

INSIDE THIS EDITION:

- Science Week
- GSA Trivia Night
- Graduate Pizza with the President
- Gov't Canada Job Info Session
- Cook, Share, Enjoy
- March is Anti Fraud Month
- 13 Ways to Supercharge your Memory
- Predatory Publishing Workshop
- T2202 Tax Receipt
- Free Self Defence Club
- CUSC 2020 Survey
- Undergrad Pizza with the President
- Food Symbols
- Chris Benedict Award
- Student of the Year Award
- Campus Recreational Information
- NEDIC Support

THIS WEEK IN THE CAFETERIA



ZOCA FRESH MEXICAN FLAVORS

CREATE YOUR OWN DISH

STEP 1 | Select Base (1)

Flour Tortilla Taco Trio	8.99
Burrito	7.99
Rice Bowl	8.99
Salad	8.99

STEP 2 | Select Protein (1)

Pulled Braised Beef
Seasoned Chicken
Vegetarian Crumble

STEP 3 | Select Bean/Rice (1-2)

Marinated Black Beans
Refried Pinto Beans
Cilantro Lime Rice

STEP 4 | Select Sauce (1)

Signature Zoca Sauce
Cilantro Lime Vinaigrette

STEP 4 | Select Toppings (1-3)

Three Cheese
Shredded Romaine
Jalapenos
Sour Cream
Guacamole
Pico de Gallo - Hot
Pico de Gallo - Mild
Corn Salsa

SIDES/ADD ONS

Chips & Salsa	1.99
Guacamole	1.99
Sour Cream	1.49
Corn Salsa	1.49
Pico de Gallo	1.49



CONCORDIA PRE-HEALTH SOCIETY JALEBI AND CINNAMON BUN SALE

Friday March 13, 2020

11am-1pm

Tegler Centre

Cinnamon Bun - \$1.50 each

Jalebi \$0.50 each



POSTING INFORMATION ON CAMPUS

When posting information on campus please post only on the approved posting boards. **Do not place posters on walls or windows, etc. The use of tape is prohibited.** If you have questions about posting information on campus, kindly contact Student Life at studentlife@concordia.ab.ca

SCIENCE WEEK

MARCH 9-13

**DISTINGUISHED SCIENTIST
LECTURE (DR. WEST)
MARCH 9**

PLACE: *CIAR*
TIME: *12:00-1:00*

**INDIGENOUS
MEDICINE TALK
MARCH 10**

PLACE: *IKRC*
TIME: *11:30-1:00*

**PI DAY
RAINBOW PIE SALES
MARCH 11**

PLACE: *TEGLER*
TIME: *NOON-1PM*

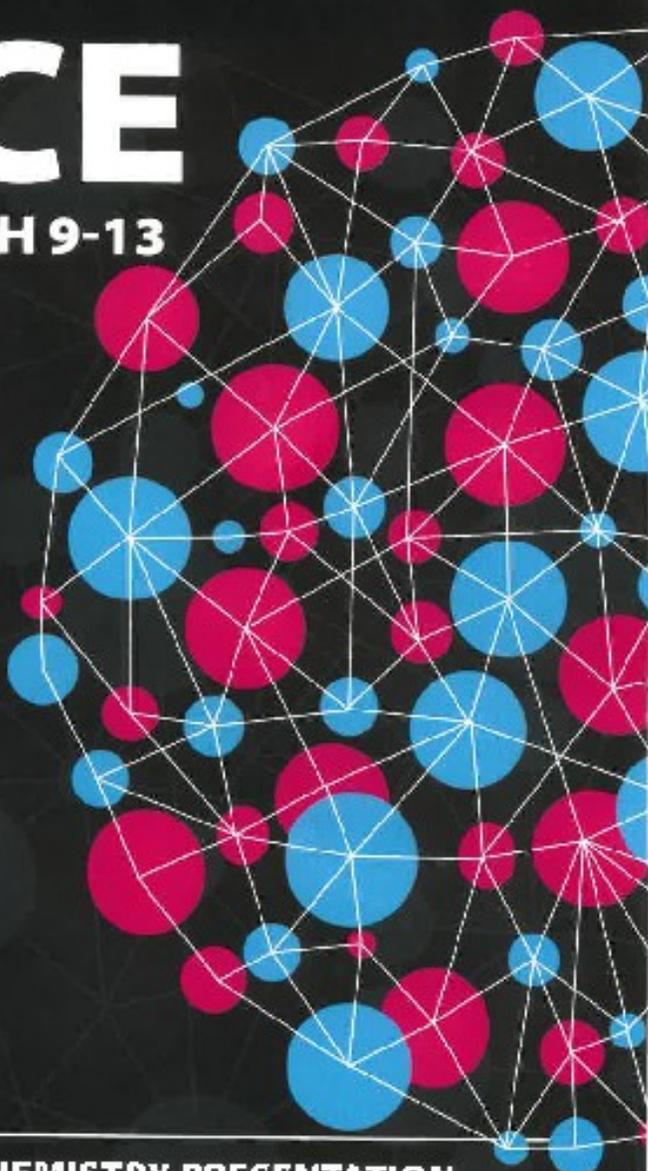
**SCIENCE
OLYMPICS
MARCH 12**

PLACE: *TEGLER*
TIME: *NOON-1PM*

**CHEMISTRY PRESENTATION
FISHBOWL FRIDAY
MARCH 13**

CHEMISTRY PRESENTATION
PLACE: *TEGLER*
TIME: *NOON-1PM*

FISHBOWL FRIDAY
PLACE: *CAPILANO BOSTON PIZZA*
TIME: *7PM-10PM*





CONCORDIA UNIVERSITY OF EDMONTON

G.S.A. TRIVIA NIGHT

EXCITING GIFTS FOR THE WINNERS!

**MARCH 18, 2020 | 4 PM
HAC - 237, CUE**

REGISTER NOW!!!

Contact: Jasmine Kaur Gill
gsavpstudentlife@student.concordia.ab.ca
+1 587 926 6531



GRADUATE STUDENT EVENT:

Pizza with the Presidents

MAR 10 • 12-1 PM • G211 (PRESIDENT'S OFFICE)

All graduate students are invited to join **President Loreman & GSA President Rajat Wason** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

Information Session 2020

Are you looking for
Summer job?
Internship?
Part time?
Full time?



Government
of Canada

Gouvernement
du Canada

COME JOIN:

Ms. Donna Hill, a
Human Resources
Advisor with
Government of Canada
- (Federal Public
Service) will provide
insights on how to
apply for Federal jobs

March 17, 2020

Tuesday

12-1PM

At AW 207

**FIND YOUR
PASSION
with
Government
of Canada**



CONCORDIA
UNIVERSITY
OF EDMONTON

Organized by Environmental Health Student Union



nutritionmonth2020.ca

**More than food:
How you eat is important too!**

Nutrition Month presented by



Nutrition Month Official Sponsor



**Come check out the Nutrition Month
display in the CUE Cafeteria this March!**

© Dairy Farmers of Canada, 2020

O'REILLY EBOOKS

EBOOKS, VIDEOS, & LEARNING MODULES: READ FOR FREE 24/7 - ANYWHERE

BUSINESS, CAREER DEVELOPMENT, DATA, DESIGN, HARDWARE, MATH, SCIENCE, ENGINEERING,
SECURITY, SOFTWARE DEVELOPMENT, SYSTEM ADMINISTRATION, WEB & MOBILE.

✓ SSCP SYSTEMS SECURITY
CERTIFIED PRACTITIONER

✓ TCP/IP ILLUSTRATED

✓ CISSP EXAM GUIDE

✓ CISCO CCNA ROUTING AND SWITCHING
ICND2 200-101 OFFICIAL CERT GUIDE

✓ CISCO CCENT/CCNA ICND1 100-
101 OFFICIAL CERT GUIDE

✓ CEH, CERTIFIED ETHICAL
HACKER EXAM GUIDE

✓ CEH, CERTIFIED ETHICAL
HACKER PRACTICE EXAMS

✓ CALL-IN-ONE CISA CERTIFIED INFORMATION
SYSTEMS AUDITOR EXAM GUIDE

✓ & MANY OTHERS!

AVAILABLE FROM WWW.CONCORDIA.AB.CA/LIBRARY



BUYER BEWARE: PREDATORY PUBLISHING WORKSHOP



COST: **FREE**

THURSDAY, **MARCH 26TH**

2:00-3:00 PM

L110 - CUE LIBRARY BASEMENT COMPUTER LAB

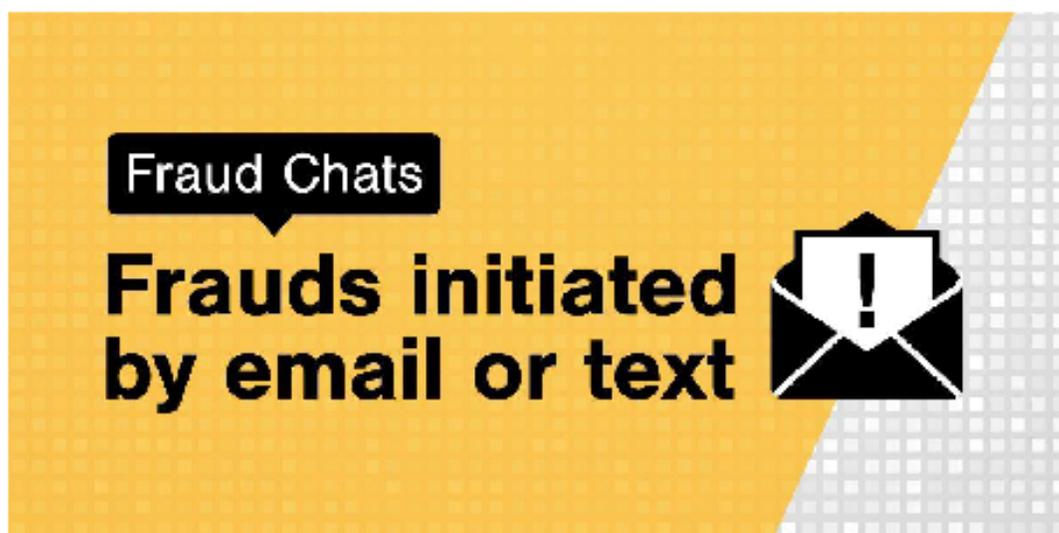
REGISTER AT:

WWW.CONCORDIA.AB.CA/LIBRARY



March is Anti-Fraud Month!

Did you know? Texting has replaced the phone call as the most popular consumer communication channel. So while we ignore phone calls, we are conditioned to respond to text messages and phishers are using this to their advantage.



Join the **Canadian Anti-Fraud Centre** on Twitter this week at [@canantifraud](https://twitter.com/canantifraud) for [#FraudChat](https://twitter.com/hashtag/FraudChat) where they will be discussing **Fraud Initiated by Email or Text**

Message [#FPM2020](https://twitter.com/hashtag/FPM2020) [#kNOWfraud](https://twitter.com/hashtag/kNOWfraud) [#showmetheFRAUD](https://twitter.com/hashtag/showmetheFRAUD)

financialaid.concordia.ab.ca



Concordia Psychology Club Presents. . .

13 WAYS TO SUPERCHARGE YOUR MEMORY

Dr. Adam Howorko, PhD

FRIDAY, MARCH 13

11 AM - 12 PM

HA310

FREE COFFEE AND MUFFINS!

Email psychologyclub@student.concordia.ab.ca for questions



OFFICIAL TAX RECEIPT 2019 T2202: AVAILABLE ONLINE

The T2202 is your official tax receipt used to claim the eligible educational expenses for the tax year on your income Tax return. The form includes the amount of tuition that can be claimed as well as the number of months eligible for the education deduction.

The 2019 T2202 is now available through online services for students on Concordia's web site.

<http://onlineservices.concordia.ab.ca/student/>



WINTER TERM TUITION IS PAST DUE!

If you have not paid your winter term fees, they are past due. Students who owe are encumbered from some online services and interest is being charged.

You can check your account information online through Concordia's website at:

<http://onlineservices.concordia.ab.ca/student/>

If you anticipate student loan payments, please ensure that we have received your student loan payment by checking your balance online.

If you have any questions or concerns, please contact Student Accounts: 780-479-9206 or email studentaccounts@concordia.ab.ca

CONVOCATION-MAY 23, 2020

Are you attending Convocation this year? If you need information about Concordia's Convocation Ceremony, please go to the link provided.

[CONVOCATION-MAY 23, 2020](#)



Volunteers Needed!

Please help support activities on our CUE campus in support of Murdered and Missing Indigenous Women March 16 - 20

Contact:
danielle.powder@concordia.ab.ca
 OR
amanda.st.amand@concordia.ab.ca
 for volunteer opportunities.

THANK You! 😊

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FREE FOR CONCORDIA STUDENTS AND
FACULTY MEMBERS (EQUIPMENT PROVIDED)

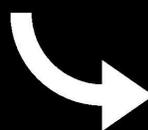


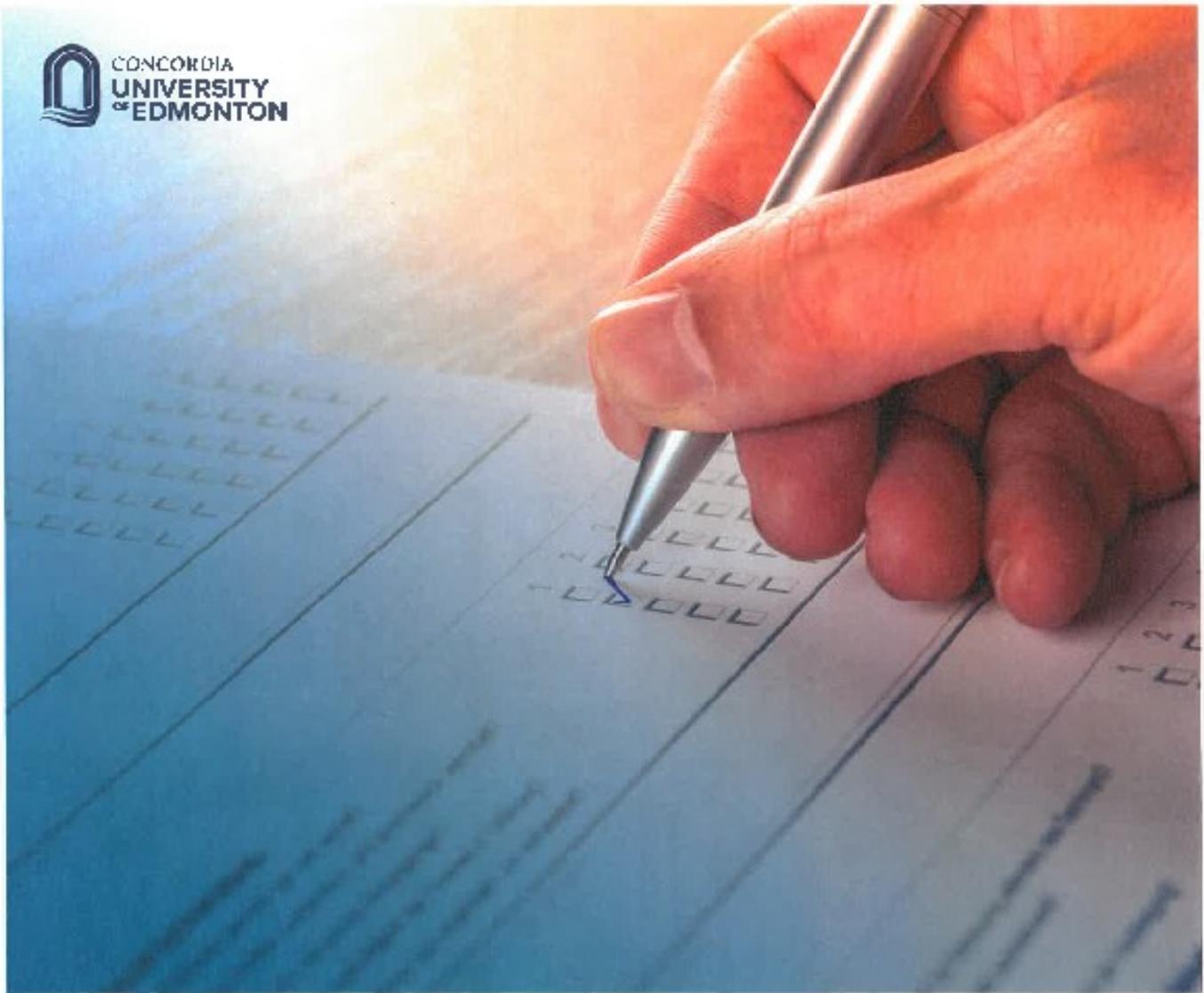
Every Thursday

4:00pm- 6:00pm in HA020

Email: maclub@student.concordia.ab.ca or follow us!

@Concordiaselfdefense





CUSC 2020 SURVEY

FEB 24 - MAR 13

You may be invited by email to complete a student experience questionnaire that could help with improvements at CUE.

Complete the survey and be entered into a province-wide draw for one of six \$500 prizes, and a draw for one of two \$250 prizes towards CUE tuition and fees.



UNDERGRADUATE STUDENT EVENT:

Pizza with the Presidents

MAR 16 • 12-1 PM • AW207 (DESIGN THINKING SPACE)

All undergraduate students are invited to join **President Loreman & CSA President Brad Agnew** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

AT THE CUE CAFETERIA

WHAT DO THESE SYMBOLS MEAN?



NO GLUTEN*

NO GLUTEN

This symbol identifies menu items that are made without gluten ingredients to assist those avoiding gluten (a protein found in wheat, rye and barley) in their diet.

*Cross-contact with wheat allergens may occur during preparation.

VEGETARIAN

This symbol identifies foods that fit a lacto-ovo vegetarian diet, which excludes all meat, fish, and poultry, but includes eggs, milk, dairy, and honey.



VEGETARIAN



VEGAN

VEGAN

This symbol identifies foods that are made from plant-based foods only, excluding eggs, milk, dairy, honey, and any other animal-derived ingredients.

NO DAIRY

This symbol identifies foods that do not contain any dairy. Dairy includes foods such as milk, cheese, yogurt, cream and butter.



NO DAIRY



HALAL

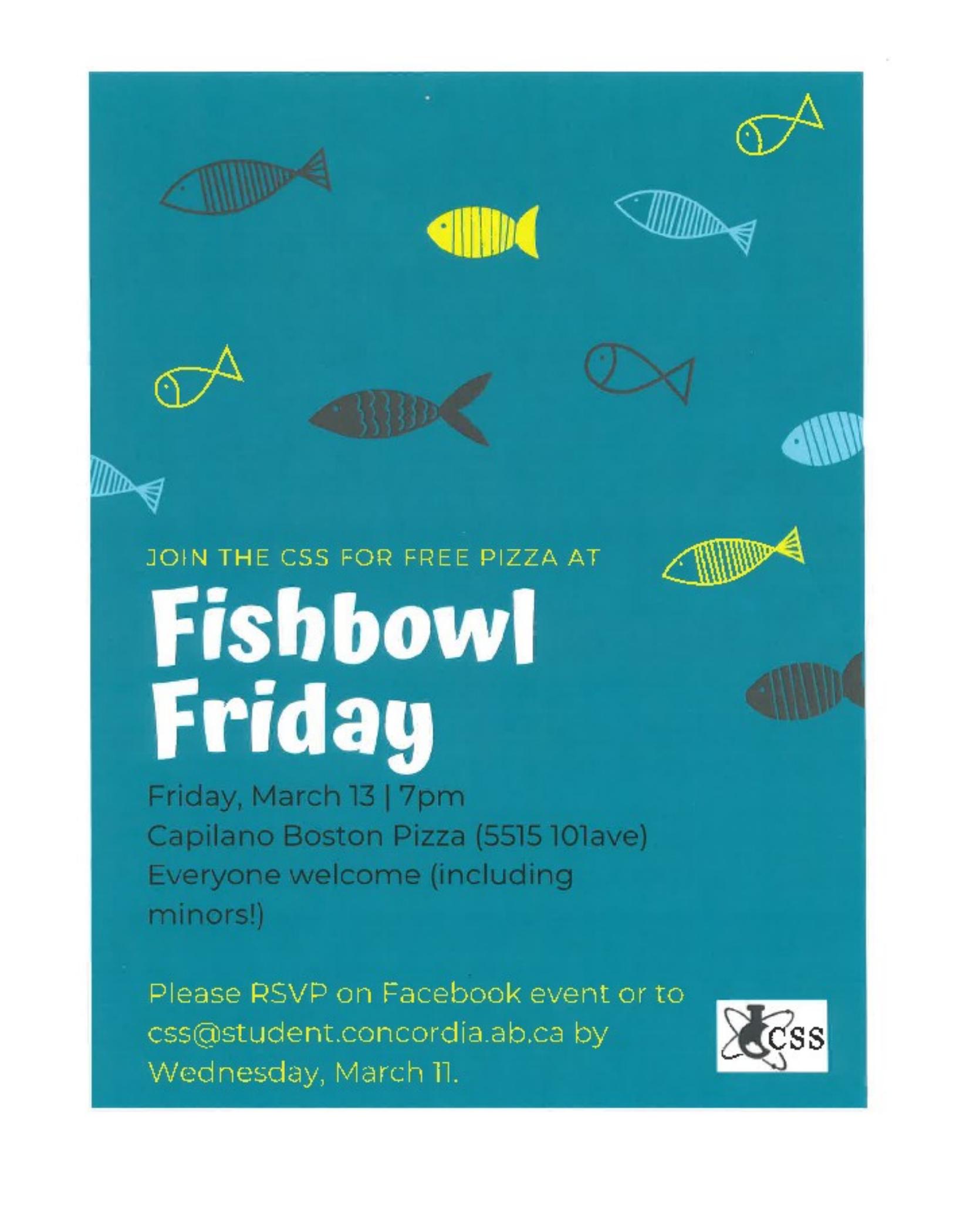
HALAL

This symbol identifies single ingredients or recipes that contain Halal (allowed by Islamic law) certified proteins, Halal permitted foods, and exclude all Haram (forbidden by Islamic law) ingredients.

HAVE A QUESTION?

JUST ASK!

NEED MORE INFORMATION? JUST ASK!



JOIN THE CSS FOR FREE PIZZA AT

Fishbowl Friday

Friday, March 13 | 7pm

Capilano Boston Pizza (5515 101ave)

Everyone welcome (including
minors!)

Please RSVP on Facebook event or to
css@student.concordia.ab.ca by
Wednesday, March 11.



Chris Benedict Award

Awarded to a student who has a positive outlook towards school and life and has demonstrated perseverance in the face of adversity while inspiring others to also succeed when facing adverse conditions.

Donor: Concordia Students' Association



For more information and to apply, visit:
financialaid.concordia.ab.ca

Value: \$1000

Application Deadline: March 29, 2020





Student of the Year



\$2000

AWARDED TO A GRADUATING UNDERGRADUATE STUDENT WHO HAS DEMONSTRATED OUTSTANDING LEADERSHIP



Apply by
March 29th
FINANCIALAID.CONCORDIA.AB.CA



CONCORDIA
UNIVERSITY
EDMONTON



RULES & REGULATIONS



Concordia University of Edmonton and the Thunder Department of Athletics & Recreation is committed to providing their Staff, Students and Faculty with a safe and enjoyable place to be physically active. Please adhere to these rules and regulations to contribute positively to the Fitness Centre.

TO USE THIS FACILITY, YOU MUST:

- BE A CURRENT STUDENT, STAFF OR FACULTY MEMBER OF THE CONCORDIA UNIVERSITY OF EDMONTON (YOU MAY BE ASKED FOR CONCORDIA ID)
- WEAR APPROPRIATE FOOTWEAR (NO SOCKS, BARE FEET, STREET SHOES, AND/OR DIRTY FOOTWEAR) AND SPORTSWEAR (NO JEANS)
- USE DISINFECTANT WIPES TO CLEAN ALL EQUIPMENT AFTER USE
- RETURN WEIGHTS AND EQUIPMENT TO THEIR DESIGNATED SPACE
- DO NOT DROP WEIGHTS ON THE FLOOR ASIDE FROM THE DESIGNATED LIFTING PLATFORM
- DO NOT USE MORE THAN ONE MACHINE AT A TIME
- STORE ALL BELONGINGS IN THE CHANGEROOMS

Failure to follow these rules and regulations may result in loss of privileges from the facility.

By using this facility, you are accepting and assuming all responsibility and liability of injury, damages or loss of any kind. Concordia University of Edmonton will not be held responsible for injury, harm or damages caused while using the Fitness Centre.

Additional information on Campus Recreation Events and Programming can be found at gothunder.ca

An illustration of three athletes in red and blue athletic wear. One is standing and holding a red ball, another is sitting on the floor, and a third is lying on the floor.

**CAMPUS
RECREATION
SCHEDULE**
RALPH KING GYM (MON&WED)
RK204 (FRI) • 12-12:50PM

Free to All Staff, Faculty and Students

MOVEMENT MONDAY - MAR 9

**DROP-IN VOLLEYBALL
INTRAMURALS**

WELLNESS WEDNESDAY - MAR 11

HATHA YOGA

FITNESS FRIDAY - MAR 13

HIIT

For questions or concerns contact the Campus Recreation
Coordinator at taylor.penney@concordia.ab.ca

NEDIC Support ... — X

Hello! Thanks for contacting NEDIC.
How can I help you today?

Hi. I'm losing control of what
and how much I eat...I don't
know what to do...

I'm glad that you reached out.
Would you like to tell me a bit more
about what's going on?

Concerned that food or exercise dominates your life
or a loved one's life?

Then we're concerned too.

So let's chat.

Visit www.nedic.ca to access our **anonymous** and
confidential instant chat service.