active community service.

- Visit: concordia.ab.ca/finaid to apply
- Application deadline: October 1st
- Donor: Government of Alberta



# \$2500 Métis Scholar Award

# **Donor: Métis Education Foundation and Concordia University of Edmonton**



A bursary to help alleviate the cost of tuition and learning resources and to encourage the post-secondary achievement of full-time Métis undergraduate students while attending Concordia University of Edmonton. Applicants must be enrolled full-time in any year of an undergraduate degree program at CUE and display academic merit.

- Application Deadline: October 15th
- How to Apply: Submit an online application through Online Services / Requests
- Questions? Email finaid@concordia.ab.ca

# Government Student Aid (student loans/grants)

The 2022-203 AB Student Loan application is now open. Go to **www.studentaid.alberta.ca** to apply. Student Aid for **full-time** and **part-time** study is available. Learn more <u>here</u>

Have previous student loan debt? Not applying for student aid this year? Be sure to let your student loan lenders know you are back in school full-time by completing the appropriate interest- free forms.





#### **GOVERNMENT GRANTS – How to Apply**

In response to the Covid-19 pandemic, the maximum amount of Canada Student Grants will continue to be doubled for the 2022-2023 academic year. For those students who have <u>not</u> yet applied for government student aid this year, a Concordia financial aid advisor can help you identify if you are eligible for grant funding and explain how to request the grants only when you apply.

**Financial Aid and Awards at CUE** Concordia University of Edmonton offers a wide range of awards to recognize and assist undergraduate and graduate students. Scholarships, bursaries, and various types of awards help lower the cost of a university education for bachelor degrees, master degrees, and after degree programs. Visit our Financial Aid & Awards <u>website</u> to learn more about the following that are now open to apply for and more that are coming up.



Lois Hole Humanities and Social Science Scholarship – deadline October 1, 2022 Study Abroad Travel Bursary – deadline October 1, 2022 Concordia Bursary Program – fall term deadline October 15, 2022 Indigenous Careers Award – deadline October 15, 2022 Métis Scholar Award – deadline October 15, 2022

Have questions about student loans, scholarships or bursaries? Ask us! Visit concordia.ab.ca/finaid to book an advising appointment with a Concordia financial aid advisor.

Financial Aid & Awards Office (located in Student & Enrolment Services, HA120) Email: <u>finaid@concordia.ab.ca</u> Phone: 780479.9219

# Graduate Students' Association (GSA) Awards

The <u>GSA Bursary Award</u> and <u>GSA Scholarship Award</u> online application is now open for the Fall semester.

The GSA Bursary Award is a financial need-based award given out each semester. The number of bursaries will vary depending on the funds collected from the GSA fee levy and the number of applicants in any given semester.



**Value:** \$1,000 for a degree program, \$750 for a diploma program, \$500 for a certificate program; the value of the award may be prorated based on enrolment.

How to Apply: Submit an online application through Online Services for Students

**Application Deadlines:** 

- Fall October 1
- Winter February 1
- Spring May 15

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UNIVERSITY "EDMONTON | Wellness

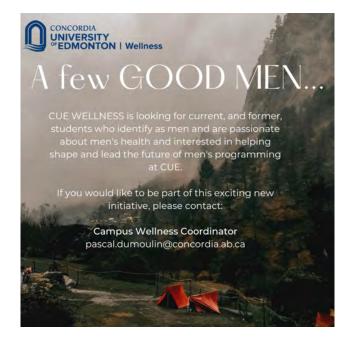
Questions? Email finaid@concordia.ab.ca

# September Wellness Workshops

Mental Health First Aid September 27, 9:00am-4:00pm

safeTALK September 29, 1:00-4:30pm

For more details and to register tinyurl.com/CUEWorkshops



# **CUE is a Smoke Free Campus**

We are committed to promoting health and wellness for the whole CUE community and believe that providing you with a clean, healthy, smoke-free environment to study, learn, teach, play, visit and live in, is one of the best ways to achieve this.

#### Read the policy here.

#### Please report non-compliance to Security at 780-479-8761, or 5555 from a campus office or classroom.

Need help to quit? We encourage you to access the smoking cessation program offered **for free** by Alberta Health Services: <u>www.albertaquits.ca</u>.

You may also access smoking cessation programs through the following plan most relevant to you: the CSA Benefit Plan, the Employee Assistance Plan, and Counselling Services.

If you want to learn more about smoke free CUE HERE.

