

## **Concordia Thunder Cross Country Running Announces New Additions for 2014**

The Concordia Thunder Cross Country Running team are pleased to announce three additions to the 2014 men's team lineup.

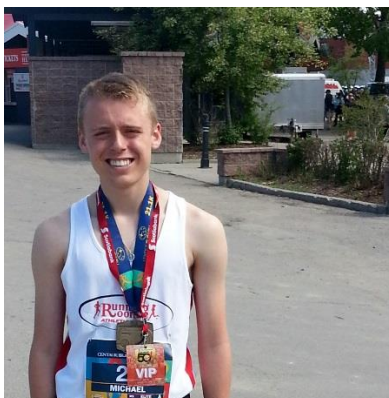
### **Kirk Sundt**

Kirk Sundt joins the Thunder Men's XC and Indoor Track teams from MacEwan by way of the U of A. "It's exciting to see Kirk returning to the ACAC next year, running for us of course!" said Head Coach Matt Norminton. Sundt has been top 10 at the ACAC XC Championships with a best ever finish of 4th. "Kirk provides us with some needed depth and experience. He'll be a huge asset to the program these next 2 years," said Norminton.



### **Michael Quick**

Michael Quick is one of the top junior middle distance running prospects in the province. Originally from England, Michael has been living in Calgary for the past few years where he completed his high school education and is looking forward to attending Concordia in the fall to begin his post-secondary education and represent the Thunder in Cross Country and on Indoor Track. "I'm really excited to have Michael joining us for 4 or 5 years. He's a top talent and I look forward to watching him continue to develop as a runner here at Concordia," said Head Coach Matt Norminton.



## **Kenton Sportak**

Kenton Sportak joins the Thunder Men's XC and Indoor track teams as a 4th year transfer student from SAIT. Last year Kenton was 3rd place at the ACAC provincial XC Champs and finished 15th at the CCAA Championships at Humber college in Ontario. He also picked up the win in several events at the inaugural ACAC Indoor Track Championships. "Kenton has a wide range of racing ability and will be a valuable member of both our XC and Indoor teams," said Head Coach Matt Norminton. "The best part is that he has 2 years of eligibility remaining. He can really help us create a winning atmosphere here at Concordia."

