CUE WEEKLY NEWSLETTER

HOLI: COLOUR RUSH



SIGN UP FOR A FREE INTERCULTURAL DANCE EXCHANGE!

YOU DON'T HAVE A BE INDIAN TO LEARN AND PERFORM AN INDIAN DANCE!

FOR MORE DETAILS AND TO SIGN UP EMAIL: <u>BKAURI1@STUDENT.CONCORDIA.AB.CA</u>



\$150 draw for participation in our study!

CAFETERIA MENU-MARCH 4

Monday - Macaroni & Cheese with Cauliflower au Gratin(Vegetarian) Tuesday - Beef & Broccoli Stir Fry with Chow Mein Noodles Wednesday - Perogies with Garlic Butter, Sour Cream, w/wo Bacon Bits & Vegetables Thursday- Butter Chicken with Basmati Rice, Peas, and Carrots (Halal, Gluten Free) Friday - Mexican Beef Bowl (Gluten Free)

INSIDE THIS EDITION:

- Chris Benedict Award
- Science Week
- Anxiety & Depression Workshops
- Edmonton Bus Tour
- Place a Hold– Library
- Lunch & Learn– March 4
- Your Rights as a Tenant
- Grad Students-Pizza with the President
- CUE Buddy Program
- CUE Pride Day-March 13
- City of Lights- March 16
- International Pizza Day-March 22
- Free Immigration Session
- Holi Colour Rush– March 25
- Paid Internship in Brazil
- Free Psych Assessment
- Student of the Year
- Nation College Health Assessment Survey
- Under Grads- Pizza with the President
- 2019 Undergrad Research Symposium
- Peer Support
- T2202A's Available Online
- Winter Tuition Past Due



Chris Benedict Award

Awarded to a student who has a positive outlook towards school and life and has demonstrated perseverance in the face of adversity while inspiring others to also succeed when facing adverse conditions.

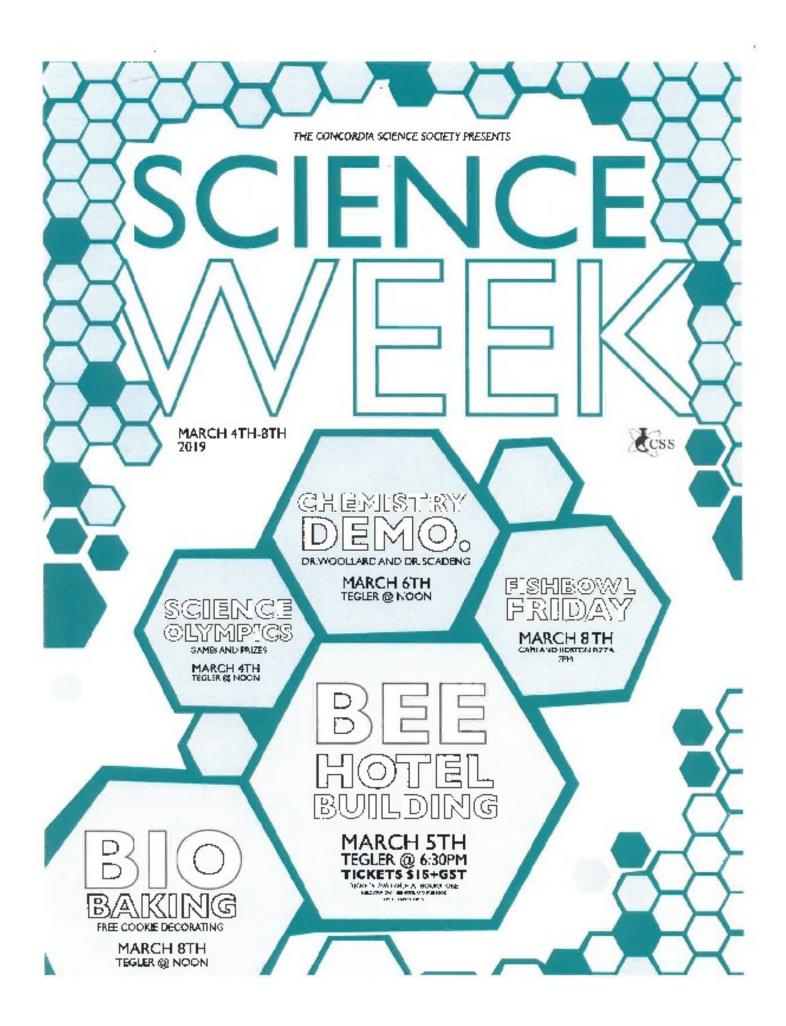
Donor: Concordia Students' Association



Visit our Financial Aid & Awards website to apply: concordia.ab.ca/student-services/financial-aid

Value: \$1000 Application Deadline: March 29, 2019





OPEN TO ALL STUDENTS

Monton

FRIDAY, MARCH 29, 2019 AT 2.30 PM

Interested in a 1.5 hour tour of our Winter City? Email us at international@concordia.ab.ca to register!

DETAILS:

- Tour starts and ends at CUE
- Minimum 12 people required for the tour to operate
- -Tour details available here:

https://edmonton.tours/#southwest-edmonton-tour PosterMyWall.com \$18 +GST PER PERSON



Place a Hold

Have books from other **NEOS Libraries** delivered to CUE for you for FREE.

University of Alberta Libraries

MacEwan University Library

Grande Prairie Regional College Library

Kings University Library

Red Deer College Library

NorQuest College Library

Alberta Health Services Libraries

Keyano College Library

Alberta Government Libraries

& many others

Need help placing holds? Stop by the Library Service Desk or chat with library staff online: https://concordia.ab.ca/library/



& LEARN ARE YOU READY FOR ENTREPRENEURSHIP?

MARCH 4TH 2019 | ROOM AWC125 | 12-1 PM

Starting and creating your own business is life-changing. It can be fun, exciting and challenging. In this introductory workshop you will be provided with the information to help you decide when and if owning a business is right for you.

REGISTER AT TINYURL.COM/CUE-LLIWD

Your Rights as a Tenant

Free workshop presented by the

Edmonton Community Legal Centre

Concordia University

7128 Ada Blvd NW (HA 009)

Thursday, March 7 at 5:30-7:30 PM

We will cover:

- . Rules and Obligations
- . Ending the Tenancy
- . Human Rights
- . Common Issues and Remedies
- . Where to get legal help and more!



Edmonton Community Legal Centre www.eclc.ca | (780) 702-1725

@ECLCLaw



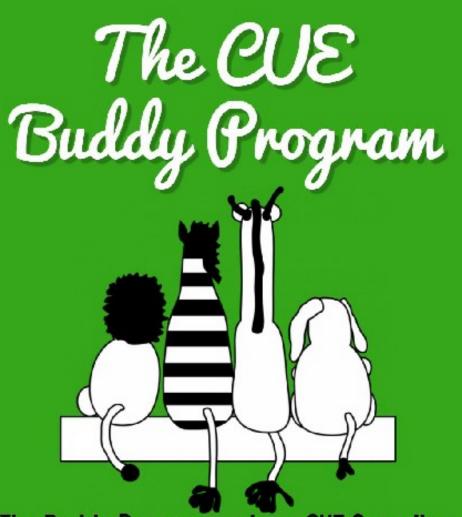


Pizza with the Presidents

MARCH 6 • 12 PM • AW207 (DESIGN THINKING SPACE)

All undergraduate students are invited to join **President Loreman** & CSA President Brandon Vollweiter for a chance to have a brief update, along with an informal conversation.

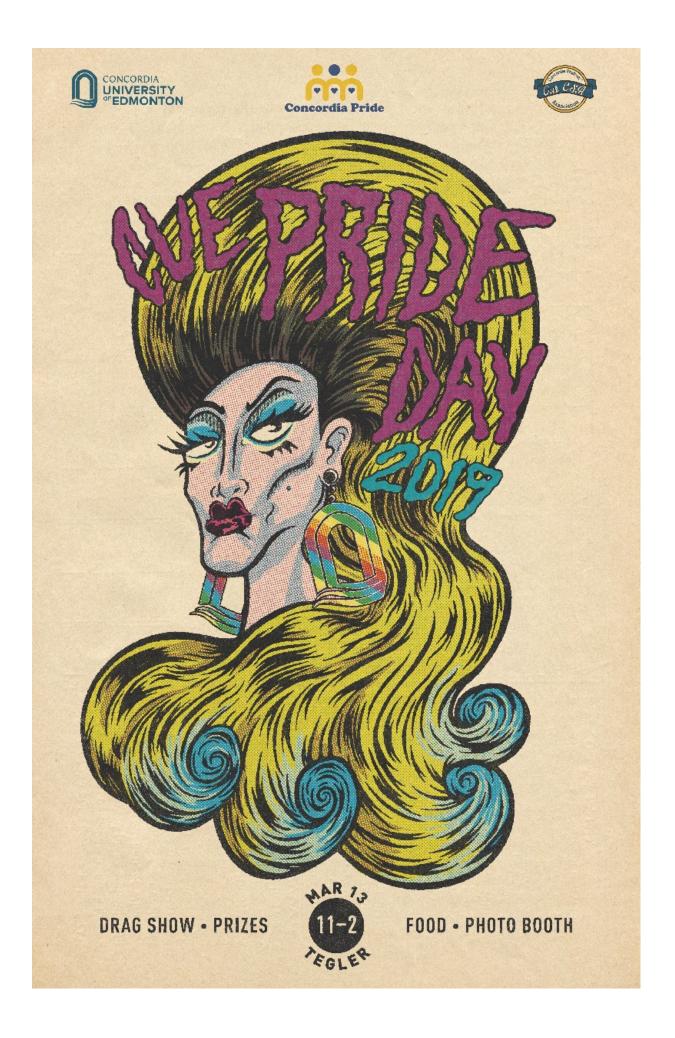
* Please note that there will be a limited amount of pizza and will be based on first come, first served.



The Buddy Program pairs a CUE Canadian student with a CUE International student to encourage a genuine intercultural mentorship and possible friendship!

Have fun, learn about new cultures and gain a friend!

Interested? Email us at international@concordia.ab.ca for the link to the sign-up form



LIGHTS

 $\widehat{\mathbb{C}}\mathbf{ITY}$ of

Festival City Winds Advanced Band

estival City

Winds

Music Society

Wendy J Grasdahl Artistic Director and Principal Conductor

and

First Presbyterian Church Choir

Marnie Giesbrecht & Joachim Segger, directors

in concert

First Presbyterian Church 10025 105 St Saturday March 16 2019 7:30 p.m.

Tickets at the door \$12 (children 12 & under \$5)

> festivalcitywinds.ca facebook.com/FestivalCityWinds











Bethel Gospel Chapel



ANXIETY & DEPRESSION WORKSHOPS

Concordia students are invited to join Concordia Counseling Services intern, Melissa Fortuin and Mercy Counseling intern, Dana McQuade for the following workshops on Anxiety & Depression.

Learn what anxiety and depression are and develop strategies for coping with these disorders.

ANXIETY WORKSHOP: DATES & TIMES

The Anxiety workshops will take place on Tuesdays from 3:00 to 4:30 in room HA314. They will run from March 5th through April 9.

DEPRESSION WORKSHOP: DATES & TIMES

The Depression workshops will take place on Thursdays from 2:30 to 4:00 in room HA019. They will start on February 28 and run through April 11.

If you would like more information, email Melissa at melissa.fortuin@concordia.ab.ca

International and Exchange Students -Come have pizza, on us!

Veggie and plain cheese options available. First come, first served.

MAR 22ND

G303 11.30AM TO NOON

-9 0 sion Study Permit Work Permit Residence

DO YOU WANT TO LIVE AND WORK IN CANADA AFTER YOU GRADUATE? ATTEND OUR FREE SESSION

Learn how to apply for the Post Graduate Work Permit + Win a free Smartwatch at the session

MAR 22, 2019 FROM NOON TO 1PM IN G303

Questions? Email international@concordia.ab.ca

CUE INTERNATIONAL OFFICE AND GSA PRESENTS

HOLI COLOUR RUSH MAR 25 IN MAR 25 IN

FREE PERFORMANCES AND FOOD TO CELEBRATE THE INDIAN FESTIVAL OF COLOURS. FREE EVENT. OPEN TO ALL. QUESTIONS? international@concordia.ab.ca

PosterMyWall.com



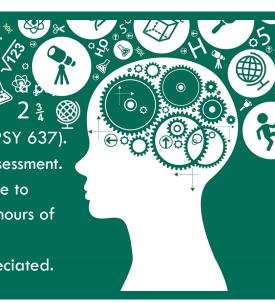
PAID INTERNSHIP IN BRAZIL

Do you want to spend 4 months conducting a paid internship (in English) through our partner university Unochapeco in Santa Catarina state/Brazil? Our partner also generously offers the following: local transportation and accommodation! If interested, please contact Zuzana Ritzer at <u>zuzana.ritzer@concordia.ab.ca</u>.

Deadline to apply: March 29, 2019

FREE PSYCH ASSESSMENT

We are currently seeking volunteers to be involved in chological assessment this winter and in the spring. $2\frac{3}{4}$ (2) This assessment is part of a graduate student practicum (PSY 637). As this is a practicum course, there is no charge for the assessment. Concordia staff, students and family members are eligible to participate. The assessment will involve approximately 4 hours of your time. If interested, contact Dr. Jamie Dyce at <u>jamie.dyce@concordia.ab.ca</u>. Your participation is appreciated.





NATIONAL COLLEGE HEALTH ASSESSMENT (NCHA) SURVEY

All CUE students are eligible and invited to participate!



Why Should I Take the Survey? To help assess student health behaviours in order to provide better services and support for Concordia students.

- Survey takes about 20-30 minutes to complete.
- Survey open from 28 February 2019 to 25 March 2019. Check your CUE email to participate.

How Will the Results Be Used? To develop wellness program and services for CUE.

Take the survey and you will be automatically entered in a **random draw for one of five \$50 gift cards!** For more information or any concerns contact: <u>surveyadmin@concordia.ab.ca</u>





Pizza with the Presidents MARCH 27 2019 · 12 PM · AW118

All graduate students are invited to join **President Loreman & GSA President Uttkarsh Goel** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

History and Classics present

and the Department of

CONSTELLATIONS IS EBRATING ITS 10TH **BIRTHDAY ON CAMPUS** WE WANT YOU TN AND **CELEBRATE WITH US!**

ellalions

ons

Tory 2-58 When:

Where:

Thursday, March 28 from 12pm-5pm (with a social to follow) and Friday March 29 from 8am-12pm

Come celebrate your love of history and/or classics by presenting the research you have done to other undergraduates!

For more information and to sign up, go to journals.library.ualberta.ca/constellations and click on "Constellations 10th Year Conference"

Tell us about it. No matter what *it* is.

Confidential one on one support. We're here to listen, not judge.

ROOM A212 (ACROSS FROM THE CSA OFFICE) TINYURL.COM/CUEPEERSUPPORT



OFFICIAL TAX RECEIPT 2018 T2202A'S: AVAILABLE ONLINE

The T2202A is your official tax receipt used to claim the eligible educational expenses for the tax year on your income Tax return. The form includes the amount of tuition that can be claimed as well as the number of months eligible for the education deduction.

PPOR

The 2018 T2202A is now available through online services for students on Concordia's web site.

http://onlineservices.concordia.ab.ca/student/



WINTER TERM TUITION IS PAST DUE!

If you have not paid your winter term fees, they are now past due. Students who owe are encumbered from some online services and interest is being charged.

You can check your account information online through Concordia's website at: http://onlineservices.concordia.ab.ca/student/

If you anticipate student loan payments, please ensure that we have received your student loan payment by checking your balance online.

If you have any questions or concerns, please contact Student Accounts: 780-479-9206 or email studentaccounts@concordia.ab.ca