CUE WEEKLY NEWSLETTER



Register: www.tinyurl.com/ikrc-swain

Are you looking for help starting an essay? Have you got questions about academic writing? The Writing Centre is available to help you. **Book an online appointment today!**



finaid@concordia.ab.ca

INSIDE THIS EDITION:

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IMPORTANT DATES:

- Feb. 15-Family Day: Campus closed
- Feb 15-21-Winter Reading Week, no classes Regular university program
- Monday, March 1– Fall/winter registration begins









CONCORDIA STUDENT'S ASSOCIATION



Nominations

Feb 8th - 19th

Email: csavpacademic@student.concordia.ab.ca to pick up nomination packages

Speeches

Feb 25th & 26th IG TV @ 7pm Attend for a chance to win CSA Swag Bags!

Debates

March 5th Google Meet @7pm Google Meet: https://meet.google.com/oti-qfur-brc

Voting

March 8th-9th Student will recieve an email ballot.



Financial Aid and Awards



It's Tax Season!

While you are a student, you will receive special tax forms that reflect your income and expenses.

Online Information Session: "Doing Your Taxes – Students: What's In It For You?" February 25, 2021 @ 12:00 pm Email <u>finaid@concordia.ab.ca</u> to request a link!

T4A

If you received grant or scholarship money in 2020, you will receive a T4A. A T4A is a statement of income for grants, scholarships and awards related to your education and is applicable if you received \$500 or more from a combination of those sources over the previous tax year. Student loans are not considered income and so T4As are not issued for student loan funding.

Most T4A's are electronic documents which you will need to retrieve.

Where to get your T4As:

Scholarships & Bursaries processed through CUE: Online Services for Students

Alberta Grants or Awards/Scholarships: your Student Aid account

Canada Student Grant for Full-time students: NSLSC Online Services

Tax Receipts:

Tax receipts are issued to students who paid interest on a student loan. A 17% tax credit is available on the interest portion of Alberta Student Loan and Canada Student Loan payments!

Tax receipts for interest paid on your Alberta student loan: <u>MyLoan</u> Tax receipts for interest paid on your Canada student loan: <u>NSLSC Online Services</u>

T2202

A T2202 is an income tax receipt issued if you paid tuition fees that are eligible to claim on your income taxes. Log into <u>Online</u> <u>Services for Students</u> to retrieve your T2202.

T2202 & T4A will be available through Online Services for Students by end of day February 28, 2021.

If you need help with your taxes, contact the Canada Revenue Agency.

For a Guide to student aid tax forms visit Alberta Student Aid



CONTACT US Email: <u>finaid@concordia.ab.ca</u>

Visit financialaid.concordia.ab.ca to book a Google Meet virtual advising appointment

Financial Aid and Awards

Leadership Scholarships!

Consider applying for leadership scholarships this month. Award values: \$1000 & \$2000. Full-time domestic undergraduate degree students registered in both the fall and winter term may apply. Refer to scholarship applications for full criteria. For more information and to apply, visit our <u>Financial Aid and Awards website</u>

Deadline to apply: February 15th, 2021



Visit our Financial Aid & Awards website to learn more about...UPCOMING DEADLINES and EVENTS

<u>Laurence Decore Award for Student Leadership</u> – February 15th, 2021 <u>Dr. Gary McPherson Leadership Scholarship</u> – February 15th 2021

<u>Canada Revenue Agency's Info Session</u> – CRA WebEx Presentation – "Doing Your Taxes. Students: What's in It For You?" – February 25th, 2021





Alberta Culture, Multiculturalism and Status of Women is happy to announce the new **Leaders in Equality Award of Distinction (LEAD) Program** to assist women and gender-diverse Albertans to pursue fulfilling careers. The program will provide more opportunities for under-represented Albertans to apply their talents in a wide range of pursuits – from science, technology and trades to the arts – helping to build the workforce of the future in Alberta.

Value: \$2500

Who can apply?

- students registered (full or part-time) in an undergraduate or graduate program at an approved Alberta post-secondary institution
- students who are residents of Alberta and are a Canadian citizen, Permanent Resident or Protected Person (visa students are not eligible)
- Indigenous students, racialized students and students living with a disability are strongly encouraged to apply
- Students of any gender

The Leaders in Equality Award of Distinction (LEAD) Program is now accepting applications from students eager to make a difference in their communities.

The scholarship program consists of two funding streams:

- 1. Women in STEM Award stream open to women under 30 years of age pursuing studies in science, technology, engineering and mathematics, and
- 2. **The Persons Case Scholarship stream** for anyone pursuing studies to advance gender equality.

The first intake deadline for the scholarship is February 21, 2021

To view the complete scholarship criteria and to apply, visit the program website.

CUE CAREER SERVICES

Book an appointment with Career Services

Students & Alumni can book Career Services appointments online!

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Book your virtual appointment or drop-in advising spot <u>here</u>.

Develop strategies for your job search, resume, cover letter, LinkedIn profile, job interviews, career exploration and more!

https://concordia.ab.ca/student-services/career-services/contact-us/ Learn more about how Career Services can support you by emailing careerservices@concordia.ab.ca



The Washington Centre

Gain internship experience (virtually) this summer!

Early application deadline: Feb. 17, 2021

To learn more, email: careerservices@concordia.ab.ca

Or see the TWC website:

https://twc.edu/programs/virtual-internship-program-international-students

The Washington Centre

https://twc.edu/programs/virtual-internship-program-international-students

Feeling stressed? Overwhelmed? Going through some stuff or just need someone to talk to?

TALK TO A PEER SUPPORTER!

We're students trained to provide a confidential, nonjudgmental, safe space for you to talk about anything. We can offer you referrals to other services and help you figure out your next steps.

We're here to listen! 1:1 Support. No appointment needed. Just follow the link: **concordia.ab.ca/counselling-services** during the following hours:

> Mondays - 3pm to 5pm Wednesdays - 1pm to 3pm Thursdays - 10am to 12pm Fridays - 3pm to 5pm



You can use the "Chat with us here" box to talk to one of our Peer Supporters. Feel free to also follow our social media accounts. We are here for you!



Reach out and connect with us at:

@peersupportconcordia 🖸

CUE Peer Support Program

peersupport@concordia.ab.ca ወ





The HPV Vaccine Project

Important Update To Start the School Year - HPV-9 Vaccine expansion in the Public Program in Alberta

What is HPV (Human Papillomavirus)?

- □ HPV is highly contagious and the most common sexually transmitted infection (STI) in the world.
- 8 out of 10 people have or will be infected with HPV within their lifetime.
- Anyone who has any kind of sexual contact with another person involving oral, genital, or anal contact can get HPV.
- □ Sexual intercourse is not necessary to get infected.

The Facts...

- □ HPV may cause a wide variety of cancers in both men and women.
- □ HPV doesn't always show symptoms.
- □ Highest prevalence is concentrated among people aged 20-24 years exactly the CUE demographic!

If you did not get the HPV-9 vaccine in Grade 6, you can still get it for free up to and including age 26 years. Contact a Public Health Centre Office in Alberta near you. If you can't get this vaccine for free, CUE's *mystudentplan* covers 80% of the vaccine.



— A YEAR TO — REMEMBER

GET EXCITED. GET INSPIRED. GET READY FOR GRAD PORTRAITS



Concordia University

Portrait Sittings: Feb 16-18, 2021

Notes: Portrait sittings are approximately 30 minutes. If this is your first set of photos or you would like an additional set to purchase, the sitting fee is \$20

Covid-19 Precautions

In order to ensure your safety and that of our staff we have made a few adjustments to our operations:

If you are experiencing any symptoms related to Covid-19, as outlined by Alberta Health Services, please do not come to your appointment, we will be happy to reschedule you at a later date.

Please arrive outside of our location 5 minutes prior to your appointment however, do not come into our location until your appointment time. Only the graduate will be allowed into the photography area.

At this time we will not be including pets, friends or family members in portrait sittings.

We will only be accepting debit and credit for payment of sitting fees.

The use of props provided by Lifetouch is voluntary, we have implemented safety protocols for sanitizing props or will provide one time use props for each sitting. Graduates may bring appropriate props to be included in their sitting.

We will be providing sanitizied gowns for your sitting however we will not be providing graduation caps at this time.

Booking Link: Lifetouch Graduation Portraits / Plan & prepare for your session at **lifetouch.ca/northernalberta**



If you have any questions regarding booking an appointment or what to expect please contact us: Edmonton: 780-437-2431



Emotional Freedom Technique (EFT)

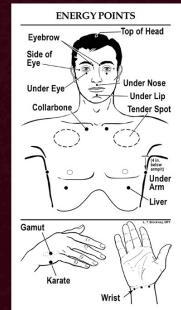


Photo: mindfuleft.com

CONCORDIA UNIVERSITY

Join us for 10 minutes each week online to practice EFT tapping together! No registration required, just drop by!

EFT Tapping simply involves tapping on our bodies to release tension. Research shows EFT tapping can significantly reduce anxiety, inflammation, and stress.

We can't promise any medical miracles but we promise a welcome space to learn more and practice together!

Every Wednesday 2-2:15pm tinyurl.com/EFT-CUE EDMONTON | Wellness

Chinese Culture and Language Summer Programme 2021

CUE's international partner, The Education University of Hong Kong, would like to invite CUE students to participate in the *Chinese Culture and Language Summer Programme 2021* offered from 30th June to 30th July, 2021! This is a free virtual summer programme for students interested in learning fundamental Mandarin, Chinese and Hong Kong culture. In addition to taking a 3-credit Chinese class, participants will take part in seminars and interactive virtual activities to enjoy different cultures.



The programme schedule can be found below for your information.

Title	Synopsis	Credit Point	Period	Weekly schedule	Duration (HK Time; GMT +8)	Duration (MT Time; GMT -6)
Orientation	Welcoming from EdUHK. Introduction to Hong Kong and EdUHK	0	30 June 2021	Wednesday	10:00am- 12:00 (TBC)	7:00pm- 9:00pm (TBC)
Mandarin for Non- Chinese Speakers	This is a course intended for beginners of Chinese. It aims to provide students with a good foundation in Chinese (Official Language of China/Putonghua/ Mandarin) and the culture of the Chinese speaking world, with the main focus in developing students' oral communication skills. It also aims to familiarise students with basic Chinese characters, words and sentenc- es. After the completion of this course, students will be able to interact with others to perform basic function in simple Chi- nese.	3	2 – 30 July, 2021	Tuesday, Thursday, Friday	09:30am- 12:20pm	08:30pm- 09:20pm
Cultural Exchange	To introduce Hong Kong culture and Chinese linguistics via seminars. To share traditional customs and languages through different activities.	0		Wednesday	10:00- 12:00 (TBC)	7:00pm- 9:00pm (TBC)

If you are a registered CUE degree-seeking student and interested in a taste of Chinese language and Hong Kong culture, please email the Centre for Chinese Studies at <u>extension@concordia.ab.ca</u>.

The deadline for application is 10 February 2021.

Take care of yourself, use your paramedical practitioner coverage.

Visit mystudentplan.ca for more information.



QUESTIONS ABOUT CSA HEALTH & DENTAL PLAN? Contact: Cheryl Johnson

Student Benefit Plan Coordinator E: concordiaplan@mystudentplan.ca Visit: mystudentplan.ca



mystudentplan.ca