CUE WEEKLY NEWSLETTER



The GSA BURSARY AWARD and GSA SCHOLARSHIP AWARD

online application is now open for the Fall term

VALUE:

\$1,000 for a degree program, \$750 for a diploma program, \$500 for a certificate program; the value of the award may be prorated based on enrolment.

HOW TO APPLY:

Submit an <u>online application</u> through Online Services for Students

> APPLICATION DEADLINE: October 1, 2020

INSIDE THIS EDITION:

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- Health & Dental Plan Information
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- Canada Graduate Scholarship
- Peer Support Information
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- Facing Difficult Circumstances
- How to Wear a Mask
- SACE
- Sexual Violence Prevention Workshop
- Tai Chi
- Career Workshops
- Lois Hole Scholarship
- Historian Award Available



The Washington Center

INTERNSHIP OPPORTUNITY

Application Deadline: October 1, 2020

Have questions about the Washington Centre? Contact <u>careerservices@concordia.ab.ca</u>

CSA HEALTH & DENTAL REP. ON CAMPUS

- \Rightarrow Wednesdays, until Sept 23rd
- \Rightarrow 1:00-4:00 pm
- \Rightarrow Tegler Centre

Cheryl Johnson, the CSA Health & Dental Representative is on campus for in person visits on Wednesdays until Sept. 24th.

If wish to book an advance appointment, please email : <u>concordiaplan@mystudentplan.ca</u>

JOIN THE CONCORDIA COMMITMENT TODAY!





WHAT IS THE CONCORDIA COMMITMENT?

The Concordia Commitment, a one-of-a-kind program in Alberta, provides additional support throughout your studies to help you achieve academic and career success.

The Commitment helps you get the most out of everything that CUE has to offer from the first semester to beyond graduation.

If you complete all requirements of the Concordia Commitment program, have a 2.3 GPA at graduation, and do not secure career-related employment within 6 months of graduation, or move on to a professional program or graduate studies, you are eligible to return for an extra year of undergraduate classes for FREE.

ELIGIBILITY:

All students with 33 or less CUE or transfer credits in a 4-year degree program, and all students with 9 or less CUE or transfer credits in a 3-year degree program are eligible for the Concordia Commitment.

Note that this includes students starting 3 and 4-year degree programs with no post-secondary courses or credit.

THE COST:

A refundable deposit of \$200 is required at registration (GST included) but this will be fully refunded to you upon completion of the program.

JOIN TODAY!

PEER SUPPORT PROGRAM

FEELING DISTRESSED?

NEED SOMEONE TO TALK TO?

HOW ABOUT TALKING WITH A FELLOW STUDENT?

We're students trained to provide a confidential, nonjudgmental, safe space for you to talk about anything. We can offer you referrals to other services and help you figure out your next steps.

WE'RE HERE TO LISTEN!

https://concordia.ab.ca/student-services/student-life-learning/support-services/ counselling-services/

FALL TERM SCHEDULE

- \Rightarrow Mondays 1:00 5:00 pm
- \Rightarrow Tuesdays 10:00 12:00 pm
- \Rightarrow Wednesdays 2:00 4:00 pm
- \Rightarrow Thursdays 12:00 2:00 pm
- \Rightarrow Fridays 10:00 12:00 pm

HAVE QUESTIONS? Email: peersupport@concordia.ab.ca

**Closed during holidays. READING WEEK and FINAL EXAM hours are subject to change.



UNIVERSITY | Indigenous Knowledge •••EDMONTON | and Research Centre

IKRC Virtual Programming Schedule

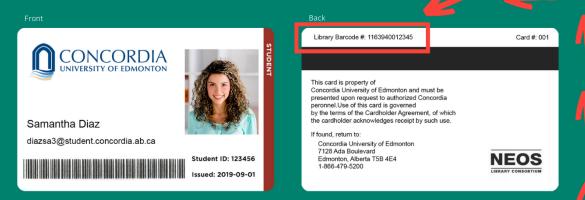
VIRTUAL CHECK IN - MONDAYS@3PM VIRTUAL BEADING CIRCLE - WEDNESDAYS@ 3PM VIRTUAL SHARING CIRCLE - FRIDAYS@3PM

Join via Google Meet at: https://meet.google.com/iqi-mzsh-ijq?

Note: Virtual sharing circles will be replaced with in person sharing circles on Oct. 2, Nov. 6 and Dec. 4. Register for in person sharing circles by emailing **indigenous@concordia.ab.ca**

Your CUE ID card is your library card!





Your library barcode and PIN

Find your library barcode on the back of your CUE ID card. New student? Find a digital copy of your CUE ID card in your student email.

Use https://concordia.ab.ca/library/borrow/my-account/library-barcode/

- Request library books
- Request articles & ebook chapters from other libraries
- Register for an L-Pass to borrow from the Edmonton Public Library
- Login to your library "My Account"

Retrieve your Library PIN at: https://concordia.ab.ca/library/borrow/my-account/library-barcode/

Tips for retrieving your Library PIN:

- Double check that your 13-digit library barcode is typed in correctly
- Make sure to use your CUE email address.

mystudentplan.ca

Your family's health and dental expenses could be covered!



Add family to your health and dental plan before the deadline: September 20, 2020.

Register at www.mystudentplan.ca.



WELLNESS WEDNESDAY

BULLET JOURNALING WITH KISHAN

SEPT. 2 - 1PM TO 2PM INSTAGRAM LIVE @OURCSA FACEBOOK LIVE @OURCSA

CLUB FAIR

SEPT. 9 & 10 - NOON TO 2PM TEGLER

VIRTUAL YOGA

SEPT. 16 - NOON TO 1PM INSTAGRAM LIVE @OURCSA FACEBOOK LIVE @OURCSA

ACOUSTIC WEDNESDAY

SEPT. 23 - NOON TO 2PM INSTAGRAM LIVE @OURCSA FACEBOOK LIVE @OURCSA

ORANGE SHIRT DAY

SEPT. 30 - 10AM TO 4PM INSTAGRAM LIVE @OURCSA FACEBOOK LIVE @OURCSA

OURCSA.CA



Thinking about pursuing a master's degree after you graduate?

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CANADA GRADUATE CHOLARSHIP – INFO SESSION –

This session will provide information on how to apply for the Canada Graduate Scholarship-Master's program through the Tri-Council Agency (SSHRC, NSERC, CIHR).

October 1, 2020

Google Meet 4:00 p.m. meet.google.com/zvp-nxqo-yet

LEARN How to Apply for a CGS-M Scholarship for Your Master's Degree (must be a Canadian Citizen or Permanent Resident



Canada

PEER SUPPORT

- Available for 1 on 1 confidential support
- Trained supporters, reflective listening
- Talk about any problems or challenges you are experiencing
- Offers referrals to CUE or other community services

WE'VE GOT your back!

CONCORDIA

UNIVERSITY ^{or}EDMONTON

PEER COACHES

- Groups of incoming students placed in cohorts with meetings facilitated by a trained peer coach (your peer coach will reach out directly to provide contact info)
- Help to connect you with CUE resources and highlight opportunities for engagement
- Help you adapt to life as a CUE student

PEER WELLNESS

- CUE Wellness Embassadors
- Offers wellness events, activities, workshops, and other exciting initiatives throughout the year
- Provides wellness-related resources

IT'S SUPER EASY TO CONNECT WITH YOUR FELLOW PEERS!

PEER SUPPORT:

• visit CUE website

PEER COACHING:

Email: peercoaching@concordia.ab.ca

PEER WELLNESS:

• Can be found at any wellness event; come say hello!





Contact us at: extension@concordia.ab.ca





Sprechen Sie Deutsch?

Learn German! FALL 2020 Standard German I

6:30 PM - 8:30 PM on Wednesdays 9th September-9th December, 2020

WINTER 2021

Standard German II

6:30 PM - 8:30 PM on Wednesdays 11th January-14th April, 2021 Course fee: \$250 +GST

> INSTRUCTOR: VERONICA MILLER

REGISTER HERE!



FACING DIFFICULT CIRCUMSTANCES?

CONCORDIA'S BURSARY PROGRAM

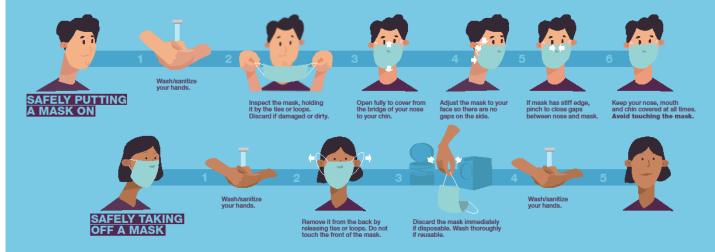
Fall Term Deadline: October 15th Winter Term Deadline: February 1st

> Apply Online: TINYURL.COM/CUE-BURSARY

COVID-19 INFORMATION HOW TO WEAR A NON-MEDICAL MASK

Non-medical masks, including homemade cloth masks, can help prevent the spread COVID-19. They are another tool to use in places where it's difficult to keep two metres from other people for extended periods of time – such as public transit, grocery stores, pharmacies, hair salons, airplanes and some retail shops.

Masks do not replace proper hygiene, physical distancing or isolation to prevent the spread.



FOR MORE INFORMATION ON WEARING AND CARING FOR YOUR MASK

alberta.ca/masks









Introducing a new, self-directed online workshop:

Recognizing & Responding to Sexual Violence

Sept 21 -Oct 9

9 hours of course material. Registration closes Sept 14, 2020.

Register at <u>https://tinyurl.com/srsvcue</u> For questions contact William.Logan@concordia.ab.ca



Thank you so much for your interest in the SRSV course being offered at Concordia Univeristy of Edmonton (online) by the Sexual Assault Centre of Edmonton (SACE).

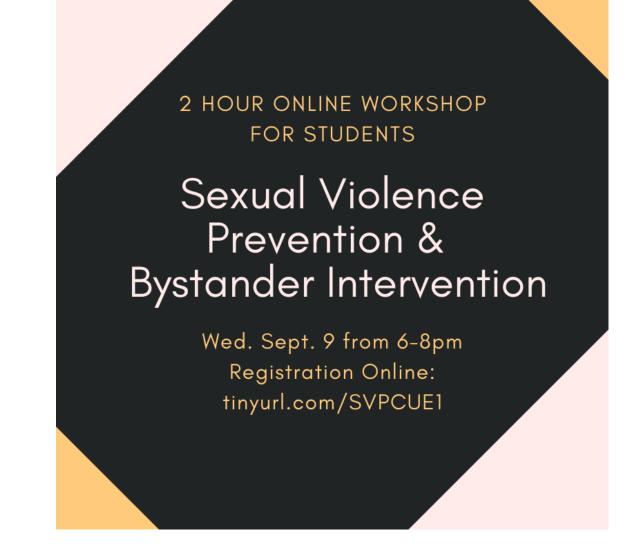
This course is being offered online at no cost to participants. You will need to be able to commit 2-3 hours per week for engaging with the content from September 21st to October 9th (3 weeks).

The content will be provided in three modules:

1) Sexual Violence Core Facts & Definitions, Sexual Assault & Consent, and Sexual Harassment 2) The Context of Rape Culture & Sexual Violence and "Myths", Pyramid, Safety Tips, and Victim Blaming

3) Trauma Impacts, Responding to Disclosures, Community Resources

If you have any questions about the training being offered, please contact William Logan (<u>William.Logan@concordia.ab.ca</u>).



Thank you so much for your interest in our Sexual Violence Prevention workshop!

This session will cover Levels 1 & 2 of our program and will be taking place ONLINE on September 9th from 6-8pm. You will receive the Google Meet link in advance of the meeting.

Level 1: Understanding Sexual Violence Level 2: Bystander Intervention

Registration link: <u>http://tinyurl.com/SVPCUE1</u>

Questions? Contact william.logan@concordia.ab.ca



ALEXANDER RUTHERFORD SCHOLARSHIP

This scholarship recognizes and rewards academic achievement of Alberta senior high school students who are attending post-secondary.

> For more information and to apply go to: www.studentaid.alberta.ca





TAICHI Instructor: Master Ken Chui COMPETITION SWORD

SEPTEMBER 2 TO DECEMBER 16, 2020 WEDNESDAYS IN THE RALPH KING ATHLETIC CENTRE GYMNASIUM, 2-3:00 PM

Click here for registration at the Office of Extension and Culture at Concordia University of Edmonton

THIS COURSE IS FREE ADMISSION FOR ALL!





CUE CAREER SERVICES

SEPTEMBER 2020 CAREER WORKSHOPS

All workshops virtual and live from 12 - 1 pm (MT)

September 2: Virtual Internships

September 10: Job Search Strategies

September 15: Resume Writing

September 17: Cover Letter Writing

To register for a workshop, email Career Services at <u>careerservices@concordia.ab.ca</u>

Lois Hole Humanities and Social Sciences Scholarship

Donor: Government of Alberta

A \$5,000 award offered annually to a 2nd, 3rd or 4th year full-time undergraduate student in the Faculty of Arts who demonstrates academic excellence, leadership skills and active community service.

> For More Information and to Apply: financialaid.concordia.ab.ca

Application deadline: October 1, 2020





LIEUTENANT GOVERNOR OF ALBERTA HISTORIAN AWARD VALUE: \$1,500 DEADLINE TO APPLY: OCTOBER 15

A \$1,500 award to a full-time student enrolled in an undergraduate degree program who has completed or is currently taking courses in Alberta's and/or Canada's history and who has demonstrated good character, active community service and potential for leadership. Funded by the History & Heroes Fund at the Edmonton Community Foundation.

APPLICATION AVAILABLE AT: bit.ly/CUE_Historian QUESTIONS? finaid@concordia.ab.ca

