CUE WEEKLY NEWSLETTER

THE WRITING CENTRE

December 7 is your last chance to get help at the Writing Centre. The Centre will reopen on Jan. 14, 2019. This is a busy time of year at the Writing Centre. <u>If you have an</u> <u>appointment and are unable to keep it, please cancel it</u> so that the time is available to another student. Canceling your appointment is very easy! Simply click on the link provided in your e-mailed appointment confirmation.



CAFETERIA MENU: DECEMBER 5-9

INSIDE THIS EDITION:

- Paint Night
- Clothing Drive
- Ever Active PD Event
- Study Abroad: Brazil
- Leadership Awards
- Live Your Dream Award
- Peer Support Program
- Learn about your CSA Health Plan
- Online Counseling
- Concert–Peace in Our Time
- Free PD Event: Indigenous Ways of Knowing-Dec. 13
- Audition for Spelling Bee
- Concert-War & Peace
- Noel Concert-Dec. 9
- What Would You Do with an Extra \$150?
- Take Control of your Finances

FRIDAY, DEC. 7- LAST DAY OF CLASSES MONDAY, DEC. 10- FINAL EXAMS START



Monday – Beef Stroganoff with Egg Noodles and Fresh Broccoli Tuesday– Pork Souvlaki with Honey Roasted Parsnips & Carrots and Roasted Potatoes (GF) Wednesday– Baked Tandoori Chicken with Vegetable Fried Rice (Halal, GF) Thursday- Traditional Beef Chili with Garlic Toast (7.99) Friday- Herb Roasted Chicken with Corn, Mashed Potatoes, and Gravy (GF)

INTERNATIONAL PIZZA INTERNATIONAL PIZZA INTERNATIONAL PIZZA

Come and Meet CUE'S International Students and International Minded Students!

Room HA206, Friday, December 7th @ Noon



CONCORDIA PSYCHOLOGY CLUB & CONCORDIA ARTS SOCIETY

When: December 4th, 2018

From: 5pm to 8pm

Price: \$20 +GST

Where: Concordia University of Edmonton

In loving memory of Meagan



Warm Clothing Drive December 3-20, 2018: CUE Library

CUE Library is collecting new or gently used winter clothing items for Edmonton's Bissell Centre!





Gloves Winter footwear Coats Scarves Touques Thermal Underwear Long Sleeve Tops Sweatpants, Hoodies and Sweatshirts Hand/Foot Warmers

If you have new or gently used winter clothing items you would like to donate, donation boxes will be located under CUE Library's Christmas tree.

Please note: due to space limitations, we are unable to receive any food or large items (such as bedding, linens, towels or other household items.)



Physical activity within school curriculum to support health & learning outcomes Explore why active learning environments are necessary!

Tuesday, December 4 At 12:00 PM in RK 314

PosterMyWall.com



Study ABROAD: BRAZIL MAY 9- JUNE 1, 2019 WITH PARTNER UNIVERSITIES

Change of Date! Information Session December 5, 12-1 pm in HA207

Engaged.

Trustworthy.

Leader.

Apply for Leadership Awards Today

Dr. Gary McPherson Leadership Scholarship

Recognizes students who have demonstrated outstanding leadership, especially in the area of disability, and/or initiative to improve the conditions and lives of others. Full-time domestic **Graduate** and **Undergraduate** students who are Alberta residents may apply.

Award Value: \$2000

Laurence Decore Award for Student Leadership

Recognizes post-secondary students who have demonstrated outstanding dedication and leadership to fellow students and to their community. Full-time domestic **Undergraduate** students who are Alberta residents may apply.

Award Value: \$1000





Are you a woman with primary financial responsibility for yourself and your dependents?

APPLY TODAY FOR THE LIVE YOUR DREAM AWARD

The Soroptimist International Club of Edmonton provides cash grants for women enrolled in undergraduate degree programs who are working to better their lives.

MORE INFO & APPLY AT: SIEDMONTON.ORG (CLICK ON AWARDS & PROGRAMS)

DEADLINE: DECEMBER 31, 2018

Questions? Contact Anna Der 780.903.0426 or email anna.der@siedmonton.org

PPO

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Tell us about it. No matter what *it* is.

Confidential one on one support. We're here to listen, not judge.

ROOM A212 (ACROSS FROM THE CSA OFFICE) TINYURL.COM/CUEPEERSUPPORT

PEER SUPPORT HOURS DURING FINAL EXAMS

Monday, Dec. 10 1:00-3:00 pm WEDNESDAY, DEC. 12 9:00-11:00 am

FRIDAY, DEC. 14 1:00-3:00 pm

TUESDAY, DEC. 11 1:00-3:00 pm

THURSDAY, DEC. 13 9:00-11:00 am mystudentplan.ca

Don't leave your health to chance.

Learn more about your student health and dental plan today.



Learn about your coverage at www.mystudentplan.ca.



Talking to a mental health professional can make all the difference.



Chat with a counsellor in the comfort of your own home. Your first session is free!

Inkblot mywelln 😤 www.inkblottherapy.com/concordia



Our Time

community concert bands

in performance Artistic Director & Principal Conductor, Wendy J. Grasdahl

www.festivalcitywinds.ca facebook.com/FestivalCityWinds Tickets at the Door: \$12 (children 12 and under \$5)

Saturday, Dec 8, 2018

7:30 p.m. Robert Tegler Centre Concordia University of Edmonton 112 Ave & 73 St



ee admission with valid Concordia

ace

hosted by Alberta Teachers' Association

Indigenous

Ways of Knowing

FREE PD Event

THURSDAY, DECEMBER 13 12:00 PM TO 2:00 PM Ralph King Room 313

AUDITIONS



Music and Lyrics by William Finn

Book by Rachel Sheinkin Conceived by Rebecca Feldman

Directed by Brenley Charkow Musical Direction by Kim Cousineau Stage Manager Kenya Bean

ABOUT THE SHOW:

An eclectic group of six mid-pubescents vie for the spelling championship of a lifetime. While candidly disclosing hilarious and touching stories from their home lives, the tweens spell their way through a series of (potentially made-up) words, hoping never to hear the soul-crushing, pout-inducing, life un-affirming "ding" of the bell that signals a spelling mistake. Six spellers enter; one speller leaves! At least the losers get a juice box. A riotous ride, complete with audience participation.

AUDJTJONS:

Friday December 7th: 12-5pm & 7-9pm Monday December 10th: 12-5pm Tuesday December 11th: possible call-backs (12-5pm) Sign up on the Call-board outside the Green Room

WHAT TO PREPARE:

One song from contemporary musical theatre, or a song from the show. Please bring sheet music. One short comedic monologue or sides from the show.

Rehearsals will begin at the start of Winter Term and will be several late afternoons and evenings each week and Saturdays. The final rehearsal schedule for the show will be determined once the show is cast.

Important Dates:

Tech week – March 1 to March 7 Performances Friday, March 8 at 7:30 Saturday, March 9 at 7:30 Sunday, March 10 at 2:00 Friday, March 15 at 7:30 Saturday, March 16 at 2:00 Sunday, March 17 at 2:00

Questions: caroline.howarth@concordia.ab.ca





WAR AND PEACE CONCORDIA SYMPHONY ORCHESTRA DANIELLE LISBOA, CONDUCTOR

SUNDAY, DECEMBER 9, 2018, 3:00 pm ROBERT TEGLER STUDENT CENTRE CONCORDIA UNIVERSITY OF EDMONTON 7128 Ada Blvd, Edmonton

Concordia Symphony Orchestra's second concert of the 2018-19 season features an eclectic selection of contrasting repertoire. It explores the yin and yang and our indomitable quest to find the perfect balance, from the bombastic energy of Berlioz's *Symphonie fantastique* to the ethereal sublimation of *Light Eternal*, written by Canadian composer John Estacio.

Other classic extremes include Brahms' *Tragic Overture* and Debussy's impressionist prelude to *The Afternoon of a Faun*, along with excerpts from Prokofiev's ballet *Romeo and Juliet* and Ravel's Piano Concerto in G.

Concordia students, faculty, and staff are each entitled to one free ticket for this concert, available from Alumni Hall 306. Further tickets are available for \$20 for adults and \$15 for students and seniors from Tix on the Square (780.420.1757), the Concordia Bookstore, or at the door. Special Family Admission: \$40 (available at the door only). Facebook page: www.facebook.com/events/1963639497030705/

For more information or to arrange an interview, please contact: Jennifer Maxfield Events and Services Coordinator, School of Music Direct: (780) 479-9304 Email: jennifer.maxfield@concordia.ab.ca music.concordia.ab.ca



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CONCORDIA COMMUNITY CHORUS & BELLA VOCE CONCORDIA JUBILOSO! BELLS OF CONCORDIA & JUBELLATION HANDBELL ENSEMBLE DEBBIE RICE and JOLAINE KERLEY, CONDUCTORS

SUNDAY, DECEMBER 9th, 2018, at 6:00 pm GLORY LUTHERAN CHURCH 22577 Highway 16, Sherwood Park

The vibrant, timeless tidings of the gospel story are celebrated in festive fashion with choirs and bells. Concordia's community choirs and handbell ensembles join in words and tunes ancient and contemporary, capturing anew the wonder, reverence, and joy of the first Christmas. Among the collaborative highlights is the North American premiere of "Bells of Bethlehem," written by former King's Singer Jeremy Jackman.

Concordia Community Chorus and Bella Voce are Concordia University of Edmonton's community-based mixed and women's choirs. Jubiloso! Bells of Concordia, a 16-member community-based auditioned ensemble, performs on the largest set of handbells and handchimes in Canada and released a CD in 2016. JuBELLation is Concordia's newest handbell orchestra, with teenaged to adult ringers.

Concordia students, faculty, and staff are each entitled to one free ticket for this concert, available from Alumni Hall 306. Further tickets are available for \$20 for adults and \$15 for students and seniors from Tix on the Square (780.420.1757), the Concordia Bookstore, or at the door. Special Family Admission: \$40 (available at the door only). Facebook page: https://www.facebook.com/events/540084296442966/

For more information, please contact: Jennifer Maxfield, Events and Services Coordinator School of Music Direct: (780) 479-9304 Email: jennifer.maxfield@concordia.ab.ca music.concordia.ab.ca

WHAT COULD YOU DO WITH AN EXTRA \$150?

Participate in a **simple** online study, at your convenience, and you will be entered in a draw for your chance to win \$150!

Would You Watch a Student News Report? Tell us what you think! In this survey, you will watch a sample student news report and provide your feedback.

If you are interested in participating in this study in exchange for **1 entry** in the draw, please go to: <u>http://bit.ly/cuestudentnews</u>. It's just **30 minutes** of your time and absolutely pain-free!

But hurry! There are limited spots available! Act now to secure your chance to win!



WEEK 5 - TAKE CONTROL OF YOUR FINANCES

It's never too early or too late to increase your financial understanding, no matter your age or financial situation. Taking control of your finances means taking the time to stop, think, and review your financial plan on a regular basis.

Follow #FLM2018 for tips and tools on how to invest in your financial well-being and visit <u>Canada.ca/Financial-Literacy-Month</u>.

Spending less than you earn is always a good financial plan. Learn how to get started with a budget: <u>https://goo.gl/RmtMhQ</u>

Saving for a down payment, an emergency fund or a trip? This tool can help. <u>https://goo.gl/e5ALSQ</u>

Need to make a budget but don't know where to start? The FCAC has a tool for that: <u>https://goo.gl/NWLVaH</u>

Whether you want to manage your debt or save for the future, setting goals is a great way to take control of your finances. This Financial Goal Calculator can help: <u>https://goo.gl/e5ALSQ</u>

Not sure which credit card is right for you? Make sure you shop around to find the best deal and a card that suits your needs. Narrow down your options with this Credit Card Comparison Tool: <u>https://goo.gl/fX9z5z</u>

Find the chequing or savings account that best suits your needs. Try this Account Comparison Tool: <u>https://goo.gl/rus7pt</u>

Looking to take control of your debt? This step-by-step process can help you make a plan to be debt-free: <u>https://goo.gl/VmmYDR</u>

Many people who want to take charge of their finances say they don't know where to start. The Budget Calculator is a great tool to help you figure out where your money is coming from and where it's going. It can also help you identify your priorities, needs versus wants, where to cut expenses, and where you can save money.



Try it here: <u>https://goo.gl/NWLVaH</u>

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