

## ★ATTENTION★

PLANNING TO APPLY TO THE  
AFTER ED PROGRAM?

STRENGTHEN YOUR APPLICATION  
WITH A RECORD OF THE  
VOLUNTEER WORK YOU'VE DONE  
ON CAMPUS.

## CO-CURRICULAR RECORD



VISIT CAREER  
SERVICES



<https://concordia.ab.ca/student-services/career-services/>

## INSIDE THIS EDITION:

- Visit [mywellnessplan.ca](http://mywellnessplan.ca)
- Financial Aid and Awards
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- Book an Appointment with Career Services
- Skirt A Fire- Volunteer Opportunities
- Ted Rogers Conference



SHARE YOUR FAVORITE  
**HOLIDAY LIGHTS**



Submit a video of your favourite holiday lights  
to [slhenry@student.concordia.ab.ca](mailto:slhenry@student.concordia.ab.ca) by Dec 20th

*80% of success is just showing up.  
Apply for scholarships!*

## CUE SCHOLARSHIPS

50+ SCHOLARSHIPS,  
1 ONLINE APPLICATION

APPLY ONLINE BY JANUARY 15  
MORE INFO AT [FINANCIALAID.CONCORDIA.AB.CA](http://FINANCIALAID.CONCORDIA.AB.CA)



# Mental health problems do not take a break over the holidays.

For some the holidays can be a lonely and stressful time. Visit [mywellnessplan.ca](https://mywellnessplan.ca) and get the support you need.



[mywellnessplan.ca](https://mywellnessplan.ca)



# Coverage details, claims or questions?

Visit [mystudentplan.ca](https://mystudentplan.ca) for assistance.



[mystudentplan.ca](https://mystudentplan.ca)



# Financial Aid and Awards



## CUE Scholarships

Looking for undergraduate scholarships?

Consider applying for CUE Scholarships this month. Awards range in value from \$350 to \$3,000. Full-time domestic and international undergraduate degree students registered in both the fall and winter term may apply. Only one online application to submit!

To apply: [Online Services/Requests/Awards Application](#) Deadline to apply: **January 15th, 2021**

### Did you know that...

- CUE Scholarships are free money to help pay for your education and/or living expenses while you study
- You can apply for all 50+ CUE Scholarships by submitting only one application online
- Scholarships look great on a resume
- Scholarships are no longer considered taxable income under federal legislation

### Visit our Financial Aid & Awards website ([financialaid.concordia.ab.ca](http://financialaid.concordia.ab.ca)) to learn more about...

- ⇒ [Alberta Graduate Excellence Scholarship](#) (\$11,000) - Deadline January 15, 2021 (graduate level studies)
- ⇒ [CUE Scholarships](#) - Deadline January 15, 2021 (for full-time undergraduate students)
- ⇒ Full-time and part-time AB student loan application options for the Winter semester, Spring term and Summer term
- ⇒ Have previous student loan debt and not applying for more this year? Be sure to let your student loan lenders know you are back in school full-time by completing the appropriate interest-free forms.

### Government Student Aid | GRANT MONEY! [www.studentaid.alberta.ca](http://www.studentaid.alberta.ca)

In response to the Covid-19 pandemic the maximum amount of Canada Student Grants will be doubled for the 2020-2021 academic year. The Canada Student Grant for Full-Time Students will increase up to a maximum of \$6,000 and the grant for part-time studies to \$3,600. For those students who have NOT yet applied for government student aid this year, a Concordia financial aid advisor can help you identify if you are eligible for grant funding and explain how to request grants only, no student loans when you apply.



CONTACT US  
Email: [finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)

Visit [financialaid.concordia.ab.ca](http://financialaid.concordia.ab.ca) to book a Google Meet virtual advising appointment

# Get answers and advice from library staff while you're at home!

Our chat and text messaging services provide you with expert help without the need for you to come to the library in person.

Mon - Fri: 8:30 am - 8:30 pm

Sat: 10:00 am - 4:00 pm

Sun: 1:00 pm - 6:00 pm



Text message:  
780 800 7330



Online chat:  
[concordia.ab.ca/library](https://concordia.ab.ca/library)



Email:  
[library@concordia.ab.ca](mailto:library@concordia.ab.ca)

<https://concordia.ab.ca/library/help/ask-a-librarian/>



## NEW EXAM STRESS RESOURCES!

Peer Wellness has developed some timely and useful resources. Take a few minutes to check them out and share with students, peers and colleagues!

[How to Deal with Exam Stress](#)

[How to Deal with Holiday Blues](#)

Our friends at NorQuest College also have a great self-guided workshop on [Tackling Test Anxiety](#) that's worth a look!



**\*\*Please note:** some of the campus resources listed in the workshop are specific to Norquest but CUE's resources are listed in the How to Deal with Exam Stress link above.

Questions? Contact [wellness@concordia.ab.ca](mailto:wellness@concordia.ab.ca)



**CONCORDIA  
PSYCHOLOGY  
CLUB**



# From Student to Student

We are looking for Concordia Psychology students who can share their stories and tips on how to get the most out of your psychology undergraduate experience !

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**DEADLINE FOR SUBMISSIONS :  
DECEMBER 15, 2020**

Chosen submissions will be shared on Concordia Psychology Club's Instagram page in January 2021

Continued next page



# Are you interested?

## YOUR SUBMISSION SHOULD INCLUDE:

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1. A brief and formal paragraph answering most of the following questions:

- What is your story as a undergraduate student at Concordia?
- What tips or methods help you achieve success during your undergraduate degree? ( time managment, study methods, etc.)
- What advice do you have for your fellow peers, especially first year psychology undergraduate students?

2. A school appropriate photo of your self, which represents you and CUE in a positive and professional way

- Keep in mind, your photo will be shared on Concordia Psychology Club's instagram page
  - For example photos of you around the CUE campus, or of you hiking, or even a headshot, are all acceptable.
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Send in your submissions to

[concordiapsychologyclub@student.concordia.ab.ca](mailto:concordiapsychologyclub@student.concordia.ab.ca)

For any questions, email [concordiapsychologyclub@student.concordia.ab.ca](mailto:concordiapsychologyclub@student.concordia.ab.ca) or call (780) 938 5599 and ask for Sainthavi.

*CUE CAREER SERVICES*

# Book an appointment with Career Services

**Students & Alumni can book  
Career Services appointments  
online!**

Book your virtual appointment or  
drop-in advising spot [here](#).

Develop strategies for your job  
search, resume, cover letter, LinkedIn  
profile, job interviews, career  
exploration and more!

**Learn more about how Career  
Services can support you** by emailing  
[careerservices@concordia.ab.ca](mailto:careerservices@concordia.ab.ca)





## **Board of Directors and Committee opportunities (volunteer)**

### **Description of Charity:**

SkirtsAfire is Edmonton's only multidisciplinary arts festival featuring and elevating the work of women and those who identify as women in the arts. Each year we continue to expand our festival and grow as a team: we ask ourselves how we can do better, think bigger, and empower artists and audiences through the community we've created.

**Role:** Make a difference! Consider joining the Board of Directors and/or one of our Committees. You'll be working with a dynamic, fun and inclusive team to help advance governance, structures, and processes that will guide the organization in its growth. As a Committee member, you'll be supporting the Board in planning and executing various strategies.

Time commitment is approximately 6 hours per month for meetings, committee work and events.

### **Qualifications:**

- Leadership, management or professional background in either finance, accounting, human resources, legal, marketing, fundraising, communications or public relations. Individuals working toward a designation are welcome to apply.
- Experience with non-profit Board governance and funding is an asset, or an interest to grow experience in this area.
- Ability to fulfill the time commitment and responsibilities of the role.
- Motivated and inclusive team player.

**Term:** Two-year term.

**Contact:** To apply, submit your resume, and cover letter to: [hr@skirtsafire.com](mailto:hr@skirtsafire.com). In your cover letter, we invite you to describe the actions or abilities you've demonstrated in your volunteerism and/or work and life that would support the SkirtsAfire vision and mission.

Visit the rest of our website to learn more about SkirtsAfire, and to review the job descriptions for the Board and each of our committees.

[Board Member Job Description](#)

<https://skirtsafire.com/board-member-job-description/>

[Casino Committee](#)

<https://skirtsafire.com/casino-committee-job-description/>

[Membership Committee](#)

<https://skirtsafire.com/membership-committee-job-description/>

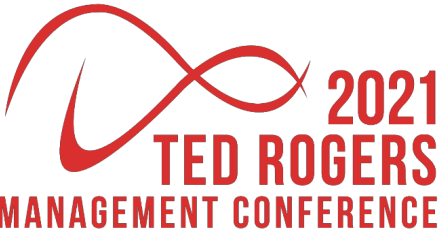
[Fundraising Committee](#)

<https://skirtsafire.com/fundraising-committee-job-description/>

[Human Resources Committee](#)

<https://skirtsafire.com/hr-committee-job-description/>

Thank you for your interest! We're excited to learn more about you.



# 2021 TED ROGERS MANAGEMENT CONFERENCE

The Ted Rogers Management Conference (TRMC) is organized by a team at the Ted Rogers School of Management at Ryerson University in Toronto. It is one of the most prestigious undergraduate student conferences in North America and typically takes place in Toronto during the month of March. In 2021, however, TRMC will be taking place **virtually (online)** from **March 4th - 6th, 2021!**

At the conference, the world's brightest undergraduate students and many high-profile professionals come together for 3 days of workshops, networking, keynote speaker events, a case competition, and other exciting activities!

**Undergraduate students from all faculties** are welcome to apply regardless of their program of study as long as they will be **at least 19 years of age at the time of the conference.**

Delegate applications are open until November 30th, 2020 for Canadian delegates, and until **January 10th, 2021 for international delegates**, through the following link: <https://ryersontrmc.ca/apply/>

When applying, it will ask you to indicate an External Campus Ambassador referee in the drop-down menu. Select "**Christian Potolicki**", who is CUE's External Campus Ambassador for TRMC 2021.

There are a limited number of delegate positions available for the conference, and all applications will be evaluated through a blind application process to remove any biases in delegate selection. The quality of your application will be the only thing that the 3rd party application reviewers will be considering, not who you know or your school.

If you are successful in your application for a delegate position, the cost for the conference will be about **\$45 CAD for students attending Canadian universities**, and **\$25 USD for students attending international universities outside of Canada.**

It is rumoured that the delegate packages TRMC is preparing for domestic delegates will surpass this dollar amount in terms of value, so the conference will definitely be worth it in that sense, never mind the unique activities and networking opportunities involved in the conference itself!

**Applying is FREE**, and if you are a successful applicant but change your mind about attending the conference later on, **acceptance can be declined without penalty!**

**Partial reimbursement of the conference fee may also be available through the CSA.** Please contact Christian Potolicki for further information on this, or with any other questions about the application process or the conference itself, via the following email: [managementreps@student.concordia.ab.ca](mailto:managementreps@student.concordia.ab.ca)



<https://ryersontrmc.ca/>



Christian is also available to answer any questions on Google Meet from 4 - 5 PM every Tuesday and Thursday for the remainder of the Fall semester using the link provided here:

<https://meet.google.com/btm-frbg-tzw>

Best of luck and we hope to see you there representing CUE at TRMC 2021!