



## WELCOME BILL HANSON!

Bill Hanson has joined CUE as Professor and Director, Clinical Psychology, as of July 1, 2020. It's his 24th year in academia, having taught previously at the University of Nebraska (USA), Purdue University (USA), and most recently the University of Alberta.

His research revolves around assessment and evaluation, measurement-based care, and clinical training and development.

He's a guest columnist with the Edmonton Journal where, for fun, he writes about the Oilers and hockey analytics. In undergrad, he played NCAA golf for a liberal arts university like CUE!

## INSIDE THIS EDITION:

- MUS295-Music Therapy
- Summer Fitness Classes Online
- Tuesday Wellness Walk
- Wanted-Peer Coaches
- English Conversation Club



COULD THIS  
BE YOU?

Are you seeking an opportunity to bring your research and learnings to the student community? Concordia's Student Life and Learning team has an *open call* for those seeking to share their research with student participants of the CUE Commitment Program.

The Concordia Commitment requires students to register and participate in a series of 'value added' features aimed at enriching their university experience while they are at CUE, and then supporting them through to successful employment or further study following graduation.

We are seeking lectures and talks where speakers will virtually address the entire cohort of participants in the program for the upcoming Fall/Winter semesters and beyond.

Please, contact Student Life and Learning through [commitment@concordia.ab.ca](mailto:commitment@concordia.ab.ca) to express your interest or with any questions.



**Looking for a course to enhance your psychology or education studies?**

Consider **MUS295 - Introduction to Music Therapy** this Fall

An introduction to music therapy, the study of the prescribed, structured use of music to restore, maintain and/or improve individuals' physical, emotional, social, spiritual, cognitive, and psychological well-being. This course is of interest to those working with individuals with special needs.

3 credit course offered online

Wednesday evenings 6:00 to 9:00

**Prerequisites:** MUS 100 (Rudiments of Music) or MUS 111 or MUS 120 (Advanced Rudiments of Music) or MUS 211 (Music Theory I) or Consent of Department if you have some music background but have not taken the pre-requisites. Please contact the music program coordinator [Jolaine.kerley@concordia.ab.ca](mailto:Jolaine.kerley@concordia.ab.ca) for information.

### **About Music Therapy**

*Music therapy* is the use of elements of music, such as rhythm and emotional content, to improve the health and well-being of individuals of all ages. At the recent World Congress of Music Therapy (July 7-8, 2020), presented virtually from South Africa, there were a total of 1000 music therapists from 95 different countries. New areas of practice and research are opening up on a regular basis and demand for music therapy in Alberta and throughout Canada is growing. In addition to MT clinicians, we need educators, counsellors, and individuals who are interested in biology, neurology, natural medicine, technology applications in healthcare and quantitative and qualitative researchers. **A background in music with a general understanding of music theory is all that is required in order to register for this class.** You DO NOT need to be a concert pianist or professional opera singer. An interest in working with persons with disabilities, out-of-the-box thinking, and a creative mind are additional assets for this course. We look forward to welcoming you as participants and co-creators in this exciting learning opportunity.

### **About the Instructor**

John Lawrence is a Certified Music Therapist with 25 years of clinical experience. His experience includes clients ranging in age from 6 months to 105 years of age, with a variety of physical, emotional, and neurological conditions. In addition to teaching, he is a past member of the Board of Directors of the *Music Therapy Association for Alberta* and is a frequent participant in activities of the *Canadian Association of Music Therapists*. John has published in a number of professional music therapy journals, serves as a reviewer, and he helped to create the *Online Conference for Music Therapy*, a virtual 24-hour conference that will be celebrating its' 10th anniversary in 2021. He is sought after as a speaker at national and international conferences and workshops and consults with various organizations regarding technology and issues related to open access journals and research. When he not working and sharing his love of music therapy with others, John enjoys outdoor pursuits and photography.



## CAMPUS RECREATION FITNESS CLASSES RETURN ONLINE FOR SUMMER



With summer in full swing, and the fall just around the corner, the Department of Athletics & Recreation is pleased to offer HIIT (high intensity interval training) fitness classes online for the remainder of July and August via Google Meet. Classes will take place each Thursday afternoon in July and August from 12:00 Noon – 12:45 PM.

The courses are designed for participants of all levels of fitness and are free for any CUE student, staff, and faculty member to attend.

Classes can be accessed via the Google Meet links below by logging in with your CUE email address.

- July 30 – Tabata Fitness Class – <https://meet.google.com/gfn-dcwz-xuf>
- August 6 – Bootcamp Fitness Class – <https://meet.google.com/gmv-pibw-zwm>
- August 13 – Buns ‘n’ Bellies Fitness Class – <https://meet.google.com/oce-jswz-pet>
- August 20 – 30-40-30 Fitness Class – <https://meet.google.com/bob-zmzm-uwf>
- August 27 – Conditioning Fitness Class – <https://meet.google.com/uqe-downm-wzj>

No need to RSVP, just log onto the Google Meet link prior to the start of the session and be ready to start promptly at 12:00 noon. Should you have any questions, please do not hesitate to contact Joel Mrak, Director of Athletics & Wellness, at [joel.mrak@concordia.ab.ca](mailto:joel.mrak@concordia.ab.ca).

The fall semester slate of campus recreation programming will resume in mid-September, after the Labour Day weekend.

### TUESDAY WELLNESS WALKS – NO REGISTRATION REQUIRED!

Grab your walking shoes and join us this Tuesday for a 30 minute walk. Meet out front of the Hole Academic Centre entrance at 12:00 sharp! Walks will go ahead rain or shine. Questions? Contact: [nicole.houghtaling@concordia.ab.ca](mailto:nicole.houghtaling@concordia.ab.ca)





CONCORDIA  
UNIVERSITY  
OF EDMONTON

Student Life  
and Learning

# Peer Coaching Program

## Help welcome our first-year students to our CUE Community

Remember your first day at CUE? It was likely a little daunting, but it didn't take long to feel like you belonged here. This year, thanks to COVID-19, it's going to be more challenging for our new students as they start a virtual semester with CUE.

Join the Peer Coaching Student Life & Learning Team and help our first year students learn the ropes with your expert understanding of the campus and CUE's services, and empower them to be successful in both their academic and personal pursuits.



APPLY AT <https://tinyurl.com/cuepeercoach>  
QUESTIONS? CONTACT [nathaniel.maclellan@concordia.ab.ca](mailto:nathaniel.maclellan@concordia.ab.ca)



Join the conversation online!

## ENGLISH CONVERSATION CLUB

When? Every Friday!

Time: 3:00 - 4:30 pm

Cost: FREE!

How: @ Google Meet!

<https://meet.google.com/hoy-rsqy-gcm>

No registration needed



? Have questions? email  
[Victoria.eke@concordia.ab.ca](mailto:Victoria.eke@concordia.ab.ca)

### What are the benefits?

- Practice your English speaking skills
- Share knowledge and ideas
- Learn about culture in a Canadian context
- Learn about cultures from around the world
- Make friends!

### Who should attend?

- International students who are looking to practice and improve their English speaking and communication skills
- International and Canadian students who want to share knowledge and learn about cultures from around the world
- Members of staff and faculty looking to increase their engagement with CUE's student population

This initiative is brought to you by CUE Library & CUE's International Office

<https://concordia.ab.ca/english-conversation-club/>