

LOOKING FOR A SUMMER JOB OR INTERNSHIP?

Please visit our **Summer Jobs and Internships** posting board in the Alumni hallway, across from the CSA offices.

Also check **CAREER CONNECTIONS** - CUE's Job Board. Login to **Online Services** and select Job Postings from the drop-down menu.

INSIDE THIS EDITION:

- Philosophy of Religion Presentation
- Book Club-Feb 26
- Mental Health First aid- sold Out
- Using Technology for Learning
- T2202A's Available Online
- Winter Tuition is Past Due
- Student of the Year
- Anxiety & Depression Workshops
- Pink Shirt Day- Wed. Feb. 27
- Yoga in the Dark
- Science Week
- Flip the Script
- Under Grads- Pizza with the President
- Your Rights as a Tenant
- Grad Students-Pizza with the President
- Buddy Program

CAFETERIA MENU-FEBRUARY FEB 25

- Monday- Vegetable Fried Rice
- Tuesday - Beef Stew with Rice
- Wednesday - Tandoori Chicken with Vegetable Fried Rice
- Thursday- Vegetable Jambalaya
- Friday - Herb Roasted Chicken with Corn, Mashed Potatoes, and Gravy.



THIS WEEK IN FITNESS

12:10-12:50PM



Feb.25- Crossfit with Stacey

Feb. 27- Yoga with Jess

NATIONAL COLLEGE HEALTH ASSESSMENT (NCHA) SURVEY

All CUE students are eligible and invited to participate!

NCHA Student Health Survey

Your Health Matters
Take the time to be heard
We are listening

Why Should I Take the Survey? To help assess student health behaviours in order to provide better services and support for Concordia students.

- Survey takes about 20-30 minutes to complete.
- Survey open from 28 February 2019 to 25 March 2019. Check your CUE email to participate.

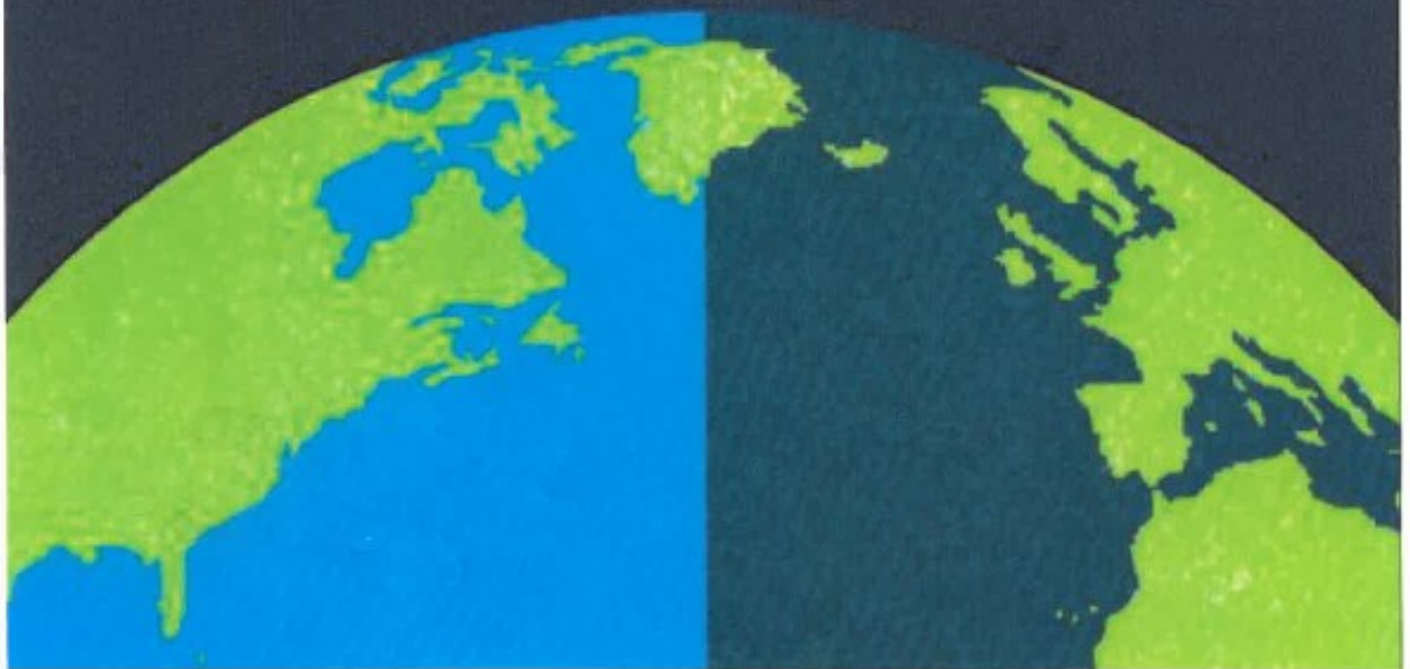
How Will the Results Be Used? To develop wellness program and services for CUE.

Take the survey and you will be automatically entered in a **random draw for one of five \$50 gift cards!**

For more information or any concerns contact: surveyadmin@concordia.ab.ca

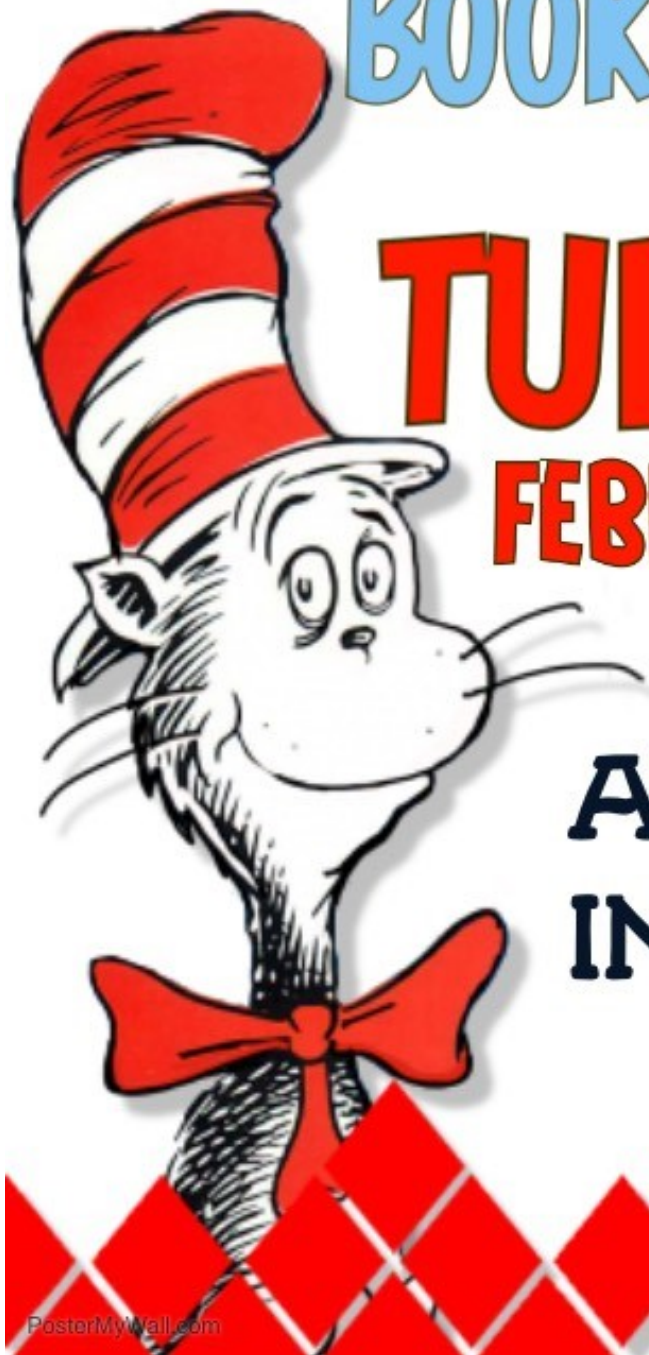
DR. STRAND “PHILOSOPHY OF RELIGION”

MONDAY, FEBRUARY 25
PRESENTATION & FOOD
12-1 INDIGENOUS KNOWLEDGE &
RESEARCH CENTRE



DON'T FORGET!

BOOK CLUB ON



**TUESDAY,
FEBRUARY 26'**

**AT 12 PM
IN RK313**

SOLD OUT!



Education Students' Society

MENTAL HEALTH FIRST AID: ADULTS WHO INTERACT WITH YOUTH

Presented by Kim Stone

**MARCH 2 & 3, 2019
IN RAPLH KING, ROOM RK313
@ 9:00AM-4:30PM**

**COST: \$20 (A LIMIT OF 25
TICKETS)**

**PARTICIPANTS WILL RECEIVE
CERTIFICATION THAT DOES NOT
EXPIRE**

Any questions? Contact
vdydak@student.concordia.ab.ca

**Must present your ticket
to attend!**

Using Technology

for
Learning

**Undergrad
&
After
Degree
Students
Welcome!**

**in RK313
at 12:00PM**

**FREE
PD!**

**WEDNESDAY,
FEBRUARY 27**



OFFICIAL TAX RECEIPT 2018 T2202A'S: AVAILABLE ONLINE

The T2202A is your official tax receipt used to claim the eligible educational expenses for the tax year on your income Tax return. The form includes the amount of tuition that can be claimed as well as the number of months eligible for the education deduction.

The 2018 T2202A is now available through online services for students on Concordia's web site.

<http://onlineservices.concordia.ab.ca/student/>



WINTER TERM TUITION IS PAST DUE!

If you have not paid your winter term fees, they are now past due. Students who owe are encumbered from some online services and interest is being charged.

You can check your account information online through Concordia's website at:

<http://onlineservices.concordia.ab.ca/student/>

If you anticipate student loan payments, please ensure that we have received your student loan payment by checking your balance online.

If you have any questions or concerns, please contact Student Accounts: 780-479-9206 or email studentaccounts@concordia.ab.ca

CONCORDIA UNIVERSITY OF EDMONTON

CUE ASSOCIATION

\$2000

AWARDED TO A GRADUATING UNDERGRADUATE STUDENT WHO DEMONSTRATES OUTSTANDING LEADERSHIP

APPLY BY MARCH 29
TINYURL.COM/CUE-SOTYEAR

ANXIETY & DEPRESSION WORKSHOPS

Concordia students are invited to join Concordia Counseling Services intern, Melissa Fortuin and Mercy Counseling intern, Dana McQuade for the following workshops on Anxiety & Depression.

Learn what anxiety and depression are and develop strategies for coping with these disorders.

ANXIETY WORKSHOP

The anxiety workshops will take place on Tuesdays from 4:00 to 5:30 in room HA310. They will run from **February 26** through April 9.

DEPRESSION WORKSHOP

The depression workshops will take place on Thursdays from 2:30 to 4:00 in room HA019. They will start on **February 28** and run through April 11.

If you would like more information on the workshops, kindly email Melissa at melissa.fortuin@concordia.ab.ca





PINK SHIRT DAY

FEBRUARY 27, 2019

HELP END BULLYING #PINKSHIRTDAY



NEED A PINK SHIRT?

COME BY THE PSD BOOTH IN TEGLER
12-1PM • DONATE WHAT YOU CAN*

*SUGGESTED DONATION OF \$10, ALL DONATIONS GO TO THE
SHAUGHN O'BRIEN MENTAL HEALTH FUND





CORNERSTONE COUNSELLING CENTRE

Yoga in the Dark

In support of Mental Health

MARCH 1, 2019

5:30-6:30PM

**UNIVERSITY OF ALBERTA VAN VLIET
CENTRE**

Register at <https://bit.ly/2DSzLXB> or call 780-482-6215 ext 239



THE CONCORDIA SCIENCE SOCIETY PRESENTS

SCIENCE

WEEK

MARCH 4TH-8TH
2019



CHEMISTRY DEMO.

DR. WOOLLARD AND DR. SCADENG

MARCH 6TH
TEGLER @ NOON

FISHBOWL FRIDAY

MARCH 8TH
CARI AND HORTON R274
7PM

SCIENCE OLYMPICS

GAMES AND PRIZES

MARCH 4TH
TEGLER @ NOON

BEE HOTEL BUILDING

MARCH 5TH
TEGLER @ 6:30PM
TICKETS \$15+GST

TEGLER'S BEE HOTEL IS A MOUNTAIN OF
MADNESS BY MICHELLE PARKER
© 2018 UNIVERSITY OF TORONTO

BIO BAKING

FREE COOKIE DECORATING

MARCH 8TH
TEGLER @ NOON



**SEXUAL ASSAULT RESISTANCE TRAINING
FOR UNIVERSITY WOMEN**

**SESSION TWO:
MARCH 5, 12, 19, 26 • 3-6PM**

12 hour sexual assault resistance training divided into four 3-hour units, open to all self-identified women currently enrolled at Concordia University of Edmonton.

REGISTER AT [TINYURL.COM/CONCORDIATALKS](https://tinyurl.com/concordiatalks)

Space for each run is limited to 20 students.



UNDERGRADUATE STUDENT EVENT:

Pizza with the Presidents

MARCH 6 • 12 PM • AW207 (DESIGN THINKING SPACE)

All undergraduate students are invited to join **President Loreman & CSA President Brandon Vollwelter** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

Your Rights as a Tenant

***Free workshop presented by the
Edmonton Community Legal Centre***

Concordia University

7128 Ada Blvd NW (HA 009)

Thursday, March 7 at 5:30-7:30 PM

We will cover:

- Rules and Obligations
- Ending the Tenancy
- Human Rights
- Common Issues and Remedies
- ***Where to get legal help and more!***



Edmonton Community
Legal Centre

www.eclc.ca | (780) 702-1725



@ECLCLaw



GRADUATE STUDENT EVENT:
Pizza with the
Presidents

MARCH 27 2019 • 12 PM • AW118

All graduate students are invited to join **President Loreman & GSA President Uttkarsh Goel** for a chance to have a brief update, along with an informal conversation.

* Please note that there will be a limited amount of pizza and will be based on first come, first served.

Buddy Program

SIGN UP TODAY FOR THE CANADIAN AND NEW-TO-CANADA BUDDY PROGRAM

WANT TO BE A BUDDY?

- Do you want to befriend students from other cultures?
- Do you want to help with a student's transition to Canada or to Edmonton?
- Are you a Canadian citizen or permanent resident student/alumni wanting to sign up as a buddy?

Fill this short form and we will get in touch: [https://
goo.gl/forms/kbLF86lvBvwken6I3](https://goo.gl/forms/kbLF86lvBvwken6I3)



NEED A BUDDY?

- Are you an international or exchange student looking for a Canadian buddy?
- Do you want to learn about Canadian culture and fun things to do at CUE and in Edmonton?

Fill this short form and we will get in touch: <https://goo.gl/forms/H6WD58n4AsF35qwh2>

Additional details available in the form, or by emailing international@concordia.ab.ca