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In case you missed it:
WEDNESDAY UPDATE



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COVID-19 Support Bursary for Students

Concordia students who are facing loss of employment and financial hardship because of the COVID-19 pandemic can now apply for the COVID-19 Support Bursary.

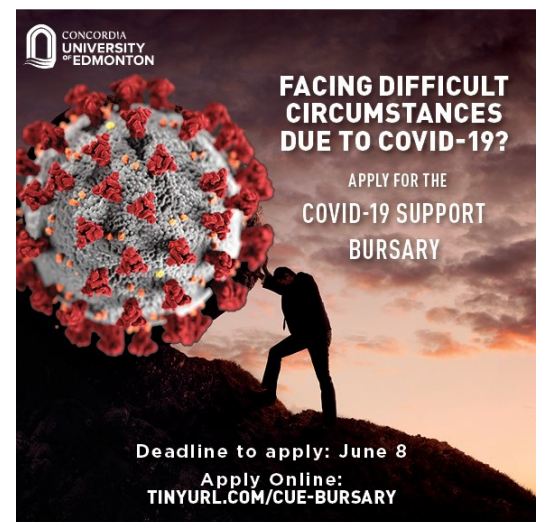
The COVID-19 Support Bursary is open to all domestic and international students who were enrolled full-time in the previous Winter 2020 term and who are registered in the current session or returning in the Fall 2020 term.

Preference will be given to students who have experienced job loss related to the pandemic and also to students who are not eligible for Government of Canada supports. The funding has been provided as a result of a partnership between Concordia, the Concordia Students' Association (CSA) and the Graduate Students' Association (GSA). Funding is limited and applications will be ranked based on financial need and award preferences.

Deadline to apply is June 8th.

Undergraduate students are eligible for bursaries of \$500. Graduate students are eligible for bursaries of \$750.

For more information and **how to apply**, visit Online Services for Students or contact Financial Aid and Awards by phone +1 780 479 9220 or by email finaid@concordia.ab.ca.





Join the conversation online!

ENGLISH CONVERSATION CLUB

When? Every Friday!

Time: 3:00 - 4:30 pm

Cost: FREE!

How: @ Google Meet!

<https://meet.google.com/hoy-rsqy-gcm>

No registration needed



? Have Questions? Email Victoria.eke@concordia.ab.ca

What are the benefits?

- Practice your English speaking skills
- Share knowledge and ideas
- Learn about culture in a Canadian context
- Learn about cultures from around the world
- Make friends!

Who should attend?

- International students who are looking to practice and improve their English speaking and communication skills
- International and Canadian students who want to share knowledge and learn about cultures from around the world
- Members of staff and faculty looking to increase their engagement with CUE's student population

This initiative is brought to you by CUE Library & CUE's International Office

<https://concordia.ab.ca/english-conversation-club/>

NEW! MASTER OF SCIENCE IN INFORMATION TECHNOLOGY

Concordia University of Edmonton is pleased to announce that the Master of Science in Information Technology program has been approved by the Ministry of Advanced Education and Campus Alberta Quality Council.

This is the culmination of tremendous effort by the Faculty of Science and CUE administration.

Registration is now open through [Apply Alberta](#) and looking forward to the first intake of students in Fall 2020!

CUE CAREER SERVICES

CAREER CONVERSATIONS

5 Tips for self care while looking for work

1. **Focus on areas you can control**
(Eg. You can't control if an employer hires you, but you can control your resume and cover letter)
2. **Show compassion towards yourself.**
3. **Practice mindfulness** frequently.
4. **Celebrate** each small victory.
5. **Rest.** Take breaks when you need them!

**Reach out to Career Services for help
with your work search!**

Email Career Services at
careerservices@concordia.ab.ca



Building Skills for the Digital Economy: Introducing Two New Programs

Concordia University of Edmonton (CUE) and RoboGarden are proud to present two new bootcamps designed to provide students with in-demand skills to participate and contribute in the growing digital economy.

The bootcamps have been designed for all skill levels, and use a game-based learning platform and methodology developed by experts and designed for online delivery.

The [Full Stack Development Bootcamp](#) and [Machine Learning and Artificial Intelligence Bootcamp](#) launch on June 15, 2020 through CUE's Office of Extension and Culture.

Registration is now open for domestic and international students. Program support is available in English, Chinese, and Arabic.

Hi CUE!

Welcome to **Fab Friday**, an initiative of CUE Wellness Connection. #cuelwellness #wegotthis

Do plants make you happy? Check out this week's video: <https://youtu.be/lzhjJnqpDMk>

Looking for gardening tips? The Edmonton Journal has excellent resources on a variety of gardening topics, including info on container gardening for small spaces! <https://edmontonjournal.com/category/life/homes/gardening/>

Not sure what and when to plant? Check out this annual planting guide for the Edmonton region: <https://prairiegardens.org/garden-center/annual-planting-guide-edmonton-region/>

Not a plant person but still want to find other ways to improve your mental health? Check out the Top Mental Health Apps for 2020. ***This site provides US mental health stats but the reviews on the apps are still useful and relevant.

<https://buckeyerecoverynetwork.com/10-best-mental-health-apps/>

We encourage you to check CUE social media pages every Monday, Wednesday and Friday for:

Mindful Mondays – Join us at <https://meet.google.com/szc-hewx-ocd> every Monday from 3:00 to 4:00 PM where we'll chat about various topics related to social connection and mindfulness.

Wellness Wednesdays – a new weekly fitness challenge will be posted every Wednesday. Check out <https://www.instagram.com/cuedmonton/> and https://www.instagram.com/cue_athletics/ daily for more ways to stay active during isolation. #cuestaysactive

Fab Fridays – every Friday will focus on other wellness topics like nutrition, sleep, relaxation, laughter, and much more!

Questions? Contact CUE Wellness at nicole.houghtaling@concordia.ab.ca for more information.

Have a great weekend!