



FOR IMMEDIATE RELEASE

Thunder Cross Country Running Coach and Athletes Receive ACAC Award Recognition

Edmonton, AB – The Concordia Thunder Athletics Department is pleased to recognize four members of the 2014-15 Cross Country Running team, with ACAC All Conference and Coaching awards.

Matt Norminton – ACAC Coach of the Year

Matt Norminton is in his 5th season as Head Coach of the Cross Country Running team at Concordia. Starting with only 3 athletes in his first year, Matt has grown the program to a full Men's and Women's team, and has coached a number of successful ACAC and CCAA medalists. The Gold Medal finish at the ACAC Men's Cross Country Championship is the first in Concordia's history and the team has spent much of the 2014-15 XC season nationally ranked in the CCAA, reaching as high as #4 in Canada.

Reflecting on Norminton's tenure at Concordia, Thunder Athletics Director Joel Mrak states, "Matt has been exceptional for our Cross Country team and I can't say enough about how hard he has worked to build a top calibre program. He is continually looking out for the best in each of his athletes as people, as students, and in supporting their athletic goals. We are very fortunate to have Matt on our staff and leading our Cross Country program."

Marriya Jenkins – ACAC All Conference Women's Team

After her 3rd place finish at the recent ACAC Cross Country Championships in Fort McMurray last weekend, Marriya Jenkins was recognized for the 4th consecutive year as an ACAC All-Conference athlete. Jenkins has hit the ACAC podium three times in four seasons with a Gold (2012-13), Silver (2011-12) and Bronze (2014-15), to go along with a CCAA Silver medal (2012-13) and Bronze medal (2013-14). In addition to her numerous medals, Marriya finished 2nd overall in the 2013-14 Grand Prix race series leading up to the ACAC Championships. Jenkins is currently in her 4th year of studies in the Bachelor of Education (After Degree) program at Concordia.

Kirk Sundt & Michael Quick – ACAC All Conference Men's Team

Kirk Sundt is in his 4th year of eligibility and finished the season with a 5th place performance at ACAC Championships, as well as finishing in 5th for the ACAC Grand Prix race series. This is the first ACAC All-Conference team recognition for Sundt. Kirk is currently in his 4th year of studies in the Bachelor of Education (After Degree) program at Concordia.

Michael Quick entered his rookie campaign with high expectations and finished the season with an admirable 7th place finish at ACAC Championships and was tied for 6th place in the season's ACAC Grand Prix series. Quick is a 1st year Open Studies student at Concordia.

Concordia Thunder Athletics

The Concordia University College of Alberta Thunder Athletics program has a proud history of excellence at the highest levels both provincially and nationally. The Thunder have been a part of the Alberta Colleges Athletics Conference (ACAC) since 1992 and have more than 150 student-athletes representing the school in the sports of badminton, basketball, cross country running, curling, golf, hockey, indoor track, soccer and volleyball. To learn more about Thunder Athletics, please visit <http://athletics.concordia.ab.ca/>.

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