

## GRAD PHOTO SESSION



READING WEEK: NOV 8-10

ROOM: HA010

[SCHEDULE NOW](#)

## BOOKSTORE CLOSURE

The CUE Bookstore will be **CLOSED** Nov. 9-12, during Reading Week, but will remain **open** Monday, Nov 8, 9am– 4pm

## CUE LIBRARY'S FALL BREAK HOURS

NOV 6 & 7: CLOSED  
NOV 8 -10: 8:30 - 4:30  
NOV 11: CLOSED  
NOV 12: 8:30 - 4:30



## FALL READING WEEK

November 8-12: No Classes

November 11: Remembrance Day-  
Campus Closed



### INSIDE THIS EDITION:

- Accelerate Her Future Fellowship– Apply Today!
- CSU Samosa Sale-Nov 4
- Fish Bowl Friday-Nov 5
- German Car Craze
- CSA Health Claims –Submit Online
- CUE Wellness-Pleasure Plaza
- safeTALK-Nov 6
- Live Your Dream
- Paint Ball Event-Nov 19
- Did you Apply to Graduate?
- Lois Hole Scholarship
- Mental Health First Aid Training
- Women's Self Defence Seminar
- Peer Support
- COVID Survey
- Concordia Connects
- Financial Aid & Awards
- Blue Cross Scholarships
- How to Request a Deferred Final Exam

**JOIN THE SELF-DEFENCE CLUB  
IN WATCHING  
UFC 268**

**COLBY COVINGTON**  
**WELI ZHANG**  
**MICHAEL CHANDLER**

**V S**

**KAMARU USMAN**  
**ROSE NAMA JUNAS**  
**JUSTIN GAETHJE**

**NOVEMBER 6, 2021**  
**6 PM THE PINT WHYTE**  
8032 104 ST NW, EDMONTON, AB T6E 4E2  
**PLEASE RSVP AT**  
**MACLUB@STUDENT.CONCORDIA.AB.CA**  
OR VIA OUR INSTAGRAM OR FACEBOOK

# ACCELERATE HER FUTURE FELLOWSHIP CIRCLE

## Applications open for AHF's Winter 2022 Cohort

AHF's Fellowship Circle is 10-week by-application program designed by self-identifying Black, Indigenous and other women of colour– a tailored and highly curated experience for providing small group mentorship circles, Career Learning Labs, a supportive community and networking with leaders from business and STEM.

### Benefits to Applying to Become a Fellow:

- Participate in virtual small group mentoring circles with access to AHF tools and resources
- Attend virtual Career Learning Labs
- Grow your career development and leadership skills
- Develop your gender and racial equity knowledge
- Expand your network of peers and industry leaders
- Attend a virtual wrap-up networking event upon program completion
- Gain access to AHF's online alumni community

WINTER 2022 COHORT APPLICATIONS  
CLOSE: NOVEMBER 21, 2021

10-WEEK FELLOWSHIP CIRCLE RUNS  
JANUARY 20-MARCH 24, 2022

For more information: [info@accelerateherfuture.com](mailto:info@accelerateherfuture.com)

To apply visit us at <https://accelerateherfuture.com/>



# CSU SAMOSA SALE

The CSU will be selling samosas for 75 cents for 1 samosa or \$1 for 2 for Diwali. Come purchase some samosas in Tegler on November 4th starting at 1:00 PM!

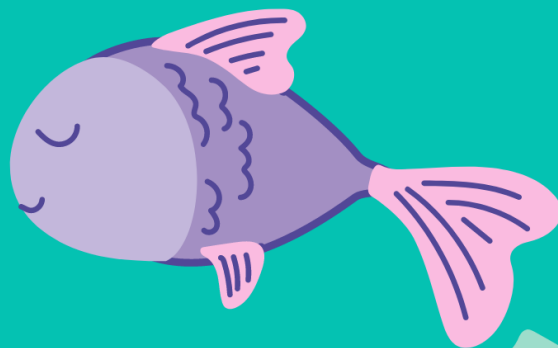


# FISHBOWL FRIDAY

**NOVEMBER 5 AT 7 PM  
CAPILANO BOSTON PIZZA (5515 101 AVE)  
PROOF OF VACCINATION REQUIRED**

**PLEASE RSVP AT [CSU@STUDENT.CONCORDIA.AB.CA](mailto:CSU@STUDENT.CONCORDIA.AB.CA)  
OR ON THE CSU FACEBOOK PAGE BY NOVEMBER 3**

IF YOU HAVE DIETARY NEEDS (VEGAN, GLUTEN FREE, ETC.) AND  
YOU CANNOT EAT CHEESE OR PEPPERONI PIZZA, PLEASE EMAIL  
[CSU@STUDENT.CONCORDIA.AB.CA](mailto:CSU@STUDENT.CONCORDIA.AB.CA) BY NOVEMBER 3



# h\_da

Hochschule Darmstadt University of Applied Sciences presents:

## German car craze

Find out why Germany is such a car-loving nation and take a virtual tour of one of the largest and most famous automobile manufacturers in the world, Mercedes-Benz, with us! Taking part is free of charge for you.



© Pixabay

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<b>When?</b>	Sunday, 28 November 2021 6:00 p.m. local German time (UTC+1) (see what time this corresponds to in your country <a href="#">here</a> ).
<b>Place:</b>	online – a Zoom link will be sent to you by email after signing up

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Signing up is easy – just write an email to [incoming.int@h-da.de](mailto:incoming.int@h-da.de).

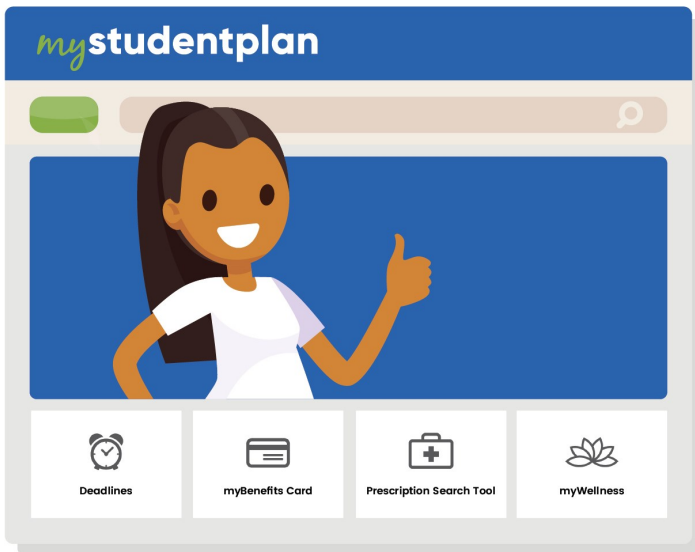
More info:





# Submit your claims online!

Visit [mystudentplan.ca](https://mystudentplan.ca).



[mystudentplan.ca](https://mystudentplan.ca)





# CUE Wellness-Pleasure Plaza

Welcome to **Pleasure Plaza** where the CUE community can access free sexual health resources in addition to condoms (internal & external), dental dams and lube. The sexual health display can be found on the **main level of the library** outside of the CUE Wellness office (L-265).

More info can be found on the CUE Wellness site [here!](#) Or scan the QR code





# safeTALK

## Suicide Alertness for Everyone

**A half-day workshop to learn  
the signs and how to get help  
for someone at risk of suicide.**

**[safeTALK link](#)**

Learning objectives:

- Move beyond common tendencies to miss, dismiss, or avoid suicide
- Identify people who have thoughts of suicide
- Apply the TALK steps (Tell, Ask, Listen, and KeepSafe) to connect a person with thoughts of suicide to suicide first aid intervention caregivers

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**Nov. 6<sup>th</sup>, 2021**

9am-12:30pm

AW 207 Design Thinking Centre

Cost: Free!

Contact: William Logan  
[William.Logan@concordia.ab.ca](mailto:William.Logan@concordia.ab.ca)



centre for  
suicide prevention

Centre for Suicide Prevention  
T 403 245 3900  
[osp@suicideinfo.ca](mailto:osp@suicideinfo.ca)

[suicideinfo.ca](http://suicideinfo.ca)  
@cspyyc





The award-winning Live Your Dream Awards program helps head-of-household women gain the resources they need to improve their education, skills and employment prospects.

### In Our Community

Thanks to the support of our generous donors and community supporters, Soroptimist helps local women achieve economic empowerment and live their dreams.



"Receiving a Live Your Dream Award helped lighten my financial burden. The award has allowed me to spend more time reaching my academic goals."

- Maisa, Soroptimist Live Your Dream Awards Recipient

### Around the Globe

Every year, Soroptimist distributes about **\$2.6 million** in education grants to almost **1,700 women** all over the world.



of Live Your Dream Award recipients completed their education and improved their standard of living



of recipients who completed their educational degree or certification secured higher-paying employment



of recipients report the award has increased their self-esteem

### Learn more about Soroptimist of Edmonton *Live Your Dream Awards*

Website: [www.siedmonton.org](http://www.siedmonton.org)

Soroptimist of Edmonton Contact: Anna Der

Email: [Soroptimistedmonton@gmail.com](mailto:Soroptimistedmonton@gmail.com)

Phone: 780.903.0426



SOROPTIMIST® Investing in Dreams



LIVEYOURDREAM.ORG®



SOROPTIMIST.ORG



**CUE SELF Defence Club &  
CUE Management Union  
Invite you to an event of**

# **PAINTBALL**

\$20 a ticket

**November 19, 2021**

**7pm at Paintball Action Games**

**4804 90 Ave NW, Edmonton, AB T6B 3J7**



Concordia Self Defence



Concordia Management Union

To purchase tickets, E-transfer to [csavpfinance@student.concordia.ab.ca](mailto:csavpfinance@student.concordia.ab.ca),

provide your Name, Email, and Quote **PAINTBALL 2021** tickets

**QUESTIONS? Email [Maclub@student.concordia.ab.ca](mailto:Maclub@student.concordia.ab.ca)**



## APPLY TO GRADUATE FOR JANUARY GRADUATION

Monday, November 15 is the last day for graduation candidates to submit their Application for a Concordia University of Edmonton Degree, Diploma or Certificate for January graduation - Regular university program

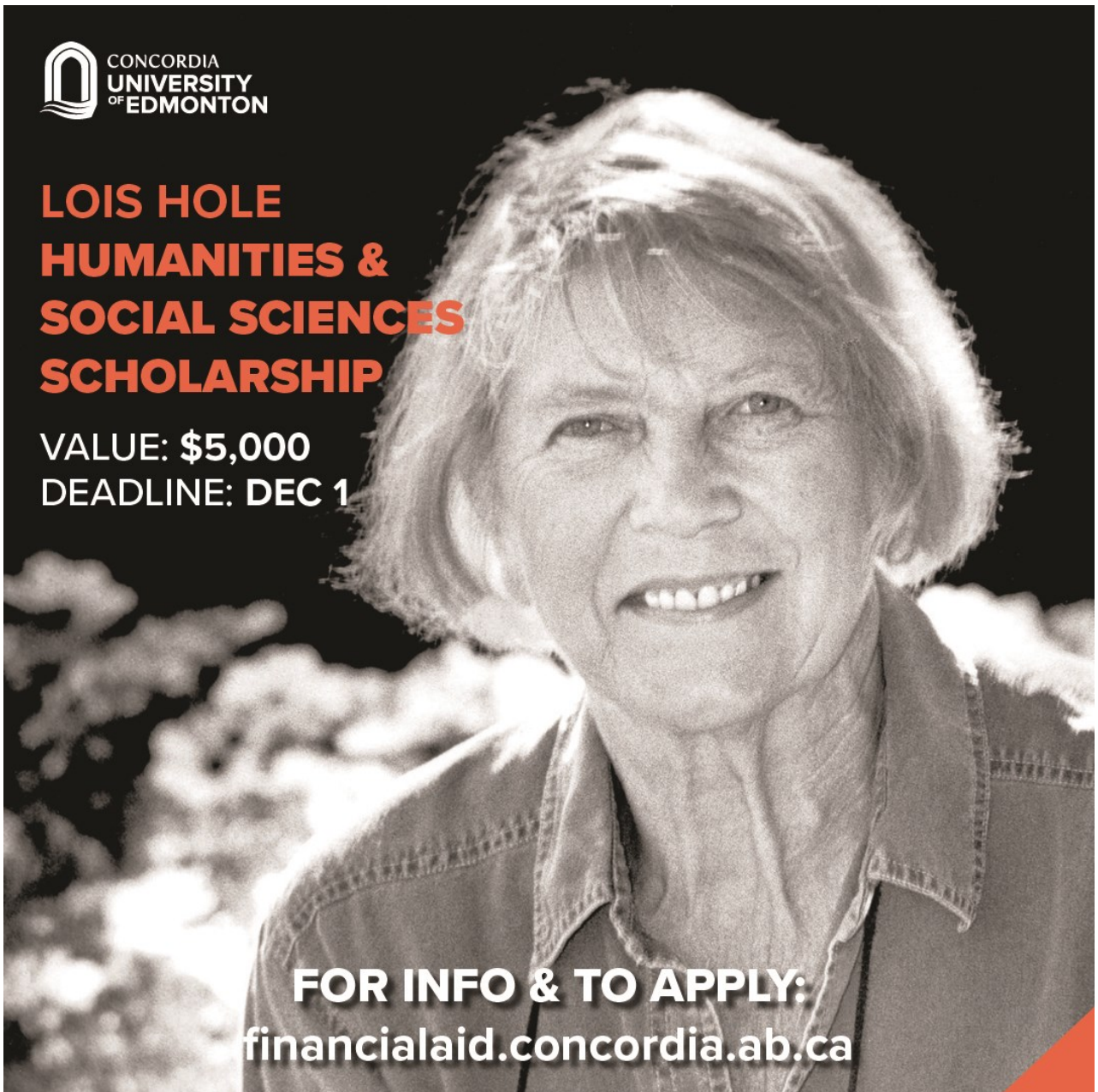
[Application for Graduation](#)



### LOIS HOLE HUMANITIES & SOCIAL SCIENCES SCHOLARSHIP

VALUE: \$5,000  
DEADLINE: DEC 1

**FOR INFO & TO APPLY:**  
[financialaid.concordia.ab.ca](http://financialaid.concordia.ab.ca)





# BECOME A MENTAL HEALTH FIRST AIDER

If you've taken a physical first aid course; you've learned the skills needed to help someone experiencing a sudden illness or injury.

People can also have mental health crisis, and it is important that more Canadians know how to provide help in these situations too.



*If I sprain my ankle, chances are you'll know what to do.  
If I have a panic attack, chances are you won't.*

**Mental Health First Aid** is offered to someone with an emerging mental health problem or in a mental health crisis until appropriate treatment is found or the situation is resolved.

**Register now to become a Mental Health First Aider:**

**COURSE NAME:** Mental Health First Aid Standard (Virtual)

**DESCRIPTION:** Participants will learn how to recognize signs that a person may be experiencing a decline in their mental well-being or a mental health crisis, and encourage that person to seek supports.

**DATE AND TIMES:** Monday, November 8, 2021; 9:00am-4:00pm plus a 2-hour self-directed module

**VENUE AND ADDRESS:** This virtual course is sponsored by CUE Wellness and is open to students, staff and faculty.

**COST:** FREE (\$250 value!)

**TO REGISTER, CONTACT:** Registration closes November 5: [tinyurl.com/CUENovMHFA](https://tinyurl.com/CUENovMHFA)

## What you can expect from this course:

- Gain the confidence and skills to engage someone with an emerging mental health problem or in a mental health crisis;
- Greater recognition of mental health problems;
- Decreased stigma; and
- Improved mental health for yourself.



CUE SELF DEFENCE, KAMIKAZE GYM,  
AND CUE PEER WELLNESS & SUPPORT

# WOMEN'S SELF DEFENCE SEMINAR

At Kamikaze Punishment Foundation Gym

"BE AN OPPONENT,  
NOT A VICTIM"

NOVEMBER 21,  
2021, 5PM

6740 121 AVE NW, EDMONTON, AB T5B 0Y6

5\$ A TICKET, LIMITED SPOTS FOR  
TWENTY PARTICIPANTS

TO PURCHASE YOUR TICKET, E-TRANSFER  
CSAVPFINANCE@STUDENT.CONCORDIA.AB.CA

AND PROVIDE YOUR NAME, EMAIL, & THE PHRASE OF "WOMENSEMINAR 2021"



WWW.KPFIT.CLUB

Self Defense Tactics Workshop

social wellness  
mental wellness  
courage  
grow  
support  
alcohol awareness  
sexual violence prevention  
peer support  
friendship  
drug awareness  
food & nutrition  
brave  
active living  
personal care  
balance  
physical activity  
learn  
strength  
safe talk



## PEER SUPPORT SCHEDULE

For More Information  
Click Here

2021

<b>MONDAY</b>	9 AM - 11 AM 12 PM - 1 PM*
<b>TUESDAY</b>	10 AM - 12 PM 1 PM - 2 PM
<b>WEDNESDAY</b>	9 AM - 11 AM 12 PM - 1 PM*
<b>THURSDAY</b>	11 AM - 12 PM 1 PM - 3 PM
<b>FRIDAY</b>	9 AM - 10 AM 12 PM - 2 PM

LOCATED AT THE STUDENT  
SUCCESS CENTRE ALSO  
\*VIRTUALLY

## CANADA COVID-19 SURVEY

Student Led Research: Please take the survey

<https://forms.gle/ZPBEudaF6EFKdiSo7>

Complete the survey gets an chance  
to win a \$5 gift card, it takes  
less than two minutes !





CONCORDIA  
UNIVERSITY  
OF EDMONTON

Office of  
Extension and Culture

A person's hands are shown holding a globe of the Earth. The globe is illuminated from the side, casting a glow on the person's hands and the surrounding dark background. The text 'CONCORDIA CONNECTS' is overlaid in large white letters, with 'GRANT FOR COMMUNITY AND CULTURAL ENGAGEMENT' in smaller white letters below it.

# CONCORDIA CONNECTS

GRANT FOR COMMUNITY AND  
CULTURAL ENGAGEMENT

The Office of Extension and Culture is pleased to call for our 3rd year, applications for the Concordia Connects Grant for Community and Cultural Engagement.

Two grants are available per year: \$3000 for Community Engagement and \$2000 for Cultural Engagement initiatives.

The deadline for 2021 applications is November 15th , 2021, the first Monday after Reading Week during the Fall Semester.

For further information, please visit: <https://concordia.ab.ca/external-affairs/office-of-extension-and-culture/funding-opportunities/> or email us at [extension@concordia.ab.ca](mailto:extension@concordia.ab.ca)

## Women in STEM Scholarship

Value: \$2500

Application deadline: December 31, 2021

The Women in STEM Scholarship supports women pursuing careers in STEM (science, technology, engineering and mathematics) and working to advance gender equality in their chosen field. Applicants must be a Canadian citizen, Permanent Resident or Protected Person, be a resident of Alberta and be studying full or part-time. Indigenous women, racialized women and women living with a disability are strongly encouraged to apply.

For information on eligibility and how to apply, visit [Women in STEM Scholarship](#). Submit the completed application form and all supporting documentation to Alberta Culture and Status of Women by Dec 31, 2021.

Have questions? Connect with Alberta Culture and Status of Women by email at [cmsw.swsi-admo@gov.ab.ca](mailto:cmsw.swsi-admo@gov.ab.ca)

*This is an external scholarship opportunity and is not administered by Concordia University of Edmonton.*

## Lois Hole Humanities and Social Science Scholarship

Value: \$5000

Application Deadline: December 1, 2021

An annual \$5,000 award to an undergraduate student enrolled full-time in the Faculty of Arts. The recipient must have completed a minimum of 30 credits at Concordia, be enrolled in the second or subsequent year of the program, demonstrate academic excellence, leadership and community service. The recipient must be a Canadian Citizen, Permanent Resident or Protected Person and an Alberta resident. This program was made possible by funding from the Government of Alberta.

How to Apply: Complete the [application form](#) and submit it along with all supporting documentation to the Financial Aid and Awards Office HA120 by the December 1, 2021 deadline.

## APPLY NOW

The [CUE Scholarships](#) online application opens **NOVEMBER 1st** (undergraduate awards)

Submit your online application at  
Online Services / Requests / Awards Application

Questions? Email us at [finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)



## ALBERTA BLUE CROSS SCHOLARSHIP FOR INDIGENOUS STUDENTS

**Value: \$1500**

The Alberta Blue Cross Scholarship for Indigenous Students is for students who have demonstrated community involvement and achievement of personal goals as well as shown financial need. Academic achievement will also be considered.



This scholarship is for students who have recently completed their high school education and entering their first year of post-secondary study at an accredited institution.

Application deadline: **JANUARY 15, 2022**

Visit the [AB Blue Cross website](#) for more information and application details.

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## ALBERTA BLUE CROSS SCHOLARSHIP FOR MATURE INDIGENOUS STUDENTS

**Value: \$1500**



The Alberta Blue Cross Scholarship for Mature Indigenous Students is for individuals who have demonstrated community involvement and achievement of personal goals as well as shown financial need. This scholarship is for students who are defined as “mature” by their post-secondary institution.

Application deadline: **JANUARY 15, 2022**

Visit the [AB Blue Cross website](#) for more information and application details.

***This is an external scholarship opportunity and is not administered by Concordia University of Edmonton.***

## HOW TO REQUEST A DEFERRED FINAL EXAM

A Deferred Final Exam request may be granted based on extenuating circumstances (eg. illness, family emergency), and the deferred exam’s format may be different than the original exam. Exam deferral requests are subject to deadlines.

Review [section 9.2.3 of the Academic Calendar](#).

Please apply using an [online form](#) for the appropriate course.