CUE WEEKLY NEWSLETTER



https://concordia.ab.ca/english-conversation-club/

INSIDE THIS EDITION:

- Buddy Up Challenge
- Pride Month
- Digital Student Exchange Program
- DRA 149 Summer Classes
- Fall Reopening Plans
- My Wellness.ca
- Financial Aid & Awards

STUDENT SURVEY- YOUR VIEWS ON THE COVID VACCINE

Ruqayah Dabiri-Olabisi, a student in Public Health at Concordia University of Edmonton is inviting other Post secondary students to complete a survey that investigates students' view and attitude towards the COVID vaccines. Your help in this study would be greatly appreciated. This information will help health professionals better understand and address students' COVID concerns and information needs. The survey will take about 5 minutes to complete. It is voluntary to take part in this project.

All information will be confidential.



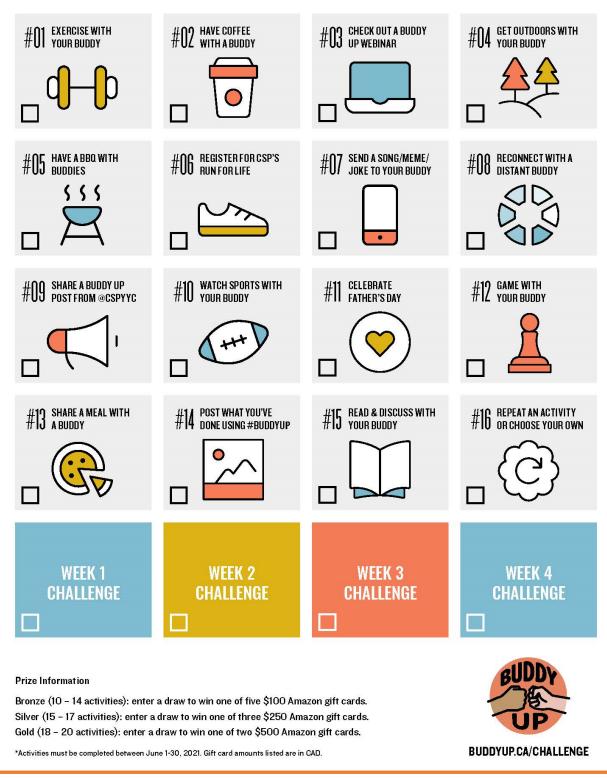
CUE's Mihalcheon School of Management is proud to host a golf tournament in honour of Concordia University of Edmonton's 100th anniversary.

Begin Survey

PARTICIPATE IN THE JUNE

BUDDY UP CHALLENGE

Visit buddyup.ca/challenge at the end of June to submit your activities.



June 2021 is Buddy Up Month! Are you participating in the #BuddyUp Challenge for men's suicide prevention? Challenge activities promote authentic conversations and wellbeing. To find out more, go to www.buddyup.ca. #BuddyUp. Are you thinking about suicide? Help is available. Call the Canada Suicide Prevention Service 1-833-456-4566. Available 24/7/365.

Join us in celebrating **Pride Month** with a **specially designed pride-themed package** to help celebrate the diversity, resiliency, love, and empowerment found within our **LGBTQ2 and allied communities**.

MacEwan Centre for Sexual and Gender Diversity and deVine's Wines & Spirits have created a unique way for you to celebrate Pride@Home. Each pride package features a variety of delicious and delightful items donated by local businesses and craft makers.

There are 2 package selections to choose from: **Boozy** and **Fizzy**. The Boozy package features a selection of adult beverages, snacks, sweets, and fun-filled pride items. The Fizzy package includes craft sodas, Cookies by George, treats, and pride-themed items.

Do not delay in pre-ordering as quantities are limited to **75 Boozy and 25 Fizzy packages** and first come first serve. Pride@Home packages are \$50.00 each + GST. *There are no substitutions of package content. All proceeds will be donated in support of the MacEwan Centre for Sexual and Gender Diversity which **collaborates with CUE Wellness** on events throughout the year.

To find out more and to order a kit, click **here!** Supplies are limited, so be sure to get yours soon! Questions? Contact <u>wellness@concordia.ab.ca</u>





International Virtual Academic Collaboration (IVAC)

OWL - Edmonton (Alberta, Canada)

Digital Student Exchange

Invitation

We CAN virtuOWL is a collaborative project of the Alberta OWL consortium, which consists of four higher education institutions from OWL (Bielefeld University, Bielefeld University of Applied Sciences, Paderborn University, OWL University of Applied Sciences and Arts) and four postsecondary institutions from Edmonton, Alberta (University of Alberta, MacEwan University, Concordia University of Edmonton, and NAIT).

In addition to virtual collaborative teaching and learning formats developed by lecturers from OWL and Edmonton, We CAN virtuOWL also offers a Digital Student Exchange Program exclusively for students from Alberta and OWL who are interested in intercultural exchange and would like to meet their peers outside the class.

The aim of the program is to enhance intercultural competences by enabling students to connect and interact with each other in a rather informal but no less engaging way. The program will be hosted by students and offers an opportunity for peer-to-peer learning and communication across borders and cultures in a fun and interactive way.

The program is designed as a mini-series with a total number of six sessions from May to July. All meetings will take place online via zoom. Students will receive a Certificate of Participation if they attend at least four of the six sessions.

<u>We CAN virtuOWL</u> -Digital Student Exchange

Part 1: Friday, May 28, 2021 5-5:30pm CET // 9-9:30am MT Part 2: Friday, June 4, 2021 5-5:30pm CET // 9-9:30am MT Part 3: Friday, June 11, 2021 5-5:30pm CET // 9-9:30am MT

Part 4: Friday, June 25, 2021 5-5:30 pm CET // 9-9:30 am MT Part 4: Friday, July 2, 2021 5-5:30 pm CET // 9-9:30 am MT Part 4: Friday, July 9, 2021 5-5:30 pm CET // 9-9:30 am MT Further information:

Digital Student Exchange We CAN virtuOWL Alberta-OWL

Join us via Zoom: Meeting-ID: 966 4993 9105 Security Code: 324216 Link: <u>https://fh-</u> bielefeld.zoom.us/j/9664993910 <u>5?pwd=bTlhMIQxOGxmY1ZKdHB</u> YbGo10U95UT09

Bundesministerium für Bildung und Forsthung

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DRA 149 - Introduction to Creative Process

3 credits. Prerequisites: None. Co-requisites: None. Summer 1 & 2 July 20 to August 19 Monday to Friday 9 – 12

DRA 149 Introduction to Creative Process Exploring speech, movement, and improvisation through acting, ensemble work, and theatre games, and participation in self-created dramas of different forms. This is a practical, performance based class. Some in person classes as possible.

Explore your creative side through theatre games, group work & improvisation. Learn to express yourself, build characters, tell stories (in real time & through a camera lens), and learn the building blocks of Drama.

DRA 149 is a prerequisite for all other drama classes and is required if you're a Drama Concentration or Minor.

Instructor: Dave Horak Award winning actor, director and teacher and Artistic Director of Edmonton's Freewill Shakespeare Festival.



"We always have lots of laughs and it's never a dull moment. Everyone is always so supportive!"

"I wasn't sure how I would like drama online but I've grown to love it. Everyone is so friendly and encouraging!"

"Excellent professors and excellent class content, even when COVID makes its virtual!"

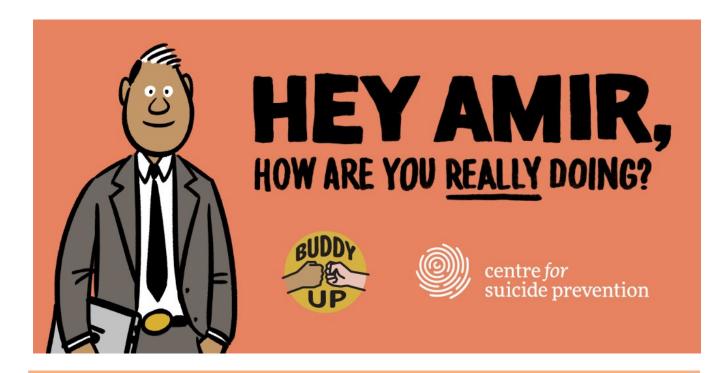
Also Offered:

Summer 2 August 3 to 19

DRA 252 (3) Fundamentals of Public Speaking Michele Fleiger M to F 9–12 Basic techniques of oral communication and public speaking with an emphasis on speech construction and delivery. Prereq: 2nd year standing required.

> For more information on these and other Drama courses: <u>http://drama.concordia.ab.ca/</u>





Throughout June, participate in the #BuddyUp Challenge by completing activities that promote mental wellbeing and drive connection with others. There will be a draw for some amazing prizes!

Learn more and register at: <u>https://www.buddyup.ca/become-a-champion/june-2021/</u>

Have you seen the CUE Wellness google site? It is constantly being updated with new events and resources. Click <u>here</u> to check it out...and please spread the word!

Is someone you know or love struggling with mental illness?

Visit **mywellnessplan.ca** and take a free mywellness mental health assessment.



Financial Aid and Awards

Student Loan Application Assistance

The 2021-2022 AB Student Loan application is now available!

Whether this is your first time applying or you are looking for some extra support to complete your application, booking an online student loan appointment with one of our Financial Aid Advisors can help ensure that your application is submitted without errors.

<u>Click here</u> to book an online appointment.

Check out the following community offerings for financial resources and wellness!

Credit Cards & Prepaid Cards

June 8 @ 7:00 pm - 8:00 pm Register <u>here</u>

If you are new to credit cards and prepaid cards, feel overwhelmed by all the rules and options or want some advice from a financial expert, join us for this class to learn all about:

- How to get most from your credit card
- The difference between 'good' and 'bad' prepaid cards
- How to figure out the real cost of using credit

Get Smarter About Money: Financial Literacy 101 videos

<u>Click here</u> to learn more.

GetSmarterAboutMoney.ca is an Ontario Securities Commission (OSC) website that provides unbiased and independent financial tools to help you make better financial decisions. This series of videos covers different financial literacy topics., including:

- What is an RRSP?
- What is a TFSA?
- What is a mutual fund?
- Why open an RRSP?
- What is an RESP?

Money Mentors' free financial education programs give you the tools to get out of debt, save money and b come financially stable. We are not currently offering in-person classes to limit the spread of COVID-19, but online courses are still available.

You can win \$500! To learn more, click here

To learn about the Covid-19 Financial Supports: click here







Webinar: Five Good Ideas to build your finance toolkit

June 15, 2021 11:00 MDT Register <u>here</u>

Jeff Szeto, Chief Financial Officer at Avana Capital Corporation and Maytree, will be speaking on five good ideas to have in your finance toolkit that can help you build and maintain a strong financial foundation.

Credit isn't just for university courses.

Credit is a form of borrowing money. You pay back the lender (such as a bank or a car dealership) both principal and interest.

The principal is the original amount you borrowed, and the interest is an additional charge that compensates the lender for the use of their money.

Financial Tips:

Money tips for the gig economy click here

Financial Consumer Agency of Canada (FCAC) Tools: no-cost and low-cost bank accounts and account comparison tool

Have questions about student loans, scholarships, or bursaries? Ask us!

<u>Click here</u> to book a Google Meet online advising appointment with a Concordia financial aid advisor. Our Financial Aid and Awards office is open throughout the spring and summer months.

Financial Aid & Awards Office Email: finaid@concordia.ab.ca Website: financialaid.concordia.ab.ca

