CUE WEEKLY NEWSLETTER

THE CSA ELECTION RESULTS ARE IN:

CSA President - Brad Agnew CSA VP Finance - Marc Langevin CSA VP Student Life - Hannah Ludlage CSA VP Academic - Frazer Connelly CSA Arts reps - Aastha Tripathi, Drew Carson, Kriti Shah CSA Athletics Ambassador - Keith Spruyt CSA Management rep - Christian Potolicki

CSA Referendum vote was 57% in favour. The referendum question was: Would you be in favour of reallocating \$10 from your current CSA fees (\$130 to \$120) and create an independentlyrun student building fee of \$20 per student per semester?

CSS President - Emma Schmidt CSS VP Marketing - Kaylee Morris CSS VP Finance - Donovan Makus CSS VP External - Madison Laplante

CAS President - Kriti Shah CAS VP Student Life - Drew Carson CAS VP Finance - Mackenzie Carter CAS VP Marketing - Ester Latifi

CSA Science rep elections will take place next week.

CAFETERIA MENU- March 11

- Monday Chicken Fried Rice
- Tuesday Breaded Veal Cutlet with Vegetal
 Mashed Potatoes & Gravy
- Wednesday Vegetarian Lasagra with Garlic Bread
- Thursday Chicken Stir Fry with the Mein Noodles
- Friday Fish and Chips

INSIDE THIS EDITION:

- Germany Travel Info Session-Today!
- Pi Day- March 14
- Student Loan Repayment Information
- Buddy Program
- Free Dance Event!
- Chris Benedict Award
- Comparing Foreign Languages
- National College Health Survey
- Free Psych Assessment
- Edmonton Bus Tour
- Anxiety & Depression Workshops
- CUE Pride Day-March 13
- City of Lights- March 16
- International Pizza Day-March 22
- Free Immigration Session
- Holi Colour Rush- March 25
- Paid Internship in Brazil
- Student of the Year
- Pizza with the President-Grads
- E Books , Articles & More

It's okay to ask for help.

You are worthy and deserving. mywellness is here to support you.



www.mywellnessplan.ca

mywellness

FROM THE CONCORDIA SCIENCE SOCIETY ...



Let's celebrate 3.14159 with some pic!

THURS, MARCH 14 | 12-2PM FRI, MARCH 15 | 12-2PM

\$2/SLICE IN TEGLER





STUDENT LOAN REPAYMENT INFORMATION SESSION

THURSDAY MARCH 28TH

Received government student loans? Understand 'what happens next' after you finish your studies.



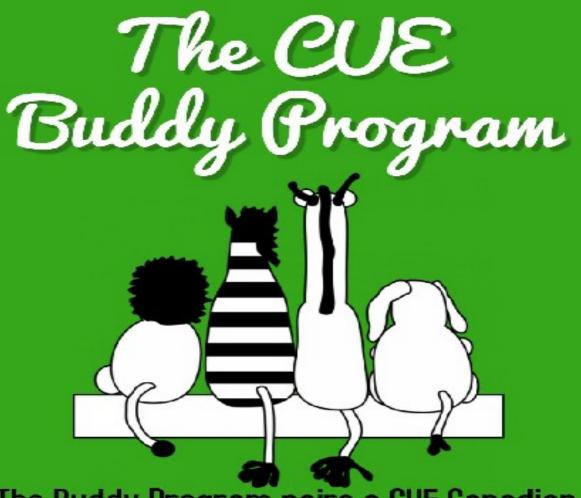
Host: Ms. Violet Reid (NSLSC Rep)

Learn about when repayment starts, interest rates, repayment assistance (RAP) and more...

> Pizza Lunch Included

12:00 P.M. Room CE 308 Ralph King Building (2nd floor)

RSVP finaid@concordia.ab.ca Let us know you plan to attend!



The Buddy Program pairs a CUE Canadian student with a CUE International student to encourage a genuine intercultural mentorship and possible friendship!

Have fun, learn about new cultures and gain a friend!

Interested? Email us at international@concordia.ab.ca for the link to the sign-up form

HOLI: COLOUR RUSH

SIGN UP FOR A FREE INTERCULTURAL DANCE EXCHANGE!

YOU DON'T HAVE A BE INDIAN TO LEARN AND PERFORM AN INDIAN DANCE!

FOR MORE DETAILS AND TO SIGN UP EMAIL: <u>BKAURI1@STUDENT.CONCORDIA.AB.CA</u>

Chris Benedict Award

Awarded to a student who has a positive outlook towards school and life and has demonstrated perseverance in the face of adversity while inspiring others to also succeed when facing adverse conditions.

Donor: Concordia Students' Association



Visit our Financial Aid & Awards website to apply: concordia.ab.ca/student-services/financial-aid

Value: \$1000 Application Deadline: March 29, 2019





Research Cluster on Linguistics and Language Education presents

COMPARISON OF FOREIGN LANGUAGE POLICIES IN SIX COUNTRIES



Presenter: Peng (Roc) Zhao CUE Visiting Scholar from Capital Normal University, Beijing, China

Friday, March 15, 2019, Noon – 1pm Location: HA 206, Hole Academic Centre

Mr. Zhao will introduce the differences and similarities of foreign language policies in U.S.A., U.K., Canada, Australia, Japan and South Korea since World War II and provide a comprehensive analysis of the changing foreign language policies of the six countries and their motivations.

****REMINDER****

NATIONAL COLLEGE HEALTH ASSESSMENT (NCHA) SURVEY <u>All CUE students</u> are eligible and invited to participate!

WHY SHOULD I TAKE THE SURVEY?

To help assess student health behaviours in order to provide better services and support for Concordia students.

- Survey takes about 20-30 minutes to complete.
- Survey open from 28 February 2019 to 25 March 2019.

HOW WILL THE RESULTS BE USED?

To develop wellness programs and services for CUE.

Take the survey and you will be automatically entered in a **random draw for one of five \$50 gift cards!** For more information or any concerns contact:

surveyadmin@concordia.ab.ca

Check your CUE email to participate.



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FREE PSYCH ASSESSMENT

We are currently seeking volunteers to be involved in chological assessment this winter and in the spring. $2\frac{3}{4}$ (2) This assessment is part of a graduate student practicum (PSY 637). As this is a practicum course, there is no charge for the assessment. Concordia staff, students and family members are eligible to participate. The assessment will involve approximately 4 hours of your time. If interested, contact Dr. Jamie Dyce at <u>jamie.dyce@concordia.ab.ca</u>. Your participation is appreciated.

OPEN TO ALL STUDENTS

Monton

FRIDAY, MARCH 29, 2019 AT 2.30 PM

Interested in a 1.5 hour tour of our Winter City? Email us at international@concordia.ab.ca to register!

DETAILS:

- Tour starts and ends at CUE
- Minimum 12 people required for the tour to operate
- -Tour details available here:

https://edmonton.tours/#southwest-edmonton-tour PosterMyWall.com \$18 +GST PER PERSON

ANXIETY & DEPRESSION WORKSHOPS

Concordia students are invited to join Concordia Counseling Services intern, Melissa Fortuin and Mercy Counseling intern, Dana McQuade for the following workshops on Anxiety & Depression.

Learn what anxiety and depression are and develop strategies for coping with these disorders.

ANXIETY WORKSHOP: DATES & TIMES

The Anxiety workshops will take place on Tuesdays from 3:00 to 4:30 in room HA314. They will run from March 5th through April 9.

DEPRESSION WORKSHOP: DATES & TIMES

The Depression workshops will take place on Thursdays from 3:00 to 4:30 in room HA019. They will start on February 28 and run through April 11.

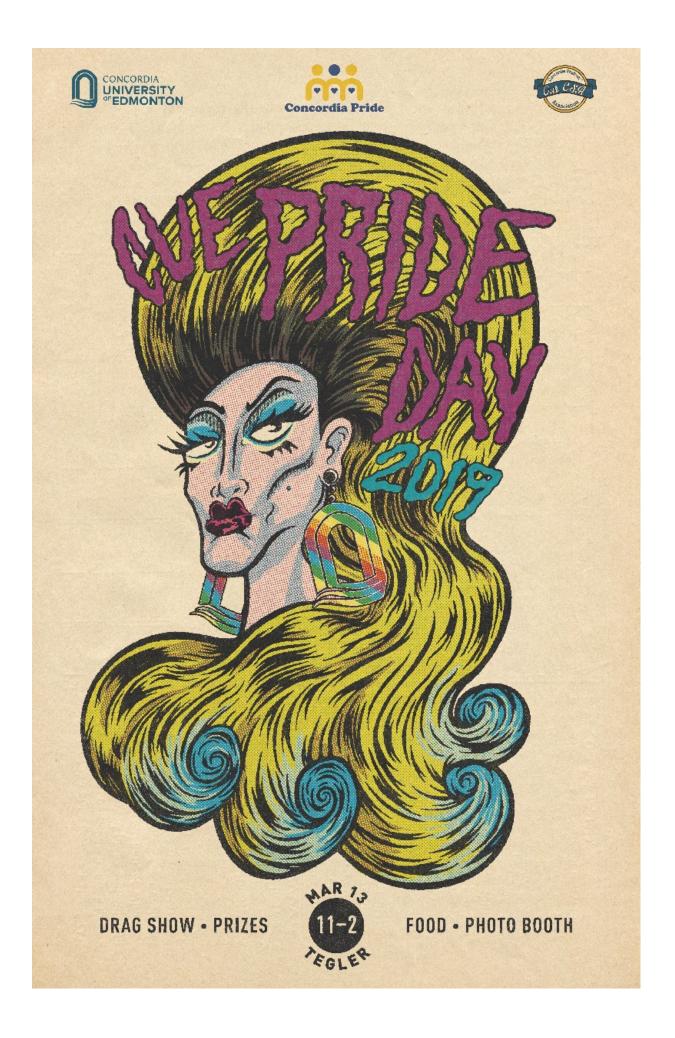
If you would like more information, email Melissa at melissa.fortuin@concordia.ab.ca



Travel to Germany

INFORMATION SESSION MARCH 11TH, 12:00PM (HA309)

Questions? Email us at: modelun@student.concordia.ab.ca



LIGHTS

 $\widehat{\mathbb{C}}\mathbf{ITY}$ of

Festival City Winds Advanced Band

estival City

Winds

Music Society

Wendy J Grasdahl Artistic Director and Principal Conductor

and

First Presbyterian Church Choir

Marnie Giesbrecht & Joachim Segger, directors

in concert

First Presbyterian Church 10025 105 St Saturday March 16 2019 7:30 p.m.

Tickets at the door \$12 (children 12 & under \$5)

> festivalcitywinds.ca facebook.com/FestivalCityWinds











Bethel Gospel Chapel



International and Exchange Students -Come have pizza, on us!

Veggie and plain cheese options available. First come, first served.

MAR 22ND

G303 11.30AM TO NOON

-9 0 sion Study Permit Work Permit Residence

DO YOU WANT TO LIVE AND WORK IN CANADA AFTER YOU GRADUATE? ATTEND OUR FREE SESSION

Learn how to apply for the Post Graduate Work Permit + Win a free Smartwatch at the session

MAR 22, 2019 FROM NOON TO 1PM IN G303

Questions? Email international@concordia.ab.ca

CUE INTERNATIONAL OFFICE AND GSA PRESENTS

HOLI COLOUR RUSH MAR 25 IN MAR 25 IN

FREE PERFORMANCES AND FOOD TO CELEBRATE THE INDIAN FESTIVAL OF COLOURS. FREE EVENT. OPEN TO ALL. QUESTIONS? international@concordia.ab.ca

PosterMyWall.com



PAID INTERNSHIP IN BRAZIL

Do you want to spend 4 months conducting a paid internship (in English) through our partner university Unochapeco in Santa Catarina state/Brazil? Our partner also generously offers the following: local transportation and accommodation! If interested, please contact Zuzana Ritzer at <u>zuzana.ritzer@concordia.ab.ca</u>.

Deadline to apply: March 29, 2019







APPLY BY MARCH 29 TINYURL.COM/CUE-SOTYEAR





Pizza with the Presidents MARCH 27 2019 · 12 PM · AW118

All graduate students are invited to join **President Loreman & GSA President Uttkarsh Goel** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.



EBOOKS, AHDERS, AHDERS, MOLES, https://concordia.ab.ca/library

Access the library's electronic resources from wherever you have an Internet connection.

Need help finding articles, ebooks and more? Stop by the Library Service Desk or chat with library staff online at: https://concordia.ab.ca/library/