

WHAT IS THIS NEWSLETTER? WHAT DO I NEED TO KNOW?



Introducing...

The Consent at CUE Chronicles!

This newsletter will be circulated a few times each semester and contain information about prevention education initiatives at CUE.

In each issue you will find:

- A list of upcoming events on and off-campus that may interest you.
- Links to valuable resources.
- An interview with someone on-campus.
- Some quick learning about an important issue in prevention education.

Spotlight on Resources

Here are some resources our team is **loving right now**:

- The CUE Wellness [Google Site](#)
- Landed Newcomers [Booklet](#): Relationships and Consent in Canada by the Sexual Assault Centre of Edmonton
- Prevent, Resist, Support [Podcast](#) by the University of Windsor
- Building a Community of Consent [Article](#) by CUE.
- We Believe You [Video](#) by CUE.

Quick Learning

Some of the basic things necessary for consent are:

- Saying yes of our own free will, without feeling pressured, or coerced, without a power imbalance, and not someone else saying it on our behalf.
- Saying yes with a clear-mind, awake and alert enough to make informed decisions for ourselves.
- Saying yes to something specific, in this moment.
- Saying yes, but being able and willing to say no if we change our mind in a few minutes or even seconds later.

Upcoming Events

Check out these upcoming events:

- Pop a Myth Monday, from 2:30-3:00pm in Tegler most Mondays.
- Understanding Consent Culture by the Anti-Violence Project, a 2-hour [online workshop](#) hosted monthly.
- Applied Suicide Intervention Skills Training (ASIST), from 8:30am-4:30pm on November 8th and 9th on-campus. Register [here!](#)



OCTOBER INTERVIEW

William Logan

Manager, Housing and Prevention Education

What is your role on-campus related to consent and violence?

I provide education to the full CUE community about consent and other topics with the goal of preventing sexualized/gender-based violence

What do you wish more people knew about consent?

We all have the skills to talk about consent and it doesn't make life harder, it makes it easier. If you ask me to go for pizza and you take me to a salad-based restaurant, I will be upset because that isn't what I signed up to do. Fair enough right? The same goes for sex!

Do you think a campus free of gender-based violence is possible?

Absolutely! If we all work together to change our own behaviours as we learn more and hold each other accountable!

How can people contact you? What things would they contact you about?

Anyone on-campus looking to learn more about consent and gender-based violence should reach out! I can answer questions for individuals or small groups, facilitate workshops, and short classroom visits.

My email is at the bottom of this newsletter!

CHECK OUT COURAGE TO ACT'S [GLOSSARY](#) OF KEY TERMS

HAVE QUESTIONS ABOUT CONSENT? GET IN TOUCH: WILLIAM.LOGAN@CONCORDIA.AB.CA