

Be Caring. Be Considerate. Stay Safe.

## We ALL need to do our part.

These are steps you can take to help protect yourself, others in the Club and your loved ones.

### Wearing a MASK throughout the Club<sup>\*</sup>

- As you walk in and out of the Club
- In all locker rooms, washrooms, and hallways/stairways
- While waiting in-line for Group Fitness classes
- A mask must securely cover the nose, mouth, and chin

#### **Physical Distancing Responsibility**



- Be considerate of other Members keep a 6 foot distance at all times
- Use your best judgement when deciding if a piece of equipment or workout area can be used safely
- Be respectful when using multiple pieces of equipment or workout areas

#### **Club Cleanliness**

- Equipment must be properly wiped down before and after each use
- Remember to sanitize your hands frequently upon entering the club and before you leave

\*Except while working out

# GoodLife FITNESS°

Caring about the health and safety of our fitness community through the GoodLife Standard.