

CAFETERIA MENU– FEBRUARY 10-14

Monday:

Lunch: Beef Cannelloni with Broccoli & Cheese Salad

Supper: Chicken Fajitas

Tuesday:

Lunch: Herb Roasted Chicken with Yukon Mashed Potatoes, corn, and peppers

Supper: Spaghetti with Meatballs

Wednesday:

Lunch: Taco Salad

Supper: Chicken Souvlaki Pita with Greek Roasted Potato

Thursday:

Lunch: Lo Mein stir fry with Lemongrass Chicken

Supper: Thai Sweet and Spicy Pork Stir Fry

Friday:

Lunch: Chipotle Lime Fish Taco Bowl (Gluten Free)

Supper: Breaded Veal Cutlet with Mashed Yukon Potatoes and Glazed Carrots

Deli:

Roast Beef Ciabatta with Chimichurri Mayo

Grilled Turkey, Provolone, and Banana Pepper Panini

Artisan Vegetable Wrap



GRAD PHOTO INFO

NEXT SESSION: FEB. 18-21



IMPORTANT DATES

February 17- Campus Closed, Family Day

February 18-21 Reading Week- No Classes

March 1- Last day for graduation candidates to submit their application for May graduation

March 2- Fall/Winter registration begins - Regular university program

INSIDE THIS EDITION:

- Coronavirus Information
- Campus Recreational Schedule
- CSA Election Information
- Games Night
- Student Research Cafe
- Student Loan Agreement Submit Online!
- Bowling Night
- Coffee with Cops
- Happy Hour with GSA– Feb 12
- Self Defence Club-Free
- Presentation: An Optimistic Pessimism
- Presentation: Philosophy, Morality & Religion
- Paint Night-Feb 13
- Lois Hole Scholarship
- Gary McPherson Leadership Scholarship
- Laurence 904321` Award
- CUE Library Exhibition
- Applied Emphasis Psych Program
- Mental Health First Aid– Youth Focus
- ASIST Training

THIS WEEK IN CAREER SERVICES

TUESDAY, FEB 11

DROP-IN RESUME REVIEW

12 PM - 1 PM

TEGLER STUDENT CENTRE

WEDNESDAY, FEB. 12

LAND A SUMMER JOB: COVER LETTER WORKSHOP

12 PM - 1 PM

HA237

THURSDAY, FEB. 13

INTERNATIONAL GRADUATE RESUME SESSION

12 PM - 1 PM

HA206

**DROP-IN CAREER ADVISING
FROM 1 PM - 2 PM WEEKDAYS**

Memorandum

February 6, 2020

Dear Post Secondary Staff and Students,

Subject: Novel coronavirus

I am writing to give you updated information on the novel Coronavirus (2019-nCoV) – a new virus that causes respiratory illness.

We know that Albertans are concerned about this particular coronavirus. It is important to remember that the current risk to Albertans is low. **There are no confirmed or probable cases of the 2019-nCoV in Alberta at this time.**

Because this is a new virus, information can change as we learn more. For the most up to date information, go to the Alberta Health and Alberta Health Services websites:

- www.alberta.ca/coronavirus
- www.ahs.ca/ncov

Our knowledge of the 2019-nCoV continues to grow as new information becomes available, and this new evidence informs adjustments to our public health advice and actions. Although there is uncertainty on the issue of “asymptomatic transmission” (if an infected person can spread the virus before they get sick and start coughing, etc.), it is unlikely to contribute much to the spread of the virus. The highest risk of virus spread would be from a person who has symptoms like fever and cough.

Alberta and other provinces are providing advice based on the best current evidence and guidance from the Public Health Agency of Canada. Please read the following information for recommendations that apply to you and your family.

Have you been in Hubei province, China in the last 14 days?

If **yes**, we recommend the following:

- It is best for anyone who traveled from Hubei to self-isolate (stay at home, not going to school, work, or social gatherings), even if you are feeling well, until 14 days have passed from your last visit to Hubei province. See the information sheet on self-isolation for details.
- This advice is focused on travelers returning from Hubei province as the risk of community transmission is currently the highest in this part of China.
- You should also closely watch for symptoms like fever, cough, or difficulty breathing and call Health Link 811 if any of these symptoms begin.

Have you from any other parts of mainland China (outside Hubei province) in the last 14 days?

If **yes**, we recommend the following:

- Anyone who traveled to mainland China in the last 14 days should monitor themselves daily for symptoms like fever or cough up to 14 days after their last visit in China.
- If, while you were in mainland China, you were in contact with someone who was diagnosed with the novel coronavirus, or were in a health care facility, please call Health Link 811 to talk about your possible exposure and to get information on any other measures you may wish to take.
- Although the most likely cause of symptoms like fever or cough is a common virus, like influenza, if someone who traveled to mainland China in the last 14 days feels sick, they should stay home and away from others, and Health Link 811 should be called to talk about any need for testing and follow up.

We are still in influenza season in Alberta, so to minimize spread of any respiratory virus, for all settings, we recommend the following:

- Make sure everyone in your household washes their hands with soap and water often. If soap and water are not readily available, you can use alcohol-based hand sanitizer, if hands are not visibly dirty.
- Avoid touching your face with unwashed hands.
- Use a tissue when you cough or sneeze and throw it in a garbage bin lined with a plastic bag. Wash your hands immediately after that. If you don't have a tissue, sneeze or cough into your sleeve.
- Stay home if you're sick.
- Clean and disinfect surfaces that are used often and shared by everyone in your home.
- Travelers should always check for current travel notices on the [Government of Canada website](#) prior to travel.

Good hygiene practices that help prevent colds and influenza will also reduce the risk of exposure to 2019-nCoV. Masks can be very important in certain situations. When sick, wearing a mask helps prevent us from passing on illnesses to other people. That is why we ask people who have a cough or respiratory symptoms to wear a mask and clean their hands when visiting an emergency department or clinic. If you are healthy, medical masks are not recommended as they don't provide full protection and can create a false sense of security.

We ask that you do not make assumptions about the risk of others having novel coronavirus based on their ethnicity or country of origin. Alberta has no confirmed or probable cases of 2019-nCoV and the current risk of exposure in Alberta is extremely low. If you have further questions, call Health Link 811.

It is natural that we worry about new threats to our health, and the best thing you can do if you are worried is to get information from reliable sources such as Alberta Health, Alberta Health Services, the Public Health Agency of Canada, and the World Health Organization. You can also take the preventive steps outlined above, like hand washing regularly, to reduce your risk of infection.

Thank you for your assistance in this matter.

Yours truly,



Deena Hinshaw, BSc, MD, MPH, CCFP, FRCP
Chief Medical Officer of Health



MOVEMENT MONDAY - FEB 10
DROP-IN VOLLEYBALL
INTRAMURALS

WELLNESS WEDNESDAY - FEB 12
HATHA YOGA

FITNESS FRIDAY - FEB 14
ZUMBA

WELLNESS RESOURCES

Concordia University of Edmonton is committed to promoting health and wellness for the whole CUE community. Here's a booklet of [Wellness Resources](#) to get you started. It includes key CUE and Edmonton resources.

CSA

ELECTIONS

NOMINATIONS
FEBRUARY 10 -14
TEGLER

SPEECHES

FEBRUARY 26TH NOON
TEGLER

DEBATES & MEET THE CANDIDATES

FEBRUARY 28TH NOON to 2PM
TEGLER

VOTING

MARCH 5-6
TEGLER &
EMAIL SUBMISSIONS





Concordia Visual Culture Society presents

Speed Dating & Games Night

in Tegner

Friday Feb. 14, 3-8 PM

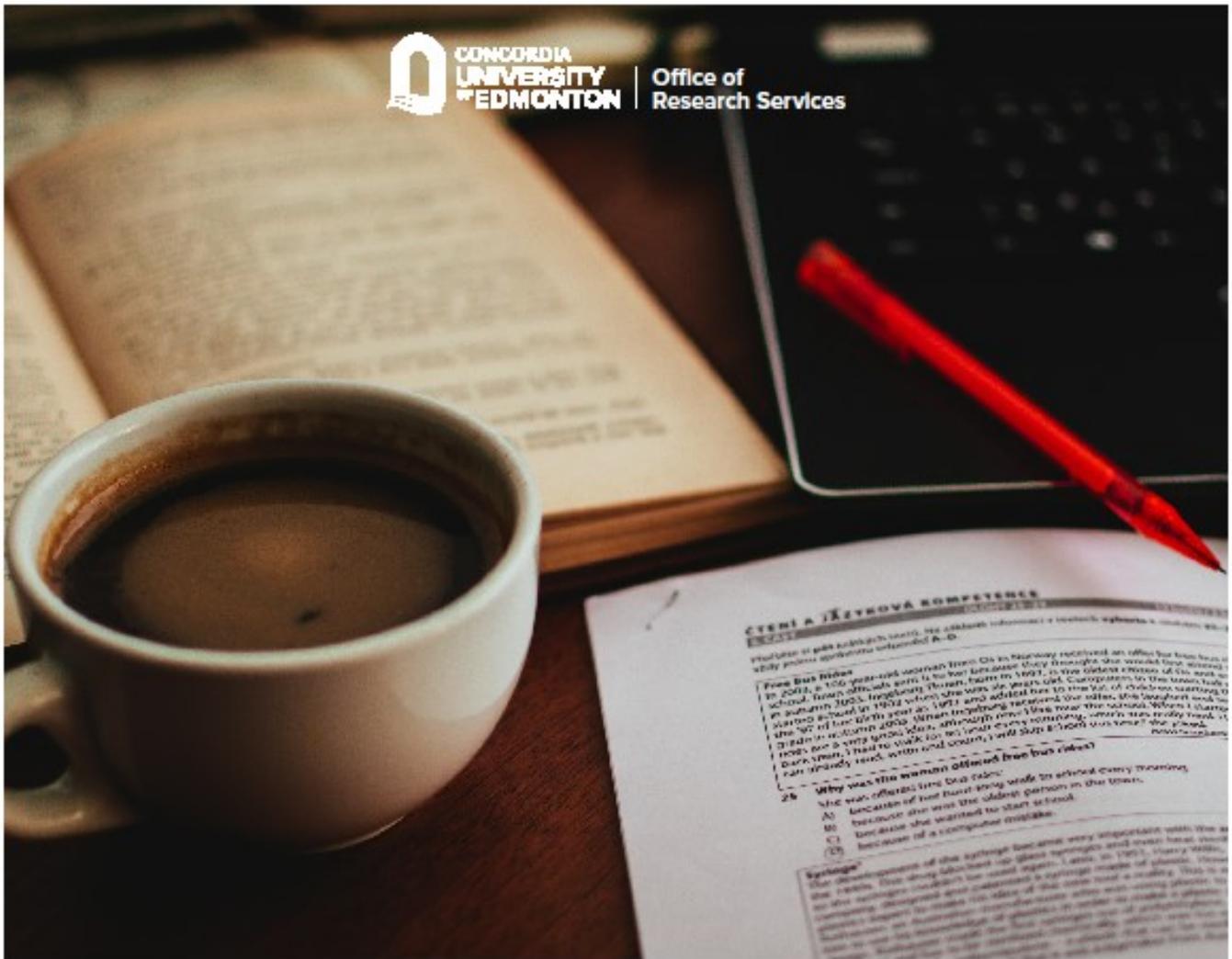
Speed Dating to begin at 6 PM
Register at the event or email
rhaslam@student.concordia.ab.ca
to register!





CONCORDIA
UNIVERSITY
EDMONTON

Office of
Research Services



STUDENT RESEARCH CAFE

WITH GUEST **DR. HARISSIOS VLIAGOFTIS (UofA)**

FEBRUARY 26TH • 12-1 PM • BMO-CIAR (AW125)

The monthly **Research Café** is an informal meeting that allows students to engage with presenters in a direct manner and discuss topics such as career choices, research outside academia, becoming a research entrepreneur, doing research in the private/public sector and more.

RSVP BY FEB 14 AT [BIT.LY/FEB-RC](http://bit.ly/feb-rc)

PIZZA WILL BE SERVED



Alberta Student Loan Agreements can now be submitted online!

As of February 6, 2020, students will be able to complete their Alberta Student Aid agreement, including providing bank account information, online.

Students who are approved for Alberta Student Aid will receive an email asking them to log in to their AB Student Aid Service Centre - MyLoan account [myloan.studentaid.alberta.ca]. When they log in, they will be prompted to complete their Alberta Student Aid agreement. This replaces the old process of printing, signing, and taking the agreement to a designated Canada Post outlet.

Important to note:

- Students who received AB Student Loan agreements before February 6, 2020 will continue to use the old process of taking it to a designated Canada Post Office (instructions provided with the agreement), until March 13, 2020.
- The process to complete the Canada Student Loan Agreement through NSLSC Online Services has not changed.

Questions? Call 1.855.606.2096 or visit a Concordia financial aid advisor (HA120)

**Join the Concordia
Science Society for . . .**

BOWLING NIGHT

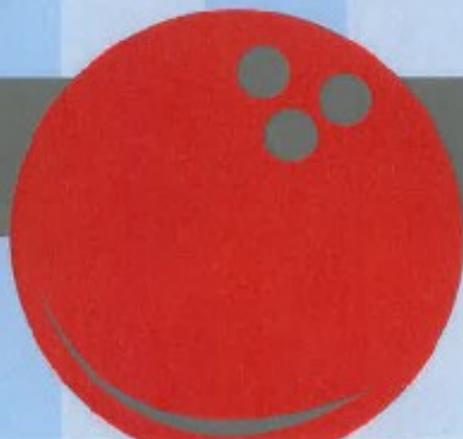
Friday, February 28th

7-9 PM

KJ Bowling (12143 54th Street)

Tickets \$10+GST @Bookstore

Present ticket to CSS upon
arrival



EDMONTON
POLICE
SERVICE

COFFEE WITH COPS

COME ENJOY A FREE
COFFEE AND TALK TO
RECRUITERS ABOUT A
CAREER IN POLICING.



Where: Tegler Hall

When: February 11, 2020

Time: 9AM - 11AM

Join **EPS**.ca

Alberta's





HAPPY HOUR WITH GSA

GET TO KNOW YOUR PEERS AND
ENJOY FREE PIZZA!



12 February, 2020
4:00 PM - 5:00 PM
HAC 237

FREE FOR CONCORDIA STUDENTS AND
FACULTY MEMBERS (EQUIPMENT PROVIDED)



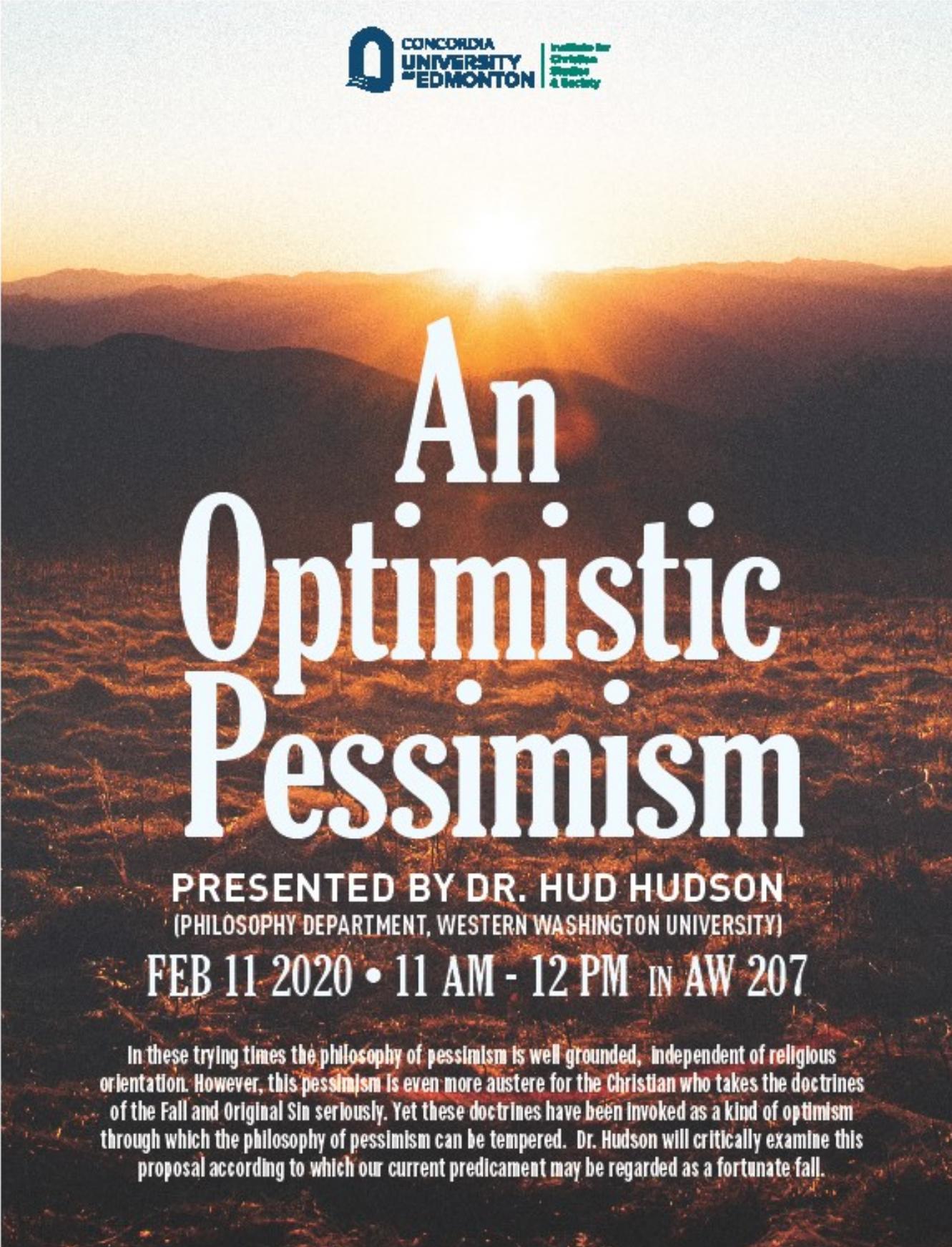
Every Friday

4:00pm-6:00pm in HA 343

Email: maclub@student.concordia.ab.ca or follow us!

@Concordiaselfdefense





An Optimistic Pessimism

PRESENTED BY DR. HUD HUDSON
(PHILOSOPHY DEPARTMENT, WESTERN WASHINGTON UNIVERSITY)

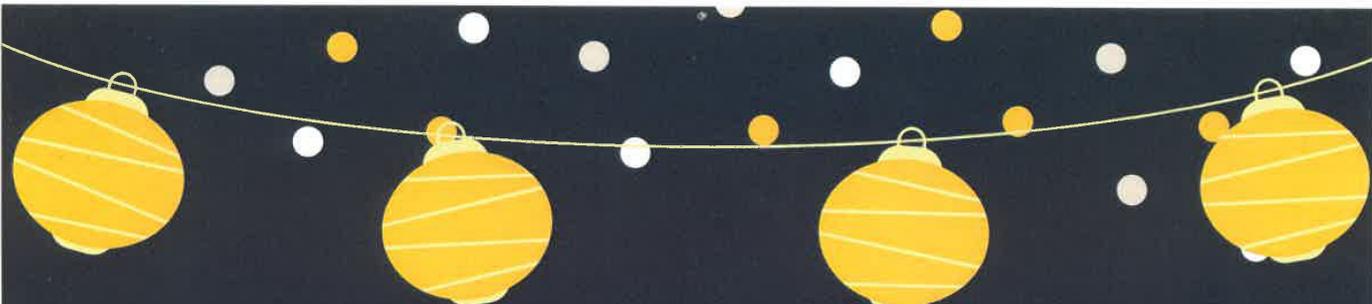
FEB 11 2020 • 11 AM - 12 PM IN AW 207

In these trying times the philosophy of pessimism is well grounded, independent of religious orientation. However, this pessimism is even more austere for the Christian who takes the doctrines of the Fall and Original Sin seriously. Yet these doctrines have been invoked as a kind of optimism through which the philosophy of pessimism can be tempered. Dr. Hudson will critically examine this proposal according to which our current predicament may be regarded as a fortunate fall.



PHILOSOPHY, MORALITY & RELIGION **IN VIDEO GAMES AND MASS EFFECT**

FEB 12, 2:00-2:50 PM • HA 206
MA DISSERTATION PUBLIC EVENT, ERIN ARCHER



CAS PRESENTS ARTS WEEK
FEATURING: FINE ARTS

Paint Night

BUY TICKETS IN THE BOOKSTORE
INCLUDES: DINNER, ART SUPPLIES &
COMPLEMENTARY WELLNESS BASKETS!

DATE: FEBRUARY 13, 2020

TIME: 5PM-8PM

LOCATION: TEGLER

PRICE: \$20+GST/ TICKET



Lois Hole Humanities and Social Sciences Scholarship

Donor: *Government of Alberta*

A **\$5,000** award offered annually to a 2nd, 3rd or 4th year full-time undergraduate student in the **Faculty of Arts** who demonstrates academic excellence, leadership skills and active community service.

For More Information and to Apply:
financialaid.concordia.ab.ca

Application deadline: **February 24th, 2020**





Dr. Gary McPherson Leadership Scholarship

Recognizes students who have demonstrated outstanding leadership, especially in the area of disability, and/or initiative to improve the conditions and lives of others. **Full-time domestic Graduate and Undergraduate students who are Alberta residents may apply. Award Value: \$2000**

Deadline to apply: February 15th
Application available at tinyurl.com/CUE-Leader
Questions? finaid@concordia.ab.ca



Laurence Decore Award for Student Leadership

Recognizes post-secondary students who have demonstrated outstanding dedication and leadership to fellow students and to their community. **Full-time domestic Undergraduate students who are Alberta residents may apply. Award Value: \$1000**

Deadline to apply: February 15th
Application available at tinyurl.com/CUE-Leader
Questions? finaid@concordia.ab.ca

NITSSAAKITA' PAISPINNAAN – We Are Still In Control

CUE LIBRARY, MAIN FLOOR
JAN 22 – FEB 19, 2020



Image credits: (Top row, left to right) Smith Wright, *Mootwistsiiksiinaki (All Around Snake, Woman) #5*, 2019, crackle paste and acrylic on board, Collection of the artist. Kristy North Peigan, *Red Carpet*, 2019, digital print and oil on canvas, Collection of Kristy North Peigan/Kristy NP. Smith Wright, *Mootwistsiiksiinaki (All Around Snake Woman) #4*, 2019, Crackle paste and acrylic on board, Collection of the artist. (Bottom row, left to right) Kristy North Peigan, *Vaporwave-Signals*, 2019, digital print and oil on canvas, collection of Kristy North Peigan/Kristy NP. Lori Scalplock, *Mothers are the Foundation of our families, Fire in the Night, Renew, Recycle*, 2019, Quill work on smoked Moose hide, Collection of Lori Scalp.



Applied Emphasis Psychology Program

MEND THE PART OF THE WORLD THAT IS WITHIN YOUR REACH

Clarrissa Pinkola Estes, Jungian Psychoanalyst & Social Activist

Explore how your psychology degree can help you make meaningful contribution in the lives of Edmonton's children, youth, adults, and seniors.

The Applied Emphasis Psychology Program matches psychology students with field placements in schools, hospitals, non-profits, and government agencies.

Develop your communication, assessment, and/or research skills and make a difference to the wellbeing of a diverse range of Edmontonians.



Strengthen your applications for employment or graduate studies. Contact Dr. Anju Anand, Field Coordinator, at anju.anand@concordia.ab.ca

Concordia Psychology Club Presents

MENTAL HEALTH FIRST AID YOUTH FOCUS

FEBRUARY 20-21, 2020 | 9AM-5PM

ROOM HA207

\$27.54/PERSON

Reserve your spots at

<https://cpc-mhfa.eventbrite.com>

*For more information email
psychologyclub@student.concordia.ab.ca*



ASIST

Applied Suicide Intervention Skills Training

Suicide first-aid. A two-day, skills-based workshop for intervening with a person at risk of suicide.

Learning objectives:

- Recognize that caregivers and persons at risk are affected by personal and societal attitudes about suicide
- Discuss suicide with a person at risk in a direct manner
- Identify risk alerts and develop a safe plan related to them
- Demonstrate the skills required to intervene with a person at risk of suicide

Mar 21 & 22, 2020

8:30am-4:30pm

Open to students, staff & faculty

Location: Design Thinking Space – AW207

Cost: FREE (\$250 value!)

Hosted by: CUE Wellness

To register, email:

nicole.houghtaling@concordia.ab.ca