

CAFETERIA MENU: March 2-6



Monday:

Lunch: Beef Cannelloni with Broccoli & Cheese
Salad- \$7.99

Supper: Chicken Fajitas - \$9.99

Tuesday:

L: Herb Roasted Chicken with Yukon Mashed
Potatoes, corn, and peppers - \$9.99

S: Spaghetti with Meatballs - \$7.99

Wednesday:

L: Taco Salad - \$7.99

S: Chicken Souvlaki Pita with Greek Roasted
Potato - \$7.99

Thursday:

L: Lo Mein stir fry with Lemongrass Chicken -
\$9.99

S: Thai Sweet and Spicy Pork Stir Fry - \$7.99

Friday:

L: Chipotle Lime Fish Taco Bowl - \$7.99 (Gluten
Free)

S: Breaded Veal Cutlet with Mashed Yukon Po-
tatoes and Glazed Carrots- \$9.99

Deli:

Roast Beef Ciabatta with Chimichurri Mayo
Turkey, Provolone, and Banana Pepper Panini
Artisan Vegetable Wrap

INSIDE THIS EDITION:

- Know More– March 5
- T2202 Tax Receipt
- Gov't Canada Job Info Session
- CUSC 2020 Survey
- Science Week
- GSA Pizza with the President
- Undergrad Pizza with the President
- Self Defence Club Info
- Applied Emphasis Psychology Program
- ASIST Training
- Chris Benedict Award
- Student of the Year Award
- March: Fraud Prevention Month
- Fox Burger Discount

RESPECT OUR ENVIROMENT

Take pride and don't
litter or graffiti, anywhere.



WELLNESS INFORMATION

Concordia University of Edmonton is committed to promoting health and wellness for the whole CUE community.

Here's a booklet of Wellness Reseources to get you started. It includes key CUE and Edmonton resources.

[Wellness Resources](#)

Volunteers Needed!

Please help support activities on our CUE
campus in support of Murdered and Missing
Indigenous Women March 16 - 20

Contact:
danielle.powder@concordia.ab.ca
OR
amanda.st.amand@concordia.ab.ca
for volunteer opportunities.

THANK
You! 😊

KNOW MORE

**DRUGS: GET THE FACTS.
KNOW THE RISKS.**

**KNOW MORE TOUR BOOTH
THURSDAY MARCH 5TH • 10 AM - 3 PM
TEGLER STUDENT CENTRE**



Government
of Canada

Gouvernement
du Canada

Canada



OFFICIAL TAX RECEIPT 2019 T2202: AVAILABLE ONLINE

The T2202 is your official tax receipt used to claim the eligible educational expenses for the tax year on your income Tax return. The form includes the amount of tuition that can be claimed as well as the number of months eligible for the education deduction.

The 2019 T2202 is now available through online services for students on Concordia's web site.

<http://onlineservices.concordia.ab.ca/student/>



WINTER TERM TUITION IS PAST DUE!

If you have not paid your winter term fees, they are past due. Students who owe are encumbered from some online services and interest is being charged.

You can check your account information online through Concordia's website at:

<http://onlineservices.concordia.ab.ca/student/>

If you anticipate student loan payments, please ensure that we have received your student loan payment by checking your balance online.

If you have any questions or concerns, please contact Student Accounts: 780-479-9206 or email studentaccounts@concordia.ab.ca

Information Session 2020

Are you looking for
Summer job?
Internship?
Part time?
Full time?



Government
of Canada

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du Canada

COME JOIN:

Ms. Donna Hill, a
Human Resources
Advisor with
Government of Canada
- (Federal Public
Service) will provide
insights on how to
apply for Federal jobs

March 12, 2020

Thursday

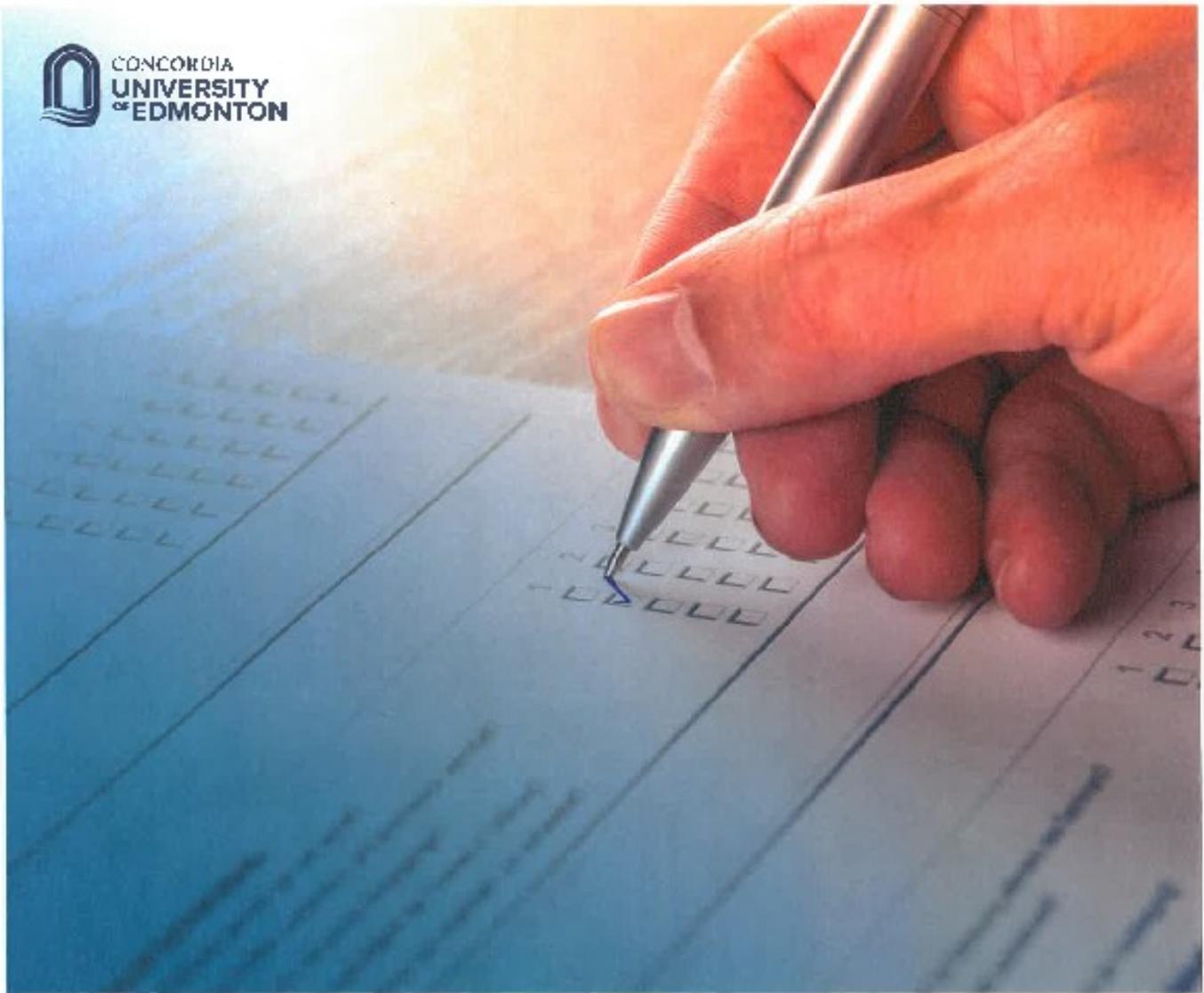
12-1PM

At AW 207

**FIND YOUR
PASSION
with
Government
of Canada**



Organized by Environmental Health Student Union



CUSC 2020 SURVEY

FEB 24 - MAR 13

You may be invited by email to complete a student experience questionnaire that could help with improvements at CUE.

Complete the survey and be entered into a province-wide draw for one of six \$500 prizes, and a draw for one of two \$250 prizes towards CUE tuition and fees.

SCIENCE WEEK

MARCH 9-13

**DISTINGUISHED SCIENTIST
LECTURE (DR. WEST)
MARCH 9**

PLACE: *CIAR*
TIME: *12:00-1:00*

**INDIGENOUS
MEDICINE TALK
MARCH 10**

PLACE: *IKRC*
TIME: *11:30-1:00*

**PI DAY
RAINBOW PIE SALES
MARCH 11**

PLACE: *TEGLER*
TIME: *NOON-1PM*

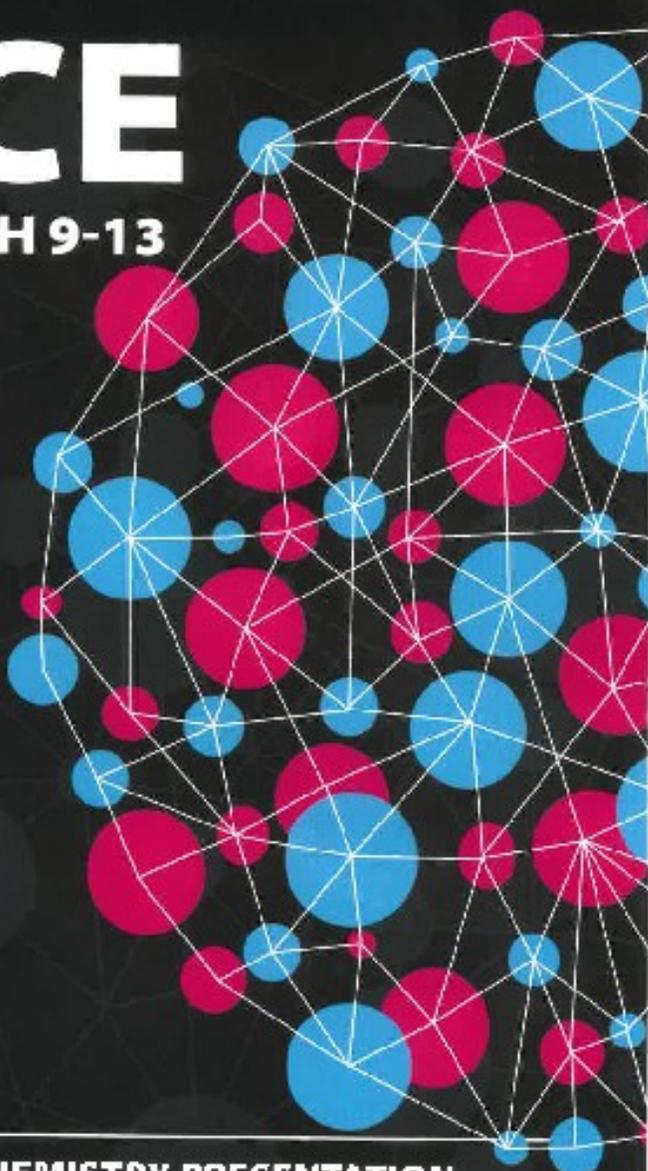
**SCIENCE
OLYMPICS
MARCH 12**

PLACE: *TEGLER*
TIME: *NOON-1PM*

**CHEMISTRY PRESENTATION
FISHBOWL FRIDAY
MARCH 13**

CHEMISTRY PRESENTATION
PLACE: *TEGLER*
TIME: *NOON-1PM*

FISHBOWL FRIDAY
PLACE: *CAPILANO BOSTON PIZZA*
TIME: *7PM-10PM*





GRADUATE STUDENT EVENT:

Pizza with the Presidents

MAR 10 • 12-1 PM • G211 (PRESIDENT'S OFFICE)

All graduate students are invited to join **President Loreman & GSA President Rajat Wason** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.



UNDERGRADUATE STUDENT EVENT:

Pizza with the Presidents

MAR 16 • 12-1 PM • AW207 (DESIGN THINKING SPACE)

All undergraduate students are invited to join **President Loreman & CSA President Brad Agnew** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

FREE FOR CONCORDIA STUDENTS AND
FACULTY MEMBERS (EQUIPMENT PROVIDED)



Every Thursday

4:00pm- 6:00pm in HA020

@Concordiaselfdefense



Email: maclub@student.concordia.ab.ca or follow us!

*"Mend the part of the world
that is within your reach"*

Explore the
**Applied Emphasis
Psychology Program**
and make a difference in the lives
of diverse Edmontonians NOW!



Contact Dr. Anju Anand, Field Placement Coordinator, at
anju.anand@concordia.ab.ca



IMPORTANT NOTICE: Effective January 1st, 2020
Great-West Life has re-branded to Canada Life.
All policy numbers and policy provisions are unchanged.
You may still see references to Great-West Life for a while
as they transition to Canada Life. Canada Life will start to
appear as payor or payee depending on situations.



www.mystudentplan.ca

mystudentplan





ASIST

Applied Suicide Intervention Skills Training

Suicide first-aid. A two-day, skills-based workshop for intervening with a person at risk of suicide.

Learning objectives:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide
- Discuss suicide with a person at risk in a direct manner
- Identify risk alerts and develop a safe plan related to them
- Demonstrate the skills required to intervene with a person at risk of suicide

Mar 21 & 22, 2020

8:30am-4:30pm

Open to students, staff & faculty

Location: Design Thinking Space – AW207

Cost: FREE (\$250 value!)

Hosted by: CUE Wellness

To register, email:
nicole.houghtaling@concordia.ab.ca



centre for
suicide prevention

Centre for Suicide Prevention
T 403 245 3900
csp@suicideinfo.ca

suicideinfo.ca
[@cspyyc](https://twitter.com/cspyyc)

Chris Benedict Award

Awarded to a student who has a positive outlook towards school and life and has demonstrated perseverance in the face of adversity while inspiring others to also succeed when facing adverse conditions.

Donor: Concordia Students' Association



For more information and to apply, visit:
financialaid.concordia.ab.ca

Value: \$1000

Application Deadline: March 29, 2020





Student of the Year



\$2000

AWARDED TO A GRADUATING UNDERGRADUATE STUDENT WHO HAS DEMONSTRATED OUTSTANDING LEADERSHIP



* March is Fraud Prevention Month *

FRAUD FIGHTING 101 Become a real-life superhero by arming yourself with the information you need to fight fraud and keep yourself, your family and your money safe. **Fraudsters are real.** They are out there every day looking for victims. They will target you online, over the phone, by mail or in person. Thousands of Canadians lose millions of dollars to fraudsters every year. The impact of fraud on families and businesses can be devastating.

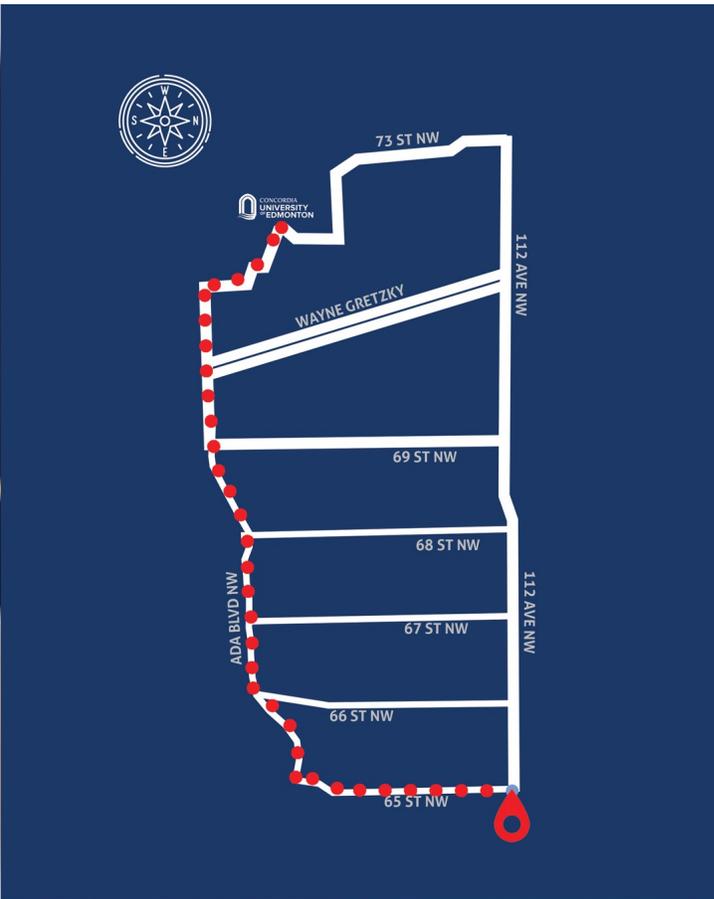


In 2019, the Canadian Anti-Fraud Centre (CAFC) received 46,465 fraud reports from Canadian consumers and businesses. The total reported Canadian losses were \$96,163,328.64. The CAFC just released its lists of Top 10 most reported frauds & Top 10 frauds based on dollar loss. The bulletin also includes the top tips to **protect yourself**.

[#Take5](#) to read through the bulletin and [#Tell2](#) to protect many!

[#kNOwfraud](#)
[#showmetheFRAUD](#)

financialaid.concordia.ab.ca



10% OFF **CONCORDIA UNIVERSITY OF EDMONTON DISCOUNT**
JUST SHOW YOUR CUE ID!

JUNE'S delicatessen · BAGELS · COFFEE · & MORE!
@junesdelicatessen

FOX BURGER · BURGERS · BEER · BRUNCH
@foxburgerbar

HIGHLANDS LIQUOR · CRAFT BEER · FINE WINE · SPIRITS
@highlandliquor

6423 112AVE NW

