

Now Recruiting Students for the Peer Wellness & Support Team 2021/22

Peer Wellness & Support student volunteers offer a variety of events, activities, campaigns, workshops, supportive listening and other exciting initiatives throughout the year focused on wellness. Peer Wellness & Support Team members are expected to commit to **5 hours per week** to participate in campus mental health and wellness initiatives during the fall 2021 and winter 2022 semesters. Team members will receive about **70 hours of training** throughout the summer and then have the opportunity to specialize in one or more pillars of wellness such as:

Food & Nutrition

Social & Mental Wellness

Alcohol & Drug Awareness

Sexual Health & Sexual Violence Prevention

Active Living & Physical Activity

Social Media & Website

Peer Supportive Listening

Based on areas of interest, responsibilities may include: developing and/or facilitating workshops; creating displays, resources or writing articles on various wellness topics; organizing events and campaigns; creating and managing content on Peer Wellness & Support social media platforms and CUE Wellness google site; graphic design; supportive listening; policy development; etc.

Benefits of being part of the Peer Wellness & Support Team include: (1) real life skills, training and practical experience, (2) a boost to your Co-Curricular Record, resumé and potential grad application, (3) additional training opportunities in the fields of mental health and health promotion.

To apply...

Fill out the online application [here](#).

Selected students will be invited to an in-depth conversation about their suitability, availability and commitment to the program. Successful applicants will be required to get a Vulnerable Sector Police Information Check (cost reimbursed). **Recruitment closes April 30th.**

For more information...

Contact wellness@concordia.ab.ca or peersupport@concordia.ab.ca