

CAFETERIA MENU: SEPT 23-27

Monday

Lunch: Pork Noodle Bowl- \$9.99
Supper: Tofu Bulgogi Bibimbap Bowl

Tuesday

Lunch: Southwest Loaded Mashed Sweet Potato -
Supper: Baked Rotini with Spicy Italian Sausage and Peppers

Wednesday

Lunch: Chicken Shish Tawook Bowl
Supper: Beef Brisket with Lemon Paprika Potatoes & Green Beans

Thursday

Lunch: Butternut Squash Tortellini
Supper: Curry Chickpea Fritter Rice Bowl

Friday

Lunch: Hoisin Siracha Baked Basa
Supper: Chimichurri Chicken Bowl

Deli:

Turkey Bacon Club Ciabatta
Grilled Cuban Panini



INSIDE THIS EDITION:

- Canada Graduate Scholarship
- Canada Eh? Workshop– Sept. 24
- Volunteer Fair– Sept 25
- Improve Writing & English Skills –Sept. 26
- Get the CUE App!-Sept. 26
- Elk Island Adventure-Sept. 27
- Navigate the CUE Library-Sept. 27
- CSA Health & Dental Card Info
- Bursary Information
- Metis Nation of Alberta
 - Scholarship Opportunities
- Peer Support Program
- State of the University Address
- Writing Centre Open
- Tutors Wanted
- Cheryl's Run
- Volunteers Wanted

C2C CANADA TO CHINA TOUR 2020

POPCORN SALE

Friday, September 27
12-12:30 pm

Tegler Student Centre

In support of the Concordia Concert Choir
Thank you for your support!



\$2.25 BUTTER
\$2.50 CARAMEL

COMMUNITY CONCERNS

We've received a number of concerns/complaints regarding parking issues, litter issues and the use of profanity when there is interaction with Concordia neighbours. We would choose to believe our students wouldn't be involved with these concerns but felt it necessary to remind our Concordia family to:



*Thinking about pursuing a master's
degree after you graduate?*



CANADA GRADUATE SCHOLARSHIP

– INFO SESSION –

October 1, 2019
4:00 p.m. • HA 009

LEARN How to Apply for a CGS-M Scholarship
for Your Master's Degree

(must be a Canadian Citizen or Permanent Resident to apply)



Social Sciences and Humanities
Research Council of Canada

Conseil de recherches en
sciences humaines de Canada

Canada

CANADA, EH? WORKSHOP ON CANADIAN LIFE & CULTURE

ACCESS SUCCESS SESSION

Tuesday, September 24, 2019
HA206 • 12-1 pm

For more info email international@concordia.ab.ca

FREE PIZZA WILL BE PROVIDED



**LEARN ABOUT A
VARIETY OF
VOLUNTEER
OPPORTUNITIES TO
BOOST YOUR
RESUME**



**CONCORDIA
UNIVERSITY
OF EDMONTON**

VOLUNTEER FAIR

SEPTEMBER 25, 2019

11AM TO 2PM

TAKING PLACE IN TEGLER



**STAY UP TO DATE WITH STUDENT
SERVICES ON INSTAGRAM**

@CUEVPSLL

WORKSHOP:

IMPROVE YOUR WRITING AND ENGLISH SKILLS

ACCESS SUCCESS SESSION

Thursday, September 26, 2019

HA237 • 12-1 pm

For more info email international@concordia.ab.ca



Get Involved ... Get the CUE App ... Get Ahead!

Co-presented by
Keely Cronin, Director of Student Life and Learning
Margie Schoepp, Financial Aid & Awards Coordinator

Showcase your extra-curricular activities, leadership abilities, professional development, and much more.

Join us!
September 26, 2019
4:00 p.m. – 5:00 p.m.
Room HA 009

- ✓ Gain experience to help you get a job
 - ✓ Develop skills
 - ✓ Meet new people
- ✓ Strengthen scholarship or graduate school applications
 - ✓ Make difference
 - ✓ Have fun!

ELK ISLAND ADVENTURE

DAY TRIP TO ELK ISLAND NATIONAL PARK

Friday, September 27, 2019

\$27+GST • Promo Code: ZGIUI55D (for 10% off)

Pick up and drop off at Hole Academic Center Reception Desk

For more info email international@concordia.ab.ca

Book online at bit.ly/CUE_ElkIsland



CONCORDIA
UNIVERSITY
EDMONTON

International
Office

2ND FLOOR

RC 582 - TK 9152

2ND FLOOR

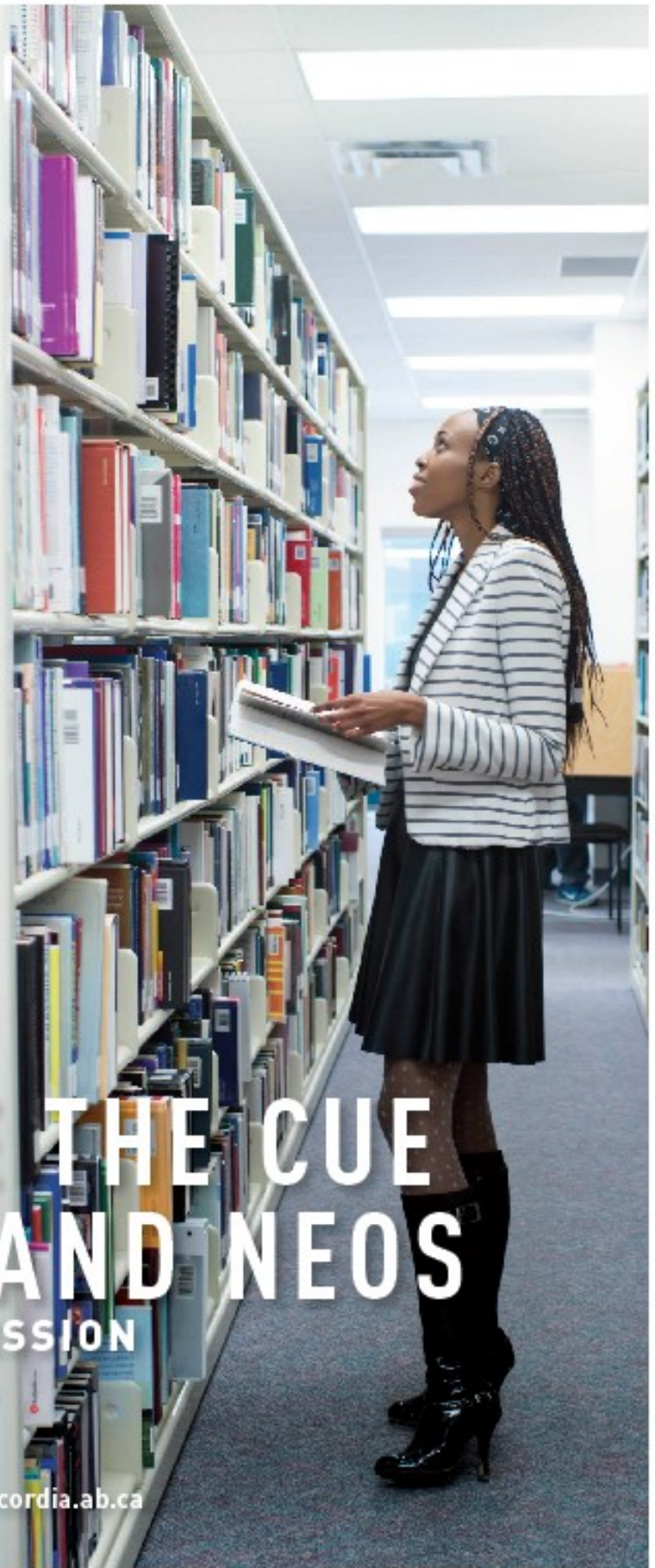
QM 25 - RC 570.2

NAVIGATE THE CUE LIBRARY AND NEOS

ACCESS SUCCESS SESSION

Friday, September 27, 2019
HA206 • 12-1 pm

For more info email international@concordia.ab.ca



CSA HEALTH & DENTAL BENEFIT CARD INFORMATION

When seeking services from :

- Pharmacy
- Dental
- Paramedical

Present your Health & Dental card, not your Student I.D.

mystudentplan.ca

<https://gwl.greatwestlife.com>
Claims Inquiries: 1.800.957.9777

Concordia Students' Association
Plan Name

SANDY N. SMITH

Member Name

11

Carrier ID

1111111222

Student ID Number

112233

Plan Number

01

Version Code



To print or email your personalized benefit card visit mystudentplan.ca

Concordia Students' Association
Student Health & Dental Plan




[mystudentplan](https://mystudentplan.ca)

Select Language

Search

[myBenefits](#) [Who is Covered](#) [Opt-Out/Enrol](#) [Select Savings](#) [Making a Claim](#) [Assistance](#)



Submit claims and view your benefits plan usage online with GroupNet.

GroupNet provides you with detailed plan information, including benefit maximums and remaining balances. Register online at gwl.greatwestlife.com.



Opt Out

Deadline: September 20, 2019



myBenefits Card

Create your customized myBenefits Card



Prescription Search

Based on the National Formulary



myWellness

Take your free mental health assessment

Questions?

Student Services Coordinator- Benefit Plan Office

Cheryl M. Johnson

Student Success Centre, HA107F

780-491-6243 or email: concordiaplan@mystudentplan.ca

Bursaries

Did you know? The Concordia Bursary Program also includes **donor-funded** bursaries. Here are just a few....

Paul Scott Memorial Bursary (\$2,500)

Donor: Family and friends of Paul Scott

Awarded to a third- or fourth-year Humanities (English, French, Philosophy, Music, Drama, History and Religious Studies) major/concentration student. The recipient must have a minimum GPA of 2.7 and demonstrate financial need.

Kathleen Doeling Memorial Bursary (variable)

Donor: Crescent Hill Fund, Edmonton Community Foundation

Awarded to students enrolled in the Bachelor of Education After-Degree program. Recipients must be in satisfactory academic standing and demonstrate financial need.

REALTORS® Community Foundation Bursary for Disabled Students (\$500)

Donor: REALTORS® Community Foundation

Awarded to a student with a physical, mental or learning disability and who is an Alberta resident. The recipient must be enrolled in a university-level program and demonstrate financial need. Requirement: Consent to disability verification.

The Patricia Eidem Bursary for the Hearing Impaired (\$1,000)

Donor: Mrs. Patricia & Dr. Rod Eidem

Awarded to a student with a hearing disability intending to enter the teaching profession. The recipient must present a minimum GPA of 2.7, register in a minimum of 9 credits each semester in the Bachelor of Education (After Degree) program or a Bachelor of Arts degree program with a declared minor in Education, and demonstrate financial need. Preference will be given to students enrolled in the Bachelor of Education (After Degree) program. Requirement: Consent to disability verification.

The Concordia bursary and donor-funded bursaries within this program are meant to supplement, not replace, other financial assistance already in place. Full-time Graduate and Undergraduate Degree students who are experiencing unexpected financial difficulties may apply. To view our Bursary Program Frequently Asked Questions and Donor Funded Bursary List, visit financialaid.concordia.ab.ca

Apply online: [Online Services / Requests / Awards Application](#)

Deadline to Apply: **OCTOBER 15th, 2019**

Questions? Visit a financial aid advisor in Student & Enrolment Services (HA120) or email finaid@concordia.ab.ca.





Métis Nation of Alberta

Each year, Métis Nation of Alberta provides scholarships to reward outstanding academic achievement. Scholarships are open to Métis students pursuing post-secondary education. Scholarship recipients receive both monetary reward and recognition during the November Métis Week celebration.

The following scholarships are available to Métis students enrolled in any area of study:

The Delia Gray Memorial Scholarship (\$1000)

The Gary Pruden Scholarship (\$500)

The Honourable Pearl Calahasen Scholarship (\$1000)

Application Deadline: October 31st, 2019

Application forms for MNA scholarships are available online at www.albertametis.com.

Please submit application package to Sonia Fushtey at sfushtey@metis.org

This is an external scholarship opportunity and is not administered by Concordia University of Edmonton.

FEELING DISTRESSED?

NEED SOMEONE TO TALK TO?

HOW ABOUT TALKING WITH A FELLOW STUDENT?



PEER SUPPORT PROGRAM

WE'RE STUDENTS TRAINED TO PROVIDE A CONFIDENTIAL, NONJUDGMENTAL, SAFE SPACE FOR YOU TO TALK ABOUT ANYTHING. WE CAN OFFER YOU REFERRALS TO OTHER SERVICES AND HELP YOU FIGURE OUT YOUR NEXT STEPS. **WE'RE HERE TO LISTEN!**

1:1 SUPPORT. NO APPOINTMENT NEEDED. DROP IN TO L279 (MAIN FLOOR LIBRARY) DURING THE FOLLOWING HOURS:

FALL TERM SCHEDULE

MONDAYS	2:00 – 4:00 PM
TUESDAYS	12:00 – 2:00 PM
WEDNESDAYS	9:00 – 11:00 AM AND 1:00 – 3:00 PM
THURSDAYS	11:00 AM – 1:00 PM
FRIDAYS	9:00 – 11:00 AM

HAVE QUESTIONS? DROP BY L279 OR EMAIL PEERSUPPORT@CONCORDIA.AB.CA

**CLOSED DURING HOLIDAYS.

READING WEEK AND FINAL EXAM HOURS ARE SUBJECT TO CHANGE.



YOU ARE INVITED TO THE

STATE *of the* UNIVERSITY ADDRESS

October 2, 2019 | 12:00 pm
Al and Trish Huehn Theatre

Students that attend the State of the University Address will be entered to win two \$250 tuition vouchers or CUE Bookstore gift cards.



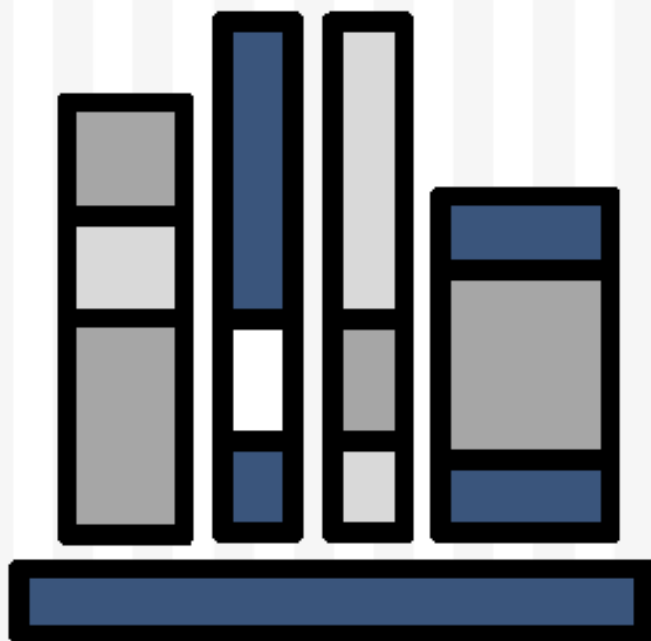
@CUEVPSLL



**CONCORDIA
UNIVERSITY
OF EDMONTON**

THE WRITING CENTRE

**IF YOU NEED HELP WITH ANY WRITING
ASSIGNMENTS VISIT THE WRITING CENTRE
FOR ONE-ON-ONE ASSISTANCE**



**BOOK AN
APPOINTMENT
ONLINE ON THE CUE
WEBSITE UNDER
STUDENT LIFE AND
LEARNING.**

• WANTED •



TUTORS



REWARD:
\$20.00/HOUR

APPLY TO BECOME A TUTOR ON THE CUE WEBSITE UNDER STUDENT LIFE AND LEARNING



@CUEDMONTON
@CUEVPSLL



CONCORDIA
UNIVERSITY
OF EDMONTON



Saturday, Sept. 28th, 2019 - Laurier Park, Edmonton

<https://www.cherylsrun.com>

Join Us for Our 3rd Annual Run!!



10 K Run ▶ 5 K Run/Walk ▶ Kids Fun Run

Top Fundraiser WINS Northern Lights Trip for Two

Courtesy of Canadian North Airlines, North Star Adventures & The Explorer Hotel

Food by Purple Perogy, Jumpy Castles, Caricatures, Balloon Twisting, Tattoos, & MORE



CANADIAN NORTH AIRLINES

All Registrants Entered to WIN Airfare for 2 to Yellowknife

Join the Lifeline!

Learn more about the Stem Cell /Bone Marrow Donor Program

In Support of



Canadian Blood Services

BLOOD
PLASMA
STEM CELLS
ORGANS
& TISSUES

All Funds Raised Go to the **Stollery Children's Hospital Foundation**



Kids Birthday PKG Prize Giveaway!

FREE Admission Passes

For Registered Kids!



Student Rate Applies Or Sign Up to Volunteer!



Register at <https://www.cherylsrun.com> or at runningroom.com

For more info. email: cherylsrunedmonton@gmail.com or Ph. 780-918-9152





BE A FRIENDLY VISITOR

The MS Society is recruiting volunteers who want to have an impact on the life of someone living with MS and residing in a long-term care home. The Friendly Visiting Program aims to reduce social isolation and enhance community connections by pairing trained volunteers with residents.

For information on volunteer opportunities in your community, please contact;

or visit: <http://www.mssociety.ca/get-involved/volunteer>



" Any time you visit somebody, it improves their quality of life. Somebody that will take the time and spend an hour or more and not be worried that they have to go to this or that – that's kind of a blessing."

-Clare, receiving friendly visits from Robin since 2010.