CUE WEEKLY NEWSLETTER



DROP-IN BASKETBALL INTRAMURALS

WELLNESS WEDNESDAY - JAN 15 HATHA YOGA

FITNESS FRIDAY - JAN 17 **ZUMBA**



INSIDE THIS EDITION:

- Cafeteria Menu
- Kasey Machin of Party YEG
- Free Your Mind-Jan 17
- Intercultural Days-Jan 22
- Tai-Chi
- Facing difficult Circumstances?
- Wellness Wednesday
- Extension Chinese Courses
- Text Book Market Place
- Skills for Professional Success
- What's Your Blood Type?
- NEDIC Support
- Health & Dental Opt Out Deadline-Jan. 20
- Printing Your Health Care Card
- Alberta Graduate Scholarship
- Flip The Script
- CUE Career Fair
- GSA Bursary
- GSA Scholarship
- Lois Hole Scholarship
- Concordia General Awards
- Mackenzie King Scholarship



CAFETERIA MENU PAGE 2

FINANCIAL AID & AWARDS STUDENT LOANS INFORMATION SESSION

Do you have a student loan? Are you a bit confused about it all? Having the right information is your most powerful tool. Join us!



WEDNESDAY, JANUARY 22ND

12:00 p.m. – 12:45 p.m. | ROOM HA 237 | FINAID@CONCORDIA.AB.CA PRESENTER: MARGIE SCHOEPP, FINANCIAL AID AND AWARDS COORDINATOR

This presentation will include 5 things you need to know about your student loan:

- 1. Life cycle of a student loan
- 2. Interest-free status
- 3. Reinstatement of Interest-free status
- 4. Borrow wisely
- 5. Repayment

CAFETERIA MENU: JANUARY 13-17

Monday:

Lunch: Mediterranean Chicken Bowl - \$9.99 - Vegetarian Option available

Supper: Perogies with Garlic Butter, Onions, and Cheddar Cheese, and sautéed Vegetable Medley - \$7.99 (vegetarian)

Pizza: Three Cheese, Pepperoni

Tuesday:

L: Tandoori Chicken with Basmati rice and garlic and cumin cauliflower - \$9.99 (Gluten Free)

S: Beef Stroganoff with Egg Noodles - \$9.99

Pizza: Three Cheese, Potato Bacon Ranch

Wednesday:

L: Italian Loaded Mashed Potatoes with Zucchini and Tomato Sauté - \$7.99

S: Butter Chicken with Basmati Rice, Peas, and Carrots - \$9.99 (Halal, Gluten Free)

Pizza: Three Cheese, Taco Pizza

Thursday:

L: Vegetarian Lasagna with Garlic Toast - \$7.99 (Vegetarian)

S: Chicken Pad Thai - \$9.99

Pizza: Three Cheese, Hawaiian

Friday:

L: Chicken Pot Pie - \$7.99

S: Fish and Chips with Tartar Sauce - \$9.99 (Halal)

Pizza: Three Cheese, Chicken and Broccoli

Deli:

BBQ Chicken Wrap

Tuna Salad Ciabatta

Grilled Caprese Panini



NEW! Cafeteria Hours: Monday to Friday to 7:30AM-6:45PM





Tuesday, January 14 2020 FROM 12-1:00 IN THE Design Thinking Space (AW 207)

KASEY IS A POLICY ADVISOR FOR ANDREW KNACK, CITY OF EDMONTON WARD 1 COUNCILLOR, AND CO-FOUNDED PARITY YEG, A GROUP FOCUSED ON ENCOURAGING WOMEN TO RUN FOR MUNICIPAL POLITICS.





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debug = 0; #define DEBUG_STATEMENT /* It is useful to test things that ``must" be true when debugging. */ #include <assert.h> static int debug = 0; #define DEBUG_STATEMENT(e) e #define DEBUG_PRINT1(x) if (debug) printf (x) #define DEBUG_PRINT2(x1, x2) if (debug) print (x1, x2, x3) #define DEBUG_PRINT2(x1, x2) if (debug) print (x1, x2) #define DEBUG_PRINT2(x1, x2) if (debug) print (x1, x2) #define DEBUG_PRINT3(x1, x2, x3) #def BUG PRINT COMPILED PATTERN(p, s, e)\ if (debug) print partial compiled pattern (s, e) #define DE BUG_PRINT_DOUBLE_STRING(w, s1, sz1, s2, sz2) \if (debug) print_double_string (w, s1, sz1, s2, sz2) extern void printchar(); /* Print the f extern void printchar(); /* Print the fas extern void printchar(); /* Print the fastmap in human-readable form. */ void print_fastmap (fastmap) char *fastmap; { unsigned was_a_ra char *fastma { was_a_range = 0; printchar (i - 1); v { was_a_rang { na char *fastmap; { unsigned was_a_ran { was_a_range = 0; printchar (i - 1); wh char *fastmap; { unsigned was_a_range = 0; unsigned i = 0; while (i < (1 << BYTEWIDTH)) { if (fastmap[i++]] $\{ was_a_range = 0; printchar (i - 1); while (i < (1 << BYTEWIDTH) & fastmap[i] \} \{ was_a_range = 1; i++; \} if$ {was_a_range} = 0; printchar (i = 1); y {wab_a_range} {was_a_range} {printf ("-"); printchar (i (was_a_range) {printf (w while (--mcnt); break; case start_merwhile (--mcnt while (--mcnt); break; case start_memo *p++); break; case stop_memory: m *p++); break *p++); break; case stop_memory: mcn(*p++); break; case stop_memory: mcn(*p++); break; case stop_memory: mcn(= *p++; printf("/stop_memory/%d/%d", mcnt, *p++); break; case duplicate: printf("/duplicate/%d", *p++); break; case anychar: printf("/anychar"); break; case duplicate: print ("Adpinopreak; case duplicate; print ("Adpinopreak; case duplicate; print ("Adpinopreak; case duplicate; print ("Adpinopreak; case charset; print ("Adpinopreak; case charset; case cha break; case charset: case charset_not: / break; case charset: case charset_not: { register int c; printf ("/charset%s", (re_opcode_t) *(p break; case on_failure_keep_string_ibreak; case or ("/on_failure_keep_string_jump/0/%("/on_failure_ tract_number_and_incr (&mcnt, &p);tract_numb oreak; case orbreak; case on_failure_keep_string_jurbreak; case on_failure_keep_string_jump; extract_number_and_incr (&mcnt, &p); printf "Yon_failure_("Yon_failure_keep_string_jump/0/%d","Yon_failure_keep_string_jump/0/%d", mcnt); break; case dummy_failure_jump; extract_numbetract_number_and_incr (&mcnt, &p); ptract_number_and_incr (&mcnt, &p); printf ("/dummy_failure_jump/0/%d", mcnt); break case push ..dummv_failure: printf ("/pus failure: printf ("/push_dummy_failure"); break; case mayaluce: pint (*/pease_pith) distable plot and period (*/pease_pith) distance pint (*/pease_pith) distance pith (*/pease_pith) distance pith (*/pease_pith) distance pop_jump) and period peop_jump (*/maybe_pop_jump) (*/maybe_

FREE YOUR MIND

Fri Jan. 17th, 2020 - 1 to 2 PM (MST) Location: HAC - 206 Cost: Free Open to All Students, Staff & Faculty

By:

Dr. Dahlia Mostafa
Award-Winning Professional Certified Master
Life Coach, Marriage & Youth Counsellor
www.lifetransformationacademy.org



INTER CULTURAL

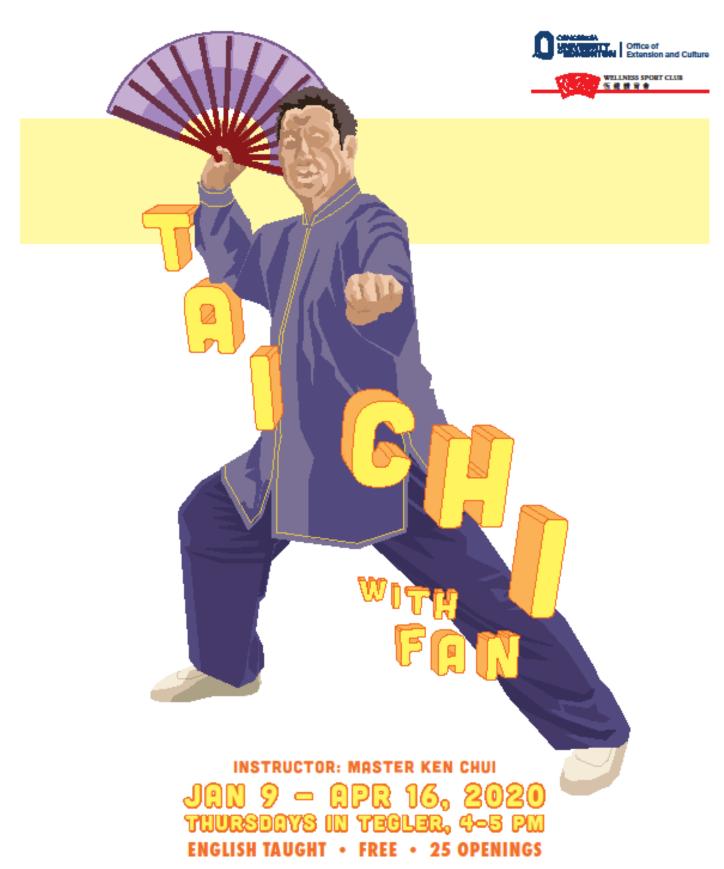
DAYS

ROBERT TEGLER STUDENT CENTRE

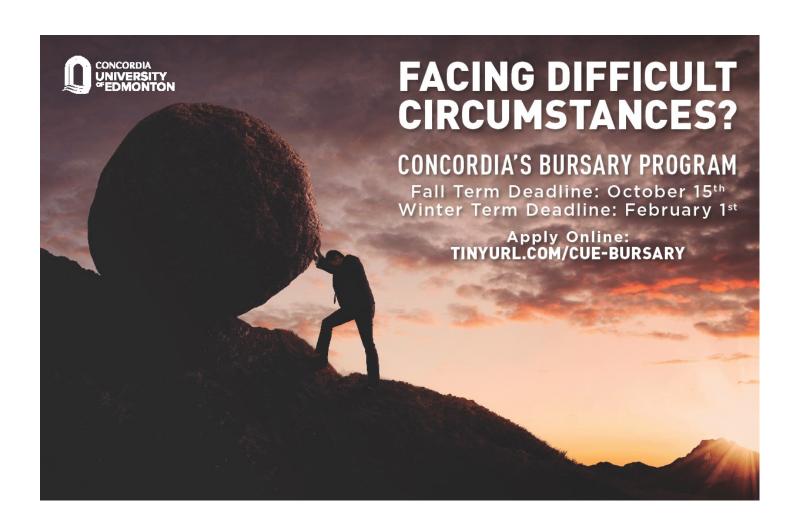
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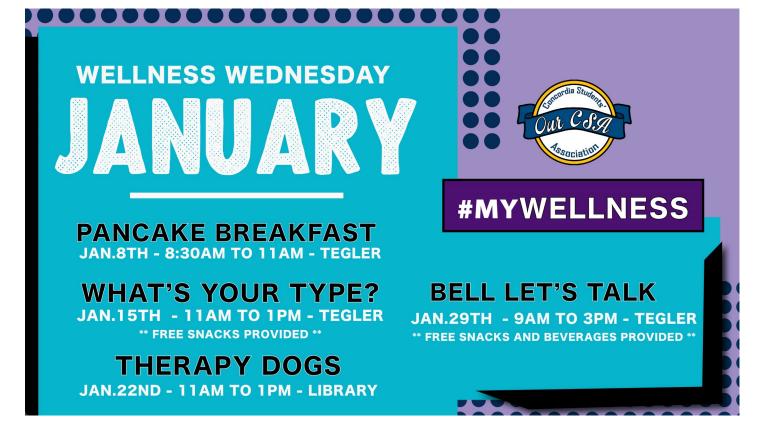
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CULTURAL ASSOCIATIONS PERFORMANCES - SNACKS



CUE Faculty/Staff/Students Registration: Online Course Selector
Public Registration: bit.ly/oec-register







EXTÉNSION CHINESE LANGUAGE COURSES WINTER 2020

\$200 FOR EACH COURSE NON-CREDIT

JANUARY 13 TO APRIL 9
INSTRUCTOR:
Ms. Sharon Zhong
Centre for Chinese Studies

For course registration, visit concordia.ab.ca/extension-courses Email: sharon.zhong@concordia.ab.ca



Office of Extension and Culture

student second hand textbook market

JAN. 8TH-17TH
UPPER TEGLER
OPEN 24/7

MATH 113

GERMAN 101

DRAMA 425

MATH 113

ECON 102



-improve your professional & social skills-

SKILLS FOR PROFESSIONAL SUCCESS WINTER 2020

PROVIDE PRACTICAL STRATEGIES TO ENHANCE YOUR PROFESSIONAL ETIQUETTE

appropriate business attire & grooming verbal & non-verbal communication

telephone etiquette & time management, etc

Time: FEBRUARY 7- MARCH 13, 2020

9:00-12:00(Saturdays)

Location: Concordia University of Edmonton

7128 Ada Blvd. Edmonton, AB

For course registration, visit concordia.ab.ca/extension-courses





January 15, 2020 • 11-1 Tegler Student Centre

Find out your blood type & sign up to donate!

#cbsCUE #givebloodcanada

NEDIC Support ⋅ ⋅ ⋅ − ×

Hello! Thanks for contacting NEDIC. How can I help you today?

Hi. I'm losing control of what and how much I eat...I don't know what to do...

I'm glad that you reached out.

Would you like to tell me a bit more
about what's going on?

Concerned that food or exercise dominates your life or a loved one's life?

Then we're concerned too.

So let's chat.

Visit www.nedic.ca to access our anonymous and confidential instant chat service.





mystudentplan

New students starting in January:
Opt-in, opt-out, or add family to your student health and dental plan!

Deadline: Monday, January 20th, 2020



Quickly and easily register at www.mystudentplan.ca.



CSA HEALTH & DENTAL BENEFIT CARD INFORMATION

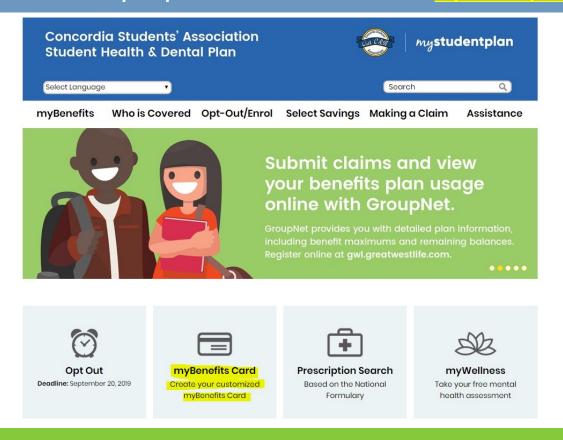
When seeking services from:

- Pharmacy
- Dental
- Paramedical

Present your Health & Dental card, not your Student I.D.



To print or email your personalized benefit card visit mystudentplan.ca



Questions?

Student Services Coordinator- Benefit Plan Office

Cheryl M. Johnson

Student Success Centre, HA107F

780-491-6243 or email: concordiaplan@mystudentplan.ca



Recognizing outstanding academic achievement in graduate studies

Award Value:

\$11,000 Masters

Eligible Programs:

Any master's or doctoral degree program at an institution in Alberta. You must be enrolled in the Fall 2019 and/or Winter 2020 semesics:

The application will be available on:

Application Deadline:

JANUARY 15, 2020

How to Apply:

Talk to your school for details on how to apply

Visit: financialaid. concordia ab.ca



SEXUAL ASSAULT RESISTANCE TRAINING FOR UNIVERSITY WOMEN

JAN 20, 22, 27 & 29 2020 3:00 - 6:00 PM

12 hour sexual assault resistance training, open to all self-identified women currently enrolled at Concordia University of Edmonton.

REGISTER ONLINE AT TINYURL.COM/CUE-FLIP

Space is limited to 20 students.



CUE CAREER FAIR

WED. JANUARY 29, 2020 10 AM - 2 PM TEGLER

Questions? Ask Career Services!

Drop by: Student Life and Learning

Email: career.services@concordia.ab.ca







GSA Bursary Award

Value: \$1000

(The value of the award may be prorated based on enrolment)

A financial need-based award given out each semester. The number of bursaries will vary depending on the funds collected from the GSA fee levy and the number of applicants in any given semester. Recipients must demonstrate financial need based on a modest standard of living.

Students may only receive this award once during their program of study. There is no limit to the number of applications that may be submitted.

How to Apply:

Submit an online application through Online Services for Students

Application Deadlines:

- February 1
- May 15
- October 1



GSA Scholarship Award

Value:

- \$1,000 for a degree program
- \$750 for a diploma program
- \$500 for a certificate program

(The value of the award may be prorated based on enrolment)

A merit-based award given out each semester.
Recipients must have completed at least one semester of study at the time of application, present a minimum cumulative GPA of 3.5 or higher and demonstrate the ability to balance employment, family commitments and community involvement while studying at the graduate level.

Students may only receive this award once during their program of study. There is no limit to the number of applications that may be submitted.

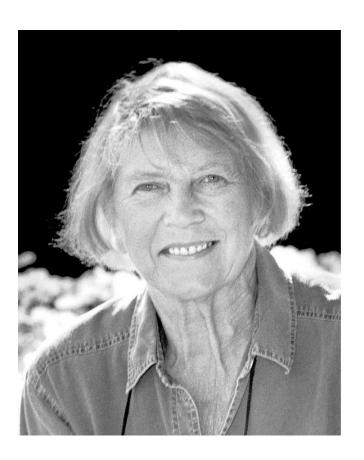


How to Apply:

Submit an online application through Online Services for Students

Application Deadlines:

- February 1
- May 15
- October 1





LOIS HOLE HUMANITIES AND SOCIAL SCIENCES SCHOLARSHIP

DONOR: GOVERNMENT OF ALBERTA

VALUE: \$5,000 DEADLINE: FEB 24TH

A \$5,000 award offered annually to a continuing undergraduate student in the Faculty of Arts who demonstrates academic excellence, leadership skills and active community service.

FOR MORE INFO & TO APPLY: financialaid.concordia.ab.ca



80% of success is just showing up.

Apply for scholarships!

CONCORDIA GENERAL AWARDS

50+ SCHOLARSHIPS, 1 ONLINE APPLICATION

APPLY ONLINE BY JANUARY 15
MORE INFO AT FINANCIALAID.CONCORDIA.AB.CA

The Mackenzie King Scholarships

Are you a 4th year undergraduate student interested in pursuing graduate studies?

These awards are based on high academic achievements (typically all A's or very nearly so), personal qualities, and demonstrated aptitudes. Consideration will also be given to the applicant's proposed program of study.



The Mackenzie King Open Scholarship

Value: \$8,500

Open to graduates of any Canadian university who engage in (commence or continue) graduate study (master's or doctoral) in any field, in Canada or elsewhere. One Open Scholarship is awarded each year.

The Mackenzie King Travelling Scholarship

Value: Four scholarships of \$10,500

Open to graduates of any Canadian university who engage in (commence or continue) postgraduate study (master's or doctoral) in the United States or the United Kingdom, of international relations or industrial relations (including the international or industrial relations aspects of law, history, politics and economics).

How to Apply: Submit your application documents to Student & Enrolment Services (HA120) by <u>February 1st, 2020</u>. You may apply for both scholarships with a single application if the eligibility criteria are met for both.

For more information and to apply visit: financialaid.concordia.ab.ca