

TUESDAY WELLNESS WALKS – NO REGISTRATION REQUIRED!



Grab your walking shoes and join us every Tuesday for a 30 minute walk. Meet out front of the Hole Academic Centre entrance at 12:00 sharp!

Walks will go ahead rain or shine.

Questions? Contact: nicole.houghtaling@concordia.ab.ca

INSIDE THIS EDITION:

- Wanted-Peer Coaches
- July Wellness Challenge
- English Conversation Club

CUE WELCOMES NEW DEAN OF ARTS, DR. TIM HEATH

Tim Heath, with a PhD in English Literature, has previously served in various academic and academic administrative capacities across Alberta, most recently at Grande Prairie Regional College. The Office of the VPA & Provost is excited to have Tim take up this position at the helm of the Faculty of Arts, joining the strong decanal team already in place here at CUE. We all look forward to seeing his vision unfold, regarding how Arts can continue to fulfill our ambition to become Canada's pre-eminent small university.





CONCORDIA
UNIVERSITY
OF EDMONTON

Student Life
and Learning

Peer Coaching Program

Help welcome our first-year students to our CUE Community

Remember your first day at CUE? It was likely a little daunting, but it didn't take long to feel like you belonged here. This year, thanks to COVID-19, it's going to be more challenging for our new students as they start a virtual semester with CUE.

Join the Peer Coaching Student Life & Learning Team and help our first year students learn the ropes with your expert understanding of the campus and CUE's services, and empower them to be successful in both their academic and personal pursuits.



APPLY AT <https://tinyurl.com/cuepeercoach>
QUESTIONS? CONTACT nathaniel.maclellan@concordia.ab.ca



JULY 6 - 31

EMAIL WELLNESS@CONCORDIA.AB.CA
TO REGISTER AND RECEIVE DETAILS AND MATERIALS •
OPEN TO ALL STUDENTS, FACULTY AND STAFF

Looking to try new things or get out of a routine rut? Why not join the July Wellness Challenge? Challenge runs from July 6th-31st. To register, complete the [registration form](#) and email it to wellness@concordia.ab.ca

The challenge is FREE and open to students, faculty, staff and family members. Challenge your friends, colleagues and family members to improve their wellness this July! Register today!

More details about how the challenge works can be found [here](#).

Questions? Contact CUE Wellness at nicole.houghtaling@concordia.ab.ca



Join the conversation online!

ENGLISH CONVERSATION CLUB

When? Every Friday!

Time: 3:00 - 4:30 pm

Cost: FREE!

How: @ Google Meet!

<https://meet.google.com/hoy-rsqy-gcm>

No registration needed



? Have questions? email Victoria.eke@concordia.ab.ca

What are the benefits?

- Practice your English speaking skills
- Share knowledge and ideas
- Learn about culture in a Canadian context
- Learn about cultures from around the world
- Make friends!

Who should attend?

- International students who are looking to practice and improve their English speaking and communication skills
- International and Canadian students who want to share knowledge and learn about cultures from around the world
- Members of staff and faculty looking to increase their engagement with CUE's student population

This initiative is brought to you by CUE Library & CUE's International Office

<https://concordia.ab.ca/english-conversation-club/>