# **CUE WEEKLY NEWSLETTER**



WEDNESDAY, JUNE 24

1:00 - 3:00PM

A DAY

CELEBRATE





MEET AT MAIN HOLE ACADEMIC DOORS, ALL SUPPLIES PROVIDED (INCL. PPE)

\*Please be mindful and observe social distancing.

## **INSIDE THIS EDITION:**

- Cover Letter Workshop
- English Conversation Club
- New- Master of Science in IT
- IRest Yoga

iRest Noon Class June 26, 2020 12:00 pm – 1:00 pm More info page 4



Find these ebooks and more at www.concordia.ab.ca/Library

A Two-Spirit Journey: The Autobiography of a Lesbian
Ojibwa-Cree Elder by Ma-Nee Chacaby, Mary Louisa Plummer

An Archive of Hope: Harvey Milk's Speeches and Writings by Harvey Milk, Jason Edward Black, Charles E Morris

In a Queer Country: Gay & Lesbian Studies in the Canadian Context by Terry Goldie

Law and the Gay Rights Story: The Long Search for Equal

Justice in a Divided Democracy by Walter M Frank

<u>Prairie Fairies: A History of Queer Communities and People in Western Canada, 1930-1985 by Valerie J Korinek</u>

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Pride Day: Celebrating Jommunity by Robin Stevenson

<u>Toward Stonewall: homosexuality and society in the modern western world by Nicholas C Edsall</u>

Transgender History by Susan Stryker

Transgender Mental Health by Eric Yarbrough

Whipping Girl: A Transsexual Woman on Sexism and the Scapegoating of Femininity by Julia Serano

https://concordia.on.worldcat.org:443/list/16877575



Cost: FREE!

How: @ Google Meet!

https://meet.google.com/hoy-rsqy-gcm

No registration needed

? Have Questions? Email victoria.eke@concordia.ab.ca

### What are the benefits?

- Practice your English speaking skills
- Share knowledge and ideas
- Learn about culture in a Canadian context

Hi! How are you?

- Learn about cultures from around the world
- Make friends!

#### who should attend?

- International students who are looking to practice and improve their English speaking and communication skills
- International and Canadian students who want to share knowledge and learn about cultures from around the world
- · Members of staff and faculty looking to increase their engagement with CUE's student population

This intiative is brought to you by CUE Library & CUE's International Office

ttps://concordia.ab.ca/english-conversation-club/

# **NEW! MASTER OF SCIENCE IN INFORMATION TECHNOLOGY**

Concordia University of Edmonton is pleased to announce that the Master of Science in Information Technology program has been approved by the Ministry of Advanced Education and Campus Alberta Quality Council.

This is the culmination of tremendous effort by the Faculty of Science and CUE administration.

Registration is now open through <u>Apply Alberta</u> and looking forward to the first intake of students in Fall 2020!



# VIRTUAL COVER LETTER WORKSHOP

THURSDAY, JUNE 25 1 PM - 2 PM (MST)

Come and learn about cover letter formatting, content, and tips to stand out to employers!

Register <u>here</u> to attend!



iRest Noon Class June 26, 2020 12:00 pm – 1:00 pm

Sessions are FREE and open to students, staff and faculty. No experience necessary and no registration required! Simply join us for any session by clicking on https://meet.google.com/ygi-opet-fip?hs=122.

# June iRest session dates

Fridays: noon-1:00pm MDT

Sundays: 7:00-8:00pm MDT

Participants will need a pen/paper, pillow, blanket and a quiet space to spend the hour.

Integrative Restoration® (iRest) is a simple and accessible form of meditation designed for modern day living. iRest may be used for relaxation and can reduce sleep debt, increase energy, enhance health and well-being, as well as transform our personal, interpersonal and professional relationships. In addition, research has shown iRest effectively reduces PTSD, depression, anxiety, insomnia, chronic pain, and chemical dependency; while increasing health, resiliency, and well-being.