

## CAFETERIA MENU-October 21

### MONDAY

Lunch: Spicy Shanghai Noodle Stir Fry with Kung Pao Tofu

Supper: Perogies with Garlic Butter, Onions, & Cheddar Cheese and Sautéed Vegetable Medley

### TUESDAY

Lunch: Tandoori Chicken with Basmati Rice and Garlic and Cumin Cauliflower

Supper: Pork Stroganoff with Egg Noodles

### WEDNESDAY

Lunch: Italian Loaded Mashed Potatoes with Zucchini and Tomato Sauté

Supper: Butter Chicken with Basmati Rice, Peas and Carrots

### THURSDAY

Lunch: Migas Egg & Grain Bowl

Supper: Plant Power Beef and Lentil Bolognese

### FRIDAY

Lunch: Homemade Chicken Stew with Rice

Supper: Fish and Chips with Tartar Sauce

### DELI:

BBQ Chicken Wrap

Tuna Salad Ciabatta

Grilled Caprese Panini



## INSIDE THIS EDITION:

- Sustainability Awareness Week
- Live Your Dream Award
- Respect and Our Community
- Open Access Week– 5 Day Challenge
- SWAAC Grad Student Award
- SWAAC Diversity and Inclusion Award
- Flip the Script
- Operation Wallacea
- Journal Club
- Pizza with the President-Oct. 23
- CUCA Spooka
- Pumpkin Carving Oct. 31
- Short film Competition
- Mental Health First Aid Course
- Diwali Festival
- Concordia Connects
- Sacred Music Festival-Oct. 20
- In the Footsteps of a Giant– Oct 27
- Concordia Acoustics
- Rotary Club Travel Bursaries
- Purdy's Chocolate Sale

## FREE FLU SHOT CLINIC

**OCTOBER 23 AND 24**

**10AM - 2PM IN S206**

**AVAILABLE FOR FACULTY, STAFF, AND STUDENTS!**



## GRAD PHOTO SESSION

NOVEMBER 12-15, 2019

ROOM HA020-HOLE ACADEMIC BUILDING.

All appointments are booked online at:

[Lifetouch Graduation Portraits / Concordia](#)

Questions? Email [studentlife@concordia.ab.ca](mailto:studentlife@concordia.ab.ca)



## WELLNESS WEDNESDAY

# OCTOBER



**#MYWELLNESS**

**COFFEE AND DONUTS**

OCT. 23RD - 11AM - TEGLER

**HALLOWEEN COOKIES MAKING**

OCT. 30TH - 11AM TO 1PM - TEGLER



**SUSTAINABILITY**  
Awareness Week  
October 21-25, 2019









*Are you a woman with primary financial responsibility for yourself and your dependents?*

**APPLY TODAY FOR THE  
LIVE YOUR  
DREAM AWARD**

The Soroptimist International Club of Edmonton provides cash grants for women enrolled in undergraduate degree programs who are working to better their lives.

**DEADLINE: NOVEMBER 15TH**

**FOR INFORMATION & TO APPLY VISIT  
SIEDMONTON.ORG**

Questions? Contact Anna Der  
email [anna.der@siedmonton.org](mailto:anna.der@siedmonton.org)

For further details visit:  
[LiveYourDream.org](http://LiveYourDream.org)

## RESPECT AND OUR COMMUNITY

Please remember to always be respectful as part of the CUE community. While it is required as part of the Student Code of Conduct, more importantly, consider how you want others to treat you and do the right thing.

Whether you are studying alone or in a group, or socializing, consider how your words and actions may impact those around you. This is especially important around assessment time.

Speak at a volume that allows others to use the space as it is intended to be used, keep access available to those who are allowed to access and look after the physical space so it is ready for the next person to use.

With a little thought from us all our community is much more enjoyable to be part of.

Thank you.

# OPEN ACCESS WEEK 5 DAY CHALLENGE

SUPPORT OPEN ACCESS TO INFORMATION

**OCTOBER 21 - 25, 2019**

ENTER TO WIN A CUE HOODIE BY  
COMPLETING ONE CHALLENGE!

ALL CUE FACULTY, STAFF, &  
STUDENTS ARE ELIGIBLE TO WIN.

FIND DAILY  
CHALLENGES ON

- [INSIDE CUE](#)
- [WWW.CONCORDIA.AB.CA/LIBRARY](http://WWW.CONCORDIA.AB.CA/LIBRARY)
- [WWW.CUELIBRARY.BLOG](http://WWW.CUELIBRARY.BLOG)





Senior Women Academic Administrators of Canada  
*Administratrices Universitaires du Canada*

# SWAAC Graduate Student Award of Merit

Award Value: \$3500

Application Deadline: November 29, 2019

The Senior Women Academic Administrators of Canada (SWAAC) organization was founded in 1987 to provide a forum and a collective voice for women in senior administrative ranks in Canadian universities, colleges and technical institutes.

In 2020, SWAAC is offering four awards of \$3,500 each to **female graduate students** studying in the Western Provinces who have demonstrated outstanding leadership in the university or general community while maintaining exemplary academic records.

If you would like to participate in Concordia's competition to be selected as Concordia's nominee, read through the application information and submit your application documents by the deadline.

For more information and to apply, visit  
**[financialaid.concordia.ab.ca](http://financialaid.concordia.ab.ca)**

[finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)

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Senior Women Academic Administrators of Canada  
*Administratrices Universitaires du Canada*

## **SWAAC Student Award for Equity, Diversity and Inclusion**

Value: \$3500

Application Deadline: November 29, 2019

In 2020, The Senior Women Academic Administrators of Canada (SWAAC) is offering a \$3,500 award to a **female\* graduate or undergraduate student** studying in the Western Provinces who has demonstrated outstanding leadership in the university or general community while maintaining exemplary academic records.

*\*Diversity Statement: SWAAC is committed to prioritizing equity in this application process and encourage students who identify as LGBTQ+, racialized, Indigenous and/or students with disabilities to apply for this award.*

Concordia University of Edmonton has been invited to submit one (1) nominee to this regional competition. If you would like to participate in Concordia's competition to be selected as Concordia's nominee, read through the application information and submit your application documents by the deadline.

For more information and to apply, visit  
**[financialaid.concordia.ab.ca](http://financialaid.concordia.ab.ca)**

Questions? [finaid@concordia.ab.ca](mailto:finaid@concordia.ab.ca)



Oct 15-Planning on applying to Grad programs\_.png

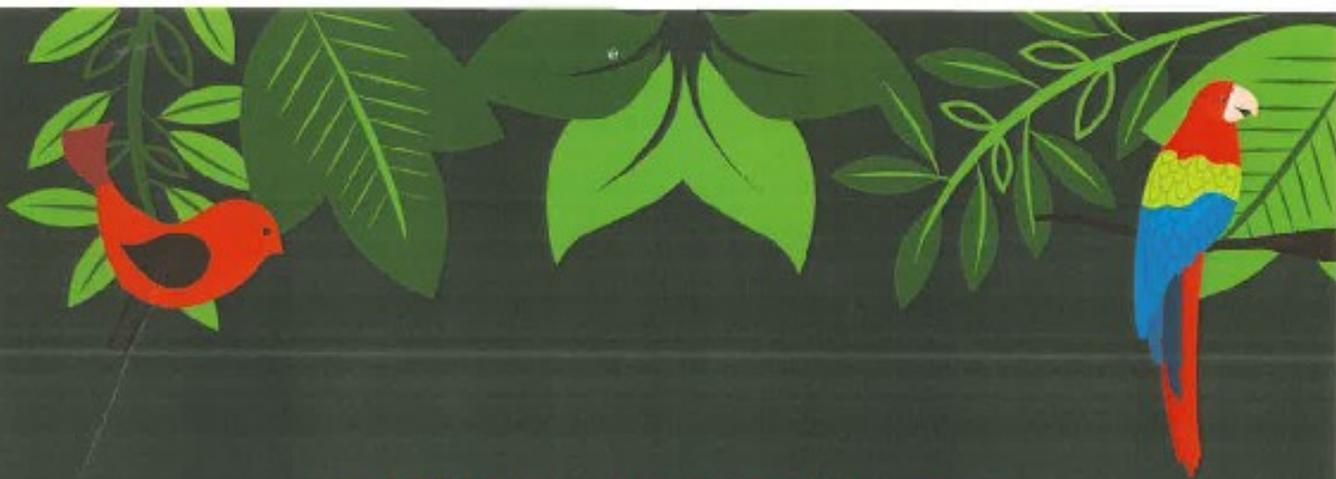
**SEXUAL ASSAULT RESISTANCE TRAINING  
FOR UNIVERSITY WOMEN**

**OCT 21, 23, 28 & 30 2019  
2:00 - 5:00 PM**

12 hour sexual assault resistance training, open to all self-identified women currently enrolled at Concordia University of Edmonton.

**REGISTER ONLINE AT  
[TINYURL.COM/CUE-FLIP](http://TINYURL.COM/CUE-FLIP)**

Space is limited to 20 students.



CONCORDIA SCIENCE SOCIETY  
PRESENTS

# OPERATION WALLACEA PRESENTATION

MON, OCT 21 | 12-1PM | HA206  
FRI, OCT 25 | 12-2PM | HA206



Concordia Faculty of Science & CSS Present...

# JOURNAL CLUB

Wednesday, October 30th

HA 237

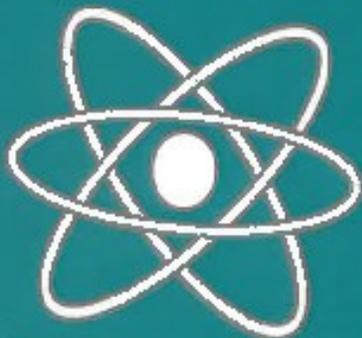
12-12:50pm

**SPEAKER: DR. OWEN SCADENG**

**TOPIC: THE SCIENCE OF FERMENTATION & ITS USE  
IN BEER AND BREAD**



Come out to learn more about the topic and  
enjoy some free pizza!





UNDERGRADUATE STUDENT EVENT:

# Pizza with the Presidents

OCT 23 • 12 PM • AW207 (DESIGN THINKING SPACE)

All undergraduate students are invited to join **President Loreman & CSA President Brad Agnew** for a chance to have a brief update, along with an informal conversation.

\* Please note that there will be a limited amount of pizza and will be based on first come, first served.

# CUCA SPOOKKA

OCTOBER 26

**UNION HALL / DOORS OPEN AT 9PM / TICKETS \$10+GST  
PURCHASE TICKETS AT BOOKSTORE OR UNIONHALL.CA**

ROUND TRIP TO UNION DEPARTING AT 9:30PM FROM HOLE ACADEMIC / LEAVING UNION HALL AT 2AM

REGISTER AT [OURCSA.CA](http://OURCSA.CA) / MANDATORY COSTUMES / HUGE PRIZE EVENT / 18+

BRING STUDENT ID FOR EVENT DISCOUNTS





# HAPPY HALLOWEEN



**OCTOBER 31ST**  
**HUGE PRIZE EVENT**

## **PUMPKIN CARVING AND COSTUME CONTEST**

**CARVING / 11AM TO 1PM**

**COSTUME CONTEST / 12PM TO 1PM**

**ALL FESTIVITIES WILL BE HELD IN TEGLER**





Concordia **TALKS**



SUBMIT YOUR SHORT FILM TO

# MOVIES *for* MENTAL HEALTH

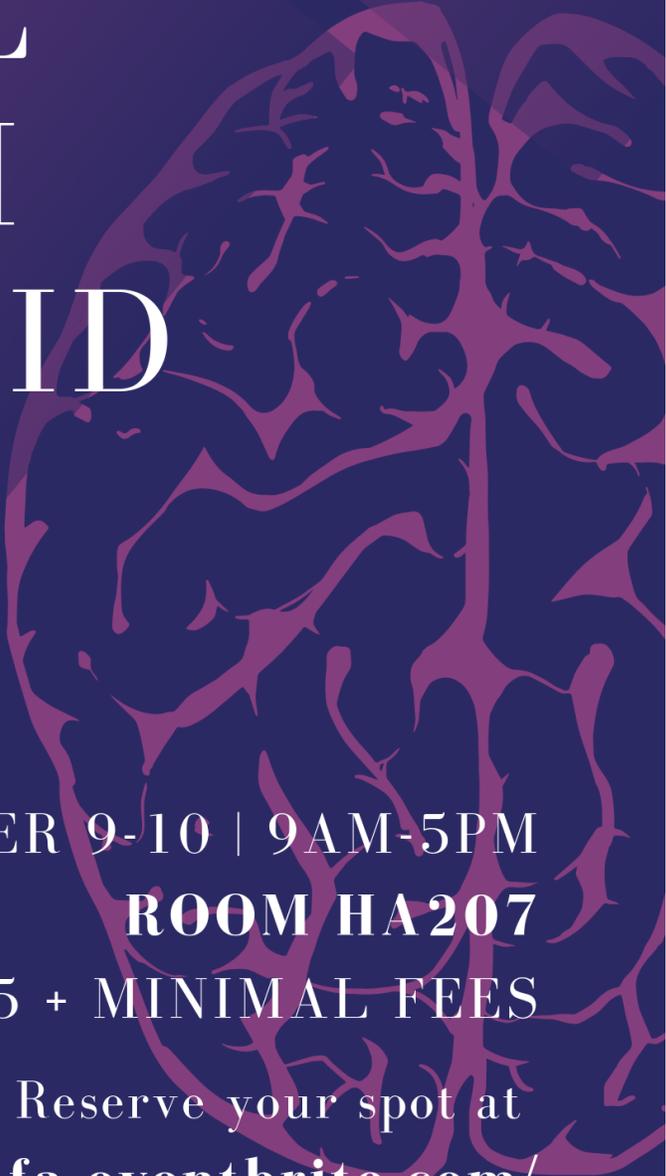
Have your film shown at an on-campus event  
and get the chance to win \$500

Submit a short film, less than 5 minutes long, dealing  
with the topic of mental health, and have it shown at  
**Movies for Mental Health** on December 4.

*More info:* [TINYURL.COM/CONCORDIATALKS](http://TINYURL.COM/CONCORDIATALKS)

Concordia Psychology Club Presents:

# MENTAL HEALTH FIRST AID COURSE



NOVEMBER 9-10 | 9AM-5PM

**ROOM HA207**

\$25 + MINIMAL FEES

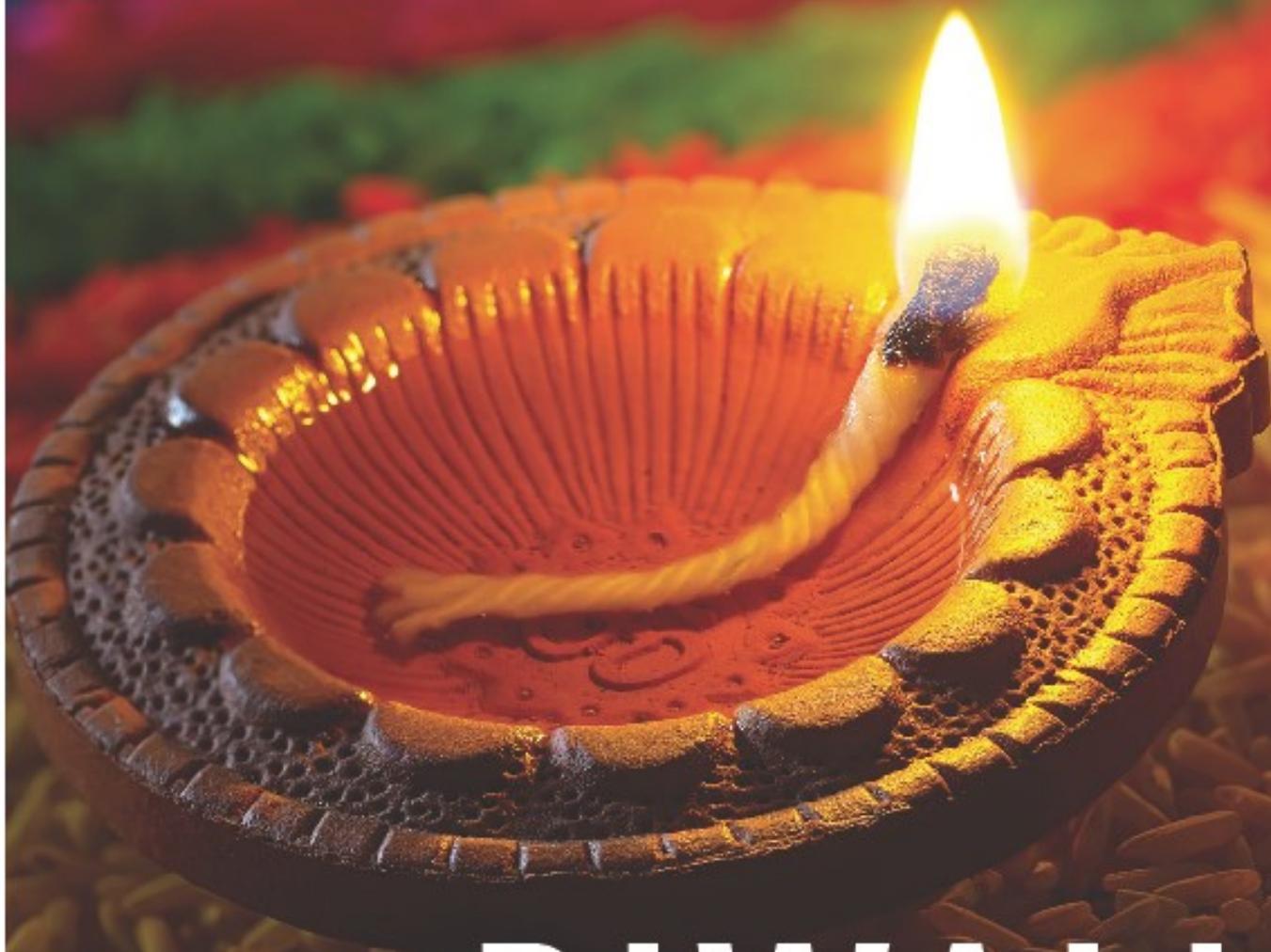
Reserve your spot at

<https://cpc-mhfa.eventbrite.com/>

*For more information email  
[psychologyclub@student.concordia.ab.ca](mailto:psychologyclub@student.concordia.ab.ca)*



CONCORDIA  
UNIVERSITY  
EDMONTON | International  
Office



# DIWALI

**THE FESTIVAL OF LIGHTS**

TO CELEBRATE THE INDIAN NEW YEAR

Monday, October 28, 2019

Tegler • 12-1 pm

For more info email [international@concordia.ab.ca](mailto:international@concordia.ab.ca)



Office of  
Extension and Culture

A photograph of a globe being held by two hands, with the globe showing a mix of blue, orange, and white colors.

# CONCORDIA CONNECTS

GRANT FOR COMMUNITY AND  
CULTURAL ENGAGEMENT

## CONCORDIA CONNECTS

The **Concordia Connects Grant for Community and Cultural Engagement** invites proposals that support scholarly, research and creative activities related to culture and different manifestations of culture. Funding can be used for research, hosting workshops or conferences, integrating Indigenous/Global cultural aspects into the curriculum/student experience or community engagement initiatives.

Concordia University of Edmonton students, sessionals, instructors and faculty are eligible to apply for the award. One award for community project and one award for culture award per academic year (September to April) are available.

**Application Deadline: Monday, 18th November , 2019**

Questions? Email us at: [extension@concordia.ab.ca](mailto:extension@concordia.ab.ca)

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**VIEW GUIDELINES & APPLY AT:**  
[concordia.ab.ca/concordia-connects-grant](http://concordia.ab.ca/concordia-connects-grant)





## Do something awesome (for yourself and us,\* too!)

Support our fundraising campaign by purchasing Purdys chocolates (crafted in Vancouver from 100% sustainable cocoa!)

Lots of selection and great for gifting too!



\*Concert Choir tour  
China 2020

Ask [schmilar@student.concordia.ab.ca](mailto:schmilar@student.concordia.ab.ca) for more info.

Order deadline is **November 6 (delivery Nov. 25)**



CANADA'S CHOCOLATIER SINCE 1907



Complimentary ticket for students, faculty & staff  
Pick up from Jennifer in A306

CONCORDIA SYMPHONY ORCHESTRA

BRAHMS 1

# In the Footsteps of a Giant

DANIELLE LISBOA  
CONDUCTOR

BRAHMS  
MORLOCK  
MARTIN  
GUEST SOLOIST

SYMPHONY No. 1  
MY NAME IS AMANDA TODD  
BALLADE  
FENTON COREY TROMBONE

**SUNDAY**  
**3:00 PM** **OCT 27 2019**

**TEGLER STUDENT CENTRE**  
CONCORDIA UNIVERSITY OF EDMONTON (7128 ADA BLVD.)

2 PM PRE-CONCERT PANEL DISCUSSION ON MENTAL HEALTH

**\$20 ADULT • \$15 STUDENT/SENIOR**  
**\$40 FAMILY ADMISSION (AT THE DOOR ONLY)**

TICKETS AVAILABLE AT [TIXONTHE SQUARE.CA](http://TIXONTHE SQUARE.CA),  
THE CONCORDIA BOOKSTORE, OR AT THE DOOR

**CONTENT WARNING:** PANEL WILL COVER SENSITIVE TOPICS, INCLUDING SUICIDE.  
SUPPORT WILL BE AVAILABLE THROUGHOUT THE EVENT.



