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CONCORDIA UNIVERSITY OF EDMONTON | Office of Extension and Culture

RENEWABLE AND SUSTAINABLE ENERGY MANAGEMENT BEGINS MARCH 1, 2021

INFO SESSION
Thursday
February 25
at 12 noon
Learn about the course and see if it's right for you

FOR MORE INFO

Details and registration: tinyurl.com/oec-energygmt

Emotional Freedom Technique (EFT)

Join us for 10 minutes each week online to practice EFT tapping together! No registration required, just drop by!

EFT Tapping simply involves tapping on our bodies to release tension. Research shows EFT tapping can significantly reduce anxiety, inflammation, and stress.

We can't promise any medical miracles but we promise a welcome space to learn more and practice together!

Every Wednesday 2-2:15pm
tinyurl.com/EFT-CUE

LIBRARY HOLDS

Books from CUE & other NEOS libraries (U of A, MacEwan, NorQuest, etc.) can be requested and picked up Hole Academic Centre's security desk when they're placed on hold.

When picking up your holds, please ensure the following:

- You've received a confirmation email from the library
- Bring your CUE ID card with you
- Follow all of CUE's Protocols for On-Campus Attendance

Please note: only current CUE students, staff and faculty can pick up their holds from CUE's campus. CUE students, staff, & faculty can only pick up their holds from CUE's campus.

CONCORDIA UNIVERSITY OF EDMONTON | Have questions about holds? Ask us! www.concordia.ab.ca/library

Bullying stops here!

Being bullied at any age can have a severe impact on your mental health.

Pink Shirt Day is February 24th, 2021.



 mywellnessplan.ca



Chris Benedict Award

Awarded to a student who has a positive outlook towards school and life and has demonstrated perseverance in the face of adversity while inspiring others to also succeed when facing adverse conditions.

Donor: Concordia Students' Association



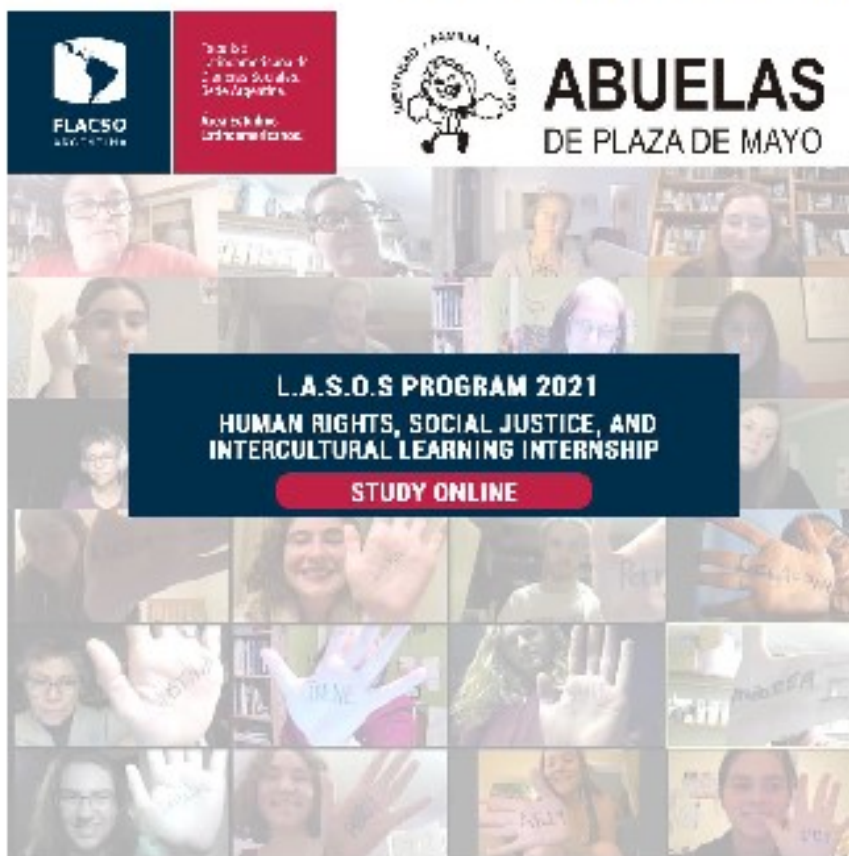
For more information and to apply, visit:
financialaid.concordia.ab.ca

Value: \$1000

Application Deadline: March 15th, 2021



Virtual Internship Opportunity



This internship is a ten-week educational opportunity for students to collaborate with CUE's partner university FLACSO and the internationally recognized human rights association, the Abuelas (Grandmothers) de Plaza de Mayo.

Students support the Abuelas' work by translating information regarding the search for missing grandchildren, contribute to a bilingual glossary of terms used in the cases, and participate in meetings with representatives of the association where they learn about the history of human rights in Argentina. Along with their internship tasks, they participate in Spanish classes and intercultural activities to learn about Argentina's language and culture

Eligibility

No GPA requirement
Medium to intermediate level of Spanish

Program Cost
\$800

Application Deadline
March 5, 2021

Program Requirements

Computer
Stable Internet Access
Weekly availability of approx. 6 hours

Application Requirements

Resume
Letter of Intent
Description of how the experience will impact your future plans

Application deadline is March 5th, 2021. Please contact the International Office (international@concordia.ab.ca) if you are interested in this program or if you have questions.



Are you interested in poverty reduction, food security, housing and homelessness, livable incomes, and other issues that affect vulnerable populations?

Edmonton Social Planning Council Wants YOU!

ESPC conducts social policy research to deepen community understanding of social planning issues, influence decision-makers, and spark collaborative actions that lead to positive social change. We are dedicated to encouraging the adoption of equitable social policy. Our work speaks to the local context and has been of particular interest to academic researchers, policy analysts, elected officials, and the general public at large. Since 1940, we have been a leader in rigorous research and advocacy that has helped build strong communities.

Edmonton Social Planning Council (ESPC) is always on the lookout for volunteers to get involved! This could include volunteer assistance with research projects, contributions to our *Research Update* and/or *fACTivist* newsletter, and many other opportunities.

The research and writing you would contribute provides an invaluable opportunity for your exposure to practical applications. You will also have the chance to work closely with our experienced staff, providing you with research support, editing, and mentorship. ESPC work is often cited by academics, advocates, and other experts, increasing your potential for professional exposure. This is great experience you can add to your resume.

We Have Resources You Can Use

Our reports can even help guide your research! Check out our recurring publications such as the *Alberta Child Poverty Report*, *Tracking the Trends*, and *A Profile of Poverty in Edmonton*. We've also published important research on topics such as long wait times for tenants seeking rental assistance, robust public engagement strategies for affordable housing developments, and ways to reduce social isolation among Indigenous seniors.

Want to Find Out More?

Please visit www.edmontonsocialplanning.ca or contact us at info@edmontonsocialplanning.ca

Your Student Plan is Active! Mobile and online claims for GroupNet by Canada Life.

Register here at:

gwl.greatwestlife.com/MyRegistration

For plan details and benefits card:

mystudentplan.ca/csa/en/home

To contact the Plan Coordinator email:

concordiaplan@mystudentplan.ca

Plan number = 166175 Member ID = Student ID

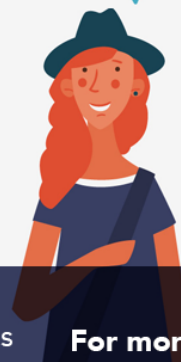
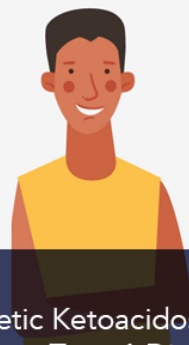
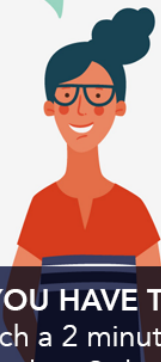
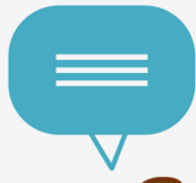


mystudentplan.ca



Are you between 18-24 and a Canadian resident?
WHAT DO YOU KNOW ABOUT TYPE 1 DIABETES?

Please take our
SURVEY



ALL YOU HAVE TO DO IS:

- Watch a 2 minute video on Type 1 Diabetes and Diabetic Ketoacidosis
- Complete 2 short 10 minutes surveys over 30 days about Type 1 Diabetes

**For more information, or
to complete the survey:**

YOU COULD WIN 1 OF 5 \$50 PREPAID VISA CARDS!



<https://bit.ly/32ls2X7>

Feeling stressed? Overwhelmed?

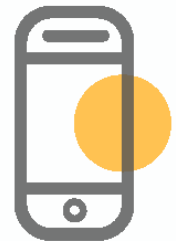
Going through some stuff or just need someone to talk to?

TALK TO A PEER SUPPORTER!

We're students trained to provide a confidential, nonjudgmental, safe space for you to talk about anything. We can offer you referrals to other services and help you figure out your next steps.



We're here to listen! 1:1 Support. No appointment needed. Just follow the link: **concordia.ab.ca/counselling-services** during the following hours:

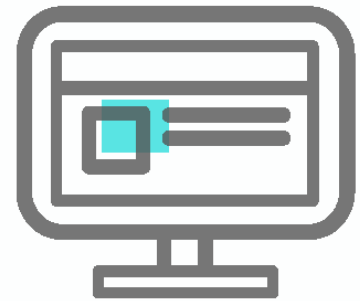


Mondays - 3pm to 5pm

Wednesdays - 1pm to 3pm

Thursdays - 10am to 12pm


Fridays - 3pm to 5pm




You can use the "Chat with us here" box to talk to one of our Peer Supporters. Feel free to also follow our social media accounts. We are here for you!



Reach out and connect with us at:

@peersupportconcordia 

CUE Peer Support Program 

peersupport@concordia.ab.ca 