



CUE CAREER WEEK

JANUARY 17-21, 2022

REGISTER HERE



INSIDE THIS EDITION:

- CSA Health & Dental Opt Out Date
- Booking a Career Services Appointment
- Housing Services is Hiring
- Ubuntu– Volunteer Opportunity
- Bell Let's Talk– Jan 26
- Mywellnessplan.ca
- Peer Wellness & Support
- \$15 Food Fridays
- Gary McPherson Leadership Award
- Laurence Decore Award
- Scholarship Questions?
- Financial Aid & Awards

DID YOU KNOW?

Students can access **free counselling and peer support services online**? Click [here](#) to find out more.

Building Resilience: From Surviving to Thriving

This 2.5 hr online workshop is geared to developing and building your own resilience plan. It is **FREE** and open to all CUE students.

January 18, 2022
6:00-8:30pm

Register here:
<https://tinyurl.com/CUEResilience>



If you have any questions or concerns, please contact
wellness@concordia.ab.ca

Students register [here!](#)



Wednesday Workouts

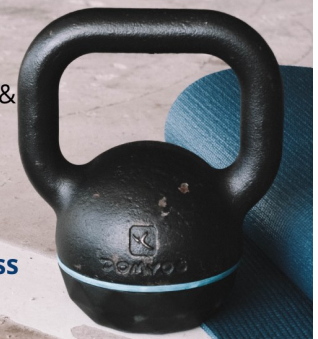
Don't miss weekly workouts posted by your peer wellness & support team!

Past workouts can be found here:

<https://tinyurl.com/WellnessWedWorkouts>

Follow Follow
@CUEPeerWellnessSupport
(FB&IG) to never miss a post!

[Wellness Wednesday Workouts](#)





Hey new students!

Enroll, opt out, or add your family to your student health & dental plan for this year.

Deadline: January 20th, 2022.



mystudentplan.ca



NEW!

HOW TO BOOK A

CAREER SERVICES

APPOINTMENT ONLINE

- Go online to Concordia University of Edmonton website > CUE Online Services. Log In with your CUE account and click the “Resources” tab. Select “Career Services Help” from the drop down menu.
- On the “Career Services Bookings” page, select “Book an appointment”.
- Select “Career Services” and then identify whether you would prefer to meet in-person or online.
- You will see all of the available in-person or online appointments available over the next two weeks. Select the time that works best for you, then select the topic of your appointment.
- Add an explanation of your questions and concerns. The more specific you are in the description, the more prepared your advisor will be to support you.
- Press “Submit”.



Questions? Contact careerservices@concordia.ab.ca

Housing Services is Hiring!



tinyurl.com/CUEHousing



2022-2023 Academic Year

4 Resident Assistants
1 Resident Assistant, LLC



CONCORDIA
UNIVERSITY
OF EDMONTON | Residence

Our Housing Services team is hiring student workers for the 2022-2023 Academic Year! Our Residence Life Staff team live in residence and work together to build a supportive and fun community environment in their designated building. Application review will commence on February 1st, more information including the full job descriptions and application form can be found by visiting tinyurl.com/CUEHousing



ubuntu

STUDENT ADVISORY COMMITTEE MEMBER

Ubuntu Background

An anthropologist proposed a game to the kids in an African tribe. He put a basket full of fruit near a tree and told the kids that whoever got there first won the sweet fruits. When he told them to run, they all took each others' hands and ran together, then sat together enjoying their treats. When he asked them why they had run together when one person could have had all the fruits for himself, they said: "Ubuntu! How can one of us be happy if all the other ones are sad?" (The original source has not been found) 'Ubuntu' in the Xhosa culture means: "i am because we are". The Ubuntu logo is inspired by an African mandala. It depicts a sun as the outer circle, rendered in an Indigenous haida art style representing life giving abundance/environment/world, encompassing a circle of people (prong shapes) standing in conjoined solidarity, with a common heart at the center.

Core Purpose: To Inspire Thriving Communities Locally and Globally.

Core Values: Authentic - Be Yourself
We - Achieving Goals Together
Inclusion - Creating bonds between individuals, groups and organizations
Determination - We need to do better

Ubuntu, driven by educational institutions, is a community of organizations and individuals working together to achieve focused socially responsible outcomes. The platform will set criteria to meet in order to qualify organizations and individuals as socially responsible. Information will be uploaded to a website/app and then audited. The impact on the community will be measured.

Advisory Committee Role Description

This start-up is looking for passionate leaders with an entrepreneurial spirit to join the Student Advisory Committee (SAC) as a volunteer. The SAC will be comprised of one student that is in their 2nd or 3rd year of studies and two students in their 4th year or a Masters Program. The SAC will have a great opportunity to come into a social start-up at the grassroots level, lead the way in Individual Social Responsibility for students, and learn about the business of entrepreneurship and social responsibility.

- ⇒ Participants will provide input and feedback on the platform during development and testing phases, as well as advise on criteria for Individual Social Responsibility requirements
- ⇒ Monthly commitment will be 3-4 hours, including monthly meetings

Requirements:

- ⇒ Individuals who are dedicated to community and working in collaboration with others
- ⇒ An active listener with strong communication skills and a great attitude; even better if you appreciate a good 'dad joke'
- ⇒ CUE Student in 2nd year or higher for the upcoming year with a GPA of 3.0 or higher (must be maintained during the term)

If you want to be a part of a fast-paced start-up environment with a strong commitment to social responsibility and gaining real world experience, we encourage you to apply for a position on the SAC. A successful incumbent will be expected to align with the Company Core Purpose and Values.

Email a copy of your resume to keely.cronin@concordia.ab.ca and request a transcript to be sent to this email as well.

Only successful candidates will be contacted for an interview.

DEADLINE FOR APPLICATION IS MONDAY JANUARY 17, 2022



When it comes to mental health, now more than ever, every action counts.

On Wednesday, January 26th 2022.
Join the conversation. **#BellLetsTalk**



mywellnessplan.ca



Bills got you down?

Visit mywellnessplan.ca
for more details.



social wellness mental wellness lifestyle friendship
 courage PEER drug awareness food & nutrition brave
 grow WELLNESS active living
 support & SUPPORT personal care balance
 alcohol awareness physical activity
 peer support strength learn safe talk

PEER WELLNESS & SUPPORT

Like us on [Facebook](#) or Follow us on [Instagram!](#)
 @CUEPeerWellnessSupport



\$15 Food Fridays!

Keep updated with peer wellness' weekly \$15 recipes and budget tips.

View previous weeks tips and recipes here:

<https://tinyurl.com/CUEFoodFriday>

Follow

@CUEPeerWellnessSupport

(FB&IG) to never miss a post!

social wellness mental wellness lifestyle friendship
 courage PEER drug awareness food & nutrition brave
 grow WELLNESS active living
 support & SUPPORT personal care balance
 alcohol awareness physical activity
 peer support strength learn safe talk





Dr. Gary McPherson Leadership Scholarship

Recognizes students who have demonstrated outstanding leadership, especially in the area of disability, and/or initiative to improve the conditions and lives of others. **Full-time domestic Graduate and Undergraduate students who are Alberta residents may apply.**

Award Value: \$2000



Deadline to apply: February 15th

For more information and to apply visit concordia.ab.ca/financial-aid
Questions? finaid@concordia.ab.ca



Laurence Decore Award for Student Leadership

Recognizes post-secondary students who have demonstrated outstanding dedication and leadership to fellow students and to their community.

Full-time domestic Undergraduate students who are Alberta residents may apply.

Award Value: \$1000



Deadline to apply: February 15th

For more information and to apply visit concordia.ab.ca/financial-aid

Questions? finaid@concordia.ab.ca

Got a Student Loan or Scholarship question?

[Click here](#) to book a Google Meet online advising appointment with one of our financial aid advisors!



**Scan the QR code to learn about CUE
Financial Aid and Awards**



- ⇒ *scholarships*
- ⇒ *bursaries*
- ⇒ *student aid*

Email: finaid@concordia.ab.ca

Financial Aid and Awards

CUE Scholarships



Looking for undergraduate scholarships?

Consider applying for CUE Scholarships. Awards range in value from \$350 to \$3,000. Full-time domestic and international undergraduate degree students registered in both the fall and winter terms may apply. Only one online application to submit!

To apply: [Online Services/Requests/Awards Application](#)
Deadline to apply: **January 15th, 2022**

Did you know that...

- CUE Scholarships are free money to help pay for your education and/or living expenses while you study
- You can apply for all 50+ CUE Scholarships by submitting only one application online
- Scholarships look great on a resume
- Scholarships are no longer considered taxable income under federal legislation

Visit our Financial Aid & Awards website (financialaid.concordia.ab.ca) to learn more about UPCOMING DEADLINES and EVENTS:

[CUE Scholarships](#) 50+ different donor-funded scholarships, one online application! – deadline January 15th, 2022

Canada Revenue Agency (CRA) webinar for International Students – “Canada’s tax system, what are taxes, levels of Government” Thursday, Jan 27th, 2022 @ 12:00 p.m. Join us! Email finaid@concordia.ab.ca for the webinar link.

[Concordia Bursary Program](#) – deadline February 1st, 2022

[GSA Scholarship Award](#) and [GSA Bursary Award](#) – deadline Feb 1st, 2022 (GSA: for Graduate level students only)

[Dr. Gary McPherson Leadership Scholarship](#) – deadline Feb 15th, 2022

[Laurence Decore Award for Student Leadership](#) – deadline Feb 15th, 2022



Did you know? Full-time and Part-time government student aid is available for the winter, spring and summer terms.

Have previous student loan debt and not applying for more this winter? Be sure to let your student loan lenders know you are back in school full-time by completing the appropriate interest-free forms.

CONTACT US

Email: finaid@concordia.ab.ca

Visit financialaid.concordia.ab.ca to book a Google Meet virtual advising appointment