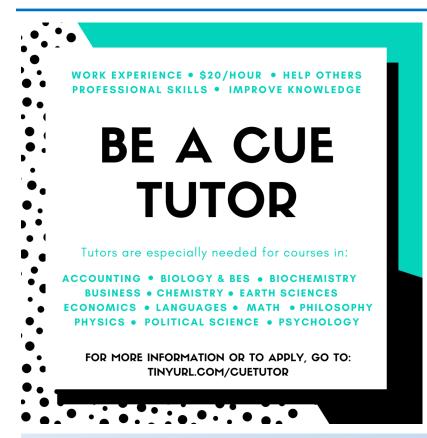
CUE WEEKLY NEWSLETTER



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IMPORTANT DATES

⇒ August 31: First day of classes

⇒ September 8: Last day to add or drop Fall courses

⇒ **September 30:** Last day for domestic students to pay Fall fees without penalty

NEW: ENTERING/EXITING CAMPUS

As of Monday, August 17th the new ID card swipe system will be in effect, so please ensure you have your ID with you when you arrive and depart campus.

All Faculty and Staff are required to swipe in at the HAC or RK entrance prior to going to your work station, so even if you have a key or fob to gain entrance to other buildings, you must first swipe in. Students are required to swipe ID cards, or sign in on arriving on campus as well.

This is to assist with contact tracing, in the event there is a reported case on campus.

Thank you for your understanding.



April Langille
who achieved the top
score in the July
Wellness Challenge!

Congratulations to all those who participated!



Alex Decoteau Award of Honour

2020 Eligibility Guidelines

Application submission deadline October 31, 2020

Alex Decoteau was an Olympic athlete and Canada's first Indigenous police officer who joined the Edmonton police force in 1909, and died on October 30, 1917, while serving in the Canadian Expeditionary Force during the First World War.



Purpose

The Alex Decoteau Award of Honour is available to members of the Canadian Armed Forces and their immediate families to support their post-secondary pursuits in Alberta.



Value

Eligible applicants will receive a one-time amount of \$5,000. Up to 200 awards will be available annually.

Eligibility Criteria

If the applicant is a Canadian Armed Forces Member:

To be eligible, the applicant must be a returning soldier who:

- a. actively served in a designated military operation in the Canadian Armed Forces (Regular or Reserves), or
- was permanently disabled as a result of participation in Canadian Armed Forces training in Canada.

The following information must be submitted with the application:

- Member's Personnel Record Resume (MPRR) for verification of military service dates and designated military operation.
- Proof of disability, if applicable. The document should indicate if disability was the result of participation in Canadian Armed Forces training in Canada. Please indicate the nature of the disability. Disability-related documents may be obtained from Veterans Affairs Canada.

If the applicant is a family member of a Canadian Armed Forces Member:

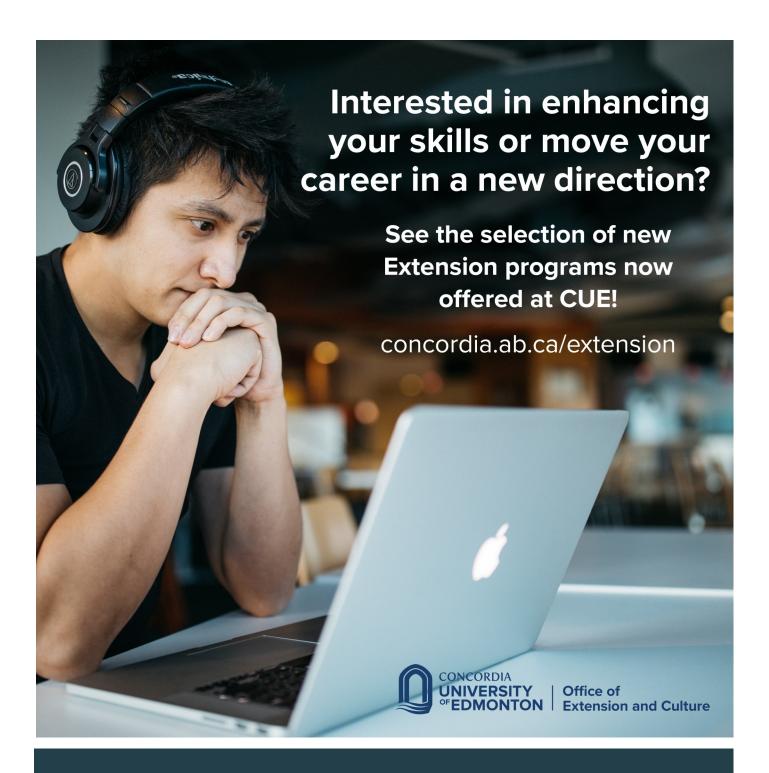
To be eligible, the applicant must be a spouse/ common-law partner or child of a Canadian Armed Forces soldier who:

- a. is deceased or permanently disabled while serving or as a result of a designated military operation, or
- is deceased or permanently disabled as a result of participation in Canadian Armed Forces training in Canada.

The following information must be submitted with the application:

- Member's Personnel Record Resume (MPRR) for verification of military service dates and designated military operation.
- Proof of death or disability. The document should indicate if the death or disability was the result of having served in the designated military operation or Canadian Armed Forces training in Canada. If a disability, please indicate the nature of the disability. Disability-related documents may be obtained from Veterans Affairs Canada.





In HARMONY WITH CUE'S MISSION AND VISION, THE OFFICE OF EXTENSION & CULTURE PROVIDES A DIVERSITY OF LIFE-LONG LEARNING CHOICES OUTSIDE OF OUR ACADEMIC PROGRAMS.

A GROWING VARIETY OF NON-CREDIT COURSES, EXTRA-CURRICULAR AND CULTURAL EVENTS ARE ALL PART OF THE DIVERSE PORTFOLIO OFFERED.

FOLLOW US ON FACEBOOK AND TWITTER!

AUDITIONS

For the CUE Fall Online Production of... Too Much Zoom Makes All Of Us Go Blind

A creation project inspired by the Neo-Futurists.



Looking for brave performer/ creators who want to challenge themselves and create a unique theatrical experience with an ensemble of artists. The ensemble will be made up of a multifaceted and diverse group of individuals; people of any gender, race, ethnicity, orientation, age, size and ability are welcome to audition. We are also interested in seeing people of all artistic disciplines and at any experience level. Playwrights, actors, poets, singers, musicians, directors, circus performers, athletes, dancers, visual artists, performance artists, technicians, stage managers and anyone with a creative desire to share. The project will be directed/ facilitated by David Horak (www.davehorak.com).

Everyone in the ensemble will be required to take part in the writing, production, performance and direction of the show. The plan is that the show will be a hybrid production with some online performances both live and recorded as well as possible live, in person performances working within Concordia University's and Alberta Health Covid protocols.

For the audition, please prepare an original piece that is less than 2 minutes in length that reflects who you are, how you express yourself and how you experience the world around you. This audition piece can take many forms: it can be done live (online) or recorded, it can be a monologue, song, poem, dance, or any other form that shows you off the best. We want to meet the REAL you! There will also be a live online interview during the audition. Auditions will be held online the week of September 7 - 11.

Online rehearsal/creation process begin September 14th
Schedule TBD when casting is completed, but likely 4:00pm - 8:00pm M-W-F & Saturday 10 - 6PM
Performances online: November 21 - 29, 2020

To signup for an audition time send an e-mail indicating your interest to:

dave.horak@concordia.ab.ca

Deadline for submissions is September 6.



Develop your own resourcefulness. recoverycollegeedmonton.ca

To help support our community and keep everyone physically distanced but socially connected, Recovery College will continue to offer our courses online, via Zoom.

Our website is now accepting registrations for our fall term (Sept-December).

All our courses are aimed at improving mental well-being, building resilience, breaking down stigma, developing skills, and strengthening networks of support. Every Recovery College course is codeveloped and co-facilitated by those with lived/living experience.

All courses are free of charge. In the fall, we are pleased to offer 5 full-length, multi-week courses, including two brand new ones:



- ⇒ <u>Finding Your Balance</u> for caregivers
- ⇒ Adulting 101, for youth, aged 16-24

We offer 7 bite-sized courses, which are one or two hours in length and allow people dip their toe into Recovery College.

There are 2 offerings of <u>Building Better Boundaries At Work</u>, a private course specifically for front line workers. This course is offered through our ongoing partnership with REACH Edmonton. Front line workers will need a code to register. The 2 X 1-hour course is free of charge, but class size is limited, so we are encouraging people to register soon.

To learn more, please click here: https://recoverycollegeedmonton.ca/courses/? filter=online



Looking for a course to enhance your psychology or education studies?

Consider MUS295 - Introduction to Music Therapy this Fall

An introduction to music therapy, the study of the prescribed, structured use of music to restore, maintain and/or improve individuals' physical, emotional, social, spiritual, cognitive, and psychological well-being. This course is of interest to those working with individuals with special needs.

3 credit course offered online

Wednesday evenings 6:00 to 9:00

Prerequisites: MUS 100 (Rudiments of Music) or MUS 111 or MUS 120 (Advanced Rudiments of Music) or MUS 211 (Music Theory I) or Consent of Department if you have some music background but have not taken the pre-requisites. Please contact the music program coordinator Jolaine.kerley@concordia.ab.ca for information.

About Music Therapy

Music therapy is the use of elements of music, such as rhythm and emotional content, to improve the health and well-being of individuals of all ages. At the recent World Congress of Music Therapy (July 7-8, 2020), presented virtually from South Africa, there were a total of 1000 music therapists from 95 different countries. New areas of practice and research are opening up on a regular basis and demand for music therapy in Alberta and throughout Canada is growing. In addition to MT clinicians, we need educators, counsellors, and individuals who are interested in biology, neurology, natural medicine, technology applications in healthcare and quantitative and qualitative researchers. A background in music with a general understanding of music theory is all that is required in order to register for this class. You DO NOT need to be a concert pianist or professional opera singer. An interest in working with persons with disabilities, out-of-the-box thinking, and a creative mind are additional assets for this course. We look forward to welcoming you as participants and co-creators in this exciting learning opportunity.

About the Instructor

John Lawrence is a Certified Music Therapist with 25 years of clinical experience. His experience includes clients ranging in age from 6 months to 105 years of age, with a variety of physical, emotional, and neurological conditions. In addition to teaching, he is a past member of the Board of Directors of the *Music Therapy Association for Alberta* and is a frequent participant in activities of the *Canadian Association of Music Therapists*. John has published in a number of professional music therapy journals, serves as a reviewer, and he helped to create the *Online Conference for Music Therapy*, a virtual 24-hour conference that will be celebrating its' 10th anniversary in 2021. He is sought

after as a speaker at national and international conferences and workshops and consults



with various organizations regarding technology and issues related to open access journals and research. When he not working and sharing his love of music therapy with others, John enjoys outdoor pursuits and photography.

CAMPUS RECREATION FITNESS CLASSES RETURN ONLINE FOR SUMMER



With summer in full swing, and the fall just around the corner, the Department of Athletics & Recreation is pleased to offer HIIT (high intensity interval training) fitness classes online for the remainder of July and August via Google Meet. Classes will take place each Thursday afternoon in July and August from 12:00 Noon – 12:45 PM.

The courses are designed for participants of all levels of fitness and are free for any CUE student, staff, and faculty member to attend.

Classes can be accessed via the Google Meet links below by logging in with your CUE email address.

- August 20 30-40-30 Fitness Class https://meet.google.com/bob-zmzm-uwt
- August 27 Conditioning Fitness Class https://meet.google.com/uqe-dowm-wzj

No need to RSVP, just log onto the Google Meet link prior to the start of the session and be ready to start promptly at 12:00 noon. Should you have any questions, please do not hesitate to contact Joel Mrak, Director of Athletics & Wellness, at ioel.mrak@concordia.ab.ca.

The fall semester slate of campus recreation programming will resume in mid-September, after the Labour Day weekend.



Fall 2020 Term TUITION INFORMATION NOW ONLINE



Fees are due the first day of classes— August 31, 2020

Fall 2020 tuition fees are available to view online. Please check your account information online through Concordia's website http://onlineservices.concordia.ab.ca/student/

The Concordia Students' Association Benefit Plan may have been charged to your account. If you already have comparable coverage and want to opt out of the CSA Student Benefit Plan then you will need to do this online before September 20, 2020. Students can opt out at: http://www.ourcsa.ca/health-and-dental.html

If you opt out of the student benefit plan your student account will be credited after September 20, 2020. If you have previously opted-out then you do not need to opt-out again. Please ensure that you receive a confirmation email that indicates you have applied to opt out.

HOW TO PAY YOUR TUITION FEES:

- Cash payments will not be accepted during the Covid-19 Pandemic.
- Online Bill Payments -Through major banks and credit unions in Canada. Sign into online banking, under "Bill Payments" add Concordia University of Edmonton as a payee, and reference your student ID number as your account number
- By Credit Card through Plastiq (processing fees apply) by accessing online student services through Concordia's website: https://onlineservices.concordia.ab.ca/ Please allow 5– 6 days for credit card payments to be receipted to your account.
- *Students are encouraged to pay their tuition online by the above methods.
- Debit, cheques and bank drafts are accepted at the Student Accounts Office.
 Tuesdays and Fridays 10:00 a.m. -12:00 noon and 1:00 p.m. 3:00 p.m. ONLY

If you have questions regarding your student loan, please contact: finaid@concordia.ab.ca

*For full reduction of tuition and fees, withdrawals must be done by September 8, 2020, 12:00 p.m. MDT for the Fall term. "Non-payment of fees and/or non-attendance does not constitute official withdrawal from Concordia, section 5.5.4 Academic Calendar 2020/2021."

If you have any questions, please do not hesitate to contact our office at studentaccounts@concordia.ab.ca